Island Bakery Lemon Melts: Organic Isle of Mull Tea Biscuits

From the teas.co.uk wiki

> **Island Bakery Lemon Melts, in summary:** Island Bakery Lemon Melts are premium organic Isle of Mull lemon shortbread, an outstanding tea biscuit, best with Earl Grey. Pairings, buying and storage.

Last reviewed by the teas.co.uk team in May 2026.

Island Bakery Lemon Melts are organic Scottish "melt in mouth" biscuits with real lemon zest and a delicate buttery shortbread style crumb, premium tier, made on the Isle of Mull, and one of the great underrated tea pairing biscuits. Pairs beautifully with Earl Grey, lemon tea, white tea, and afternoon black tea.

About Island Bakery

Family owned organic bakery on the Isle of Mull, Scotland. Small batch artisan production. Certified organic across the range. The bakery has built a strong UK following for its premium but accessible biscuit range.

What Lemon Melts are

- **Buttery shortbread style biscuits.** Crumbly, melts in mouth texture.
- **Real lemon zest.** Bright citrus character.
- **Sometimes glazed with lemon icing.** Sweet finish.
- **Organic certified.**

What they taste like

Buttery, crisp but yielding, with bright lemon zest character. The "melts" name is accurate, the biscuit dissolves rather than crunches. Sweet without being saccharine. Refined enough for afternoon tea service.

Tea pairings

With Earl Grey

The bergamot in Earl Grey + lemon zest in the biscuit = beautifully complementary citrus pairing. Probably the best pairing in our biscuit range.

With lemon tea

Doubles the citrus character. Bright, fresh, summer leaning afternoon tea.

With white tea or delicate green tea

The biscuit's buttery character contrasts with the tea's delicacy. Refined pairing.

With afternoon black tea (Yorkshire, English Breakfast)

Standard British tea and biscuit pairing. The lemon brightness lifts the malty tea character.

With chamomile or floral teas

Caffeine free pairing. Lemon zest + chamomile is a classic combination.

Why lemon biscuits work with tea

Tea (especially black tea) has natural tannins that contribute astringency. Lemon zest's citrus oils and the biscuit's butter fat balance the tannins beautifully. The pairing is one of the most enduring British afternoon tea combinations for good reason.

Use cases

- **Afternoon tea service.** Refined enough for "best teapot" moments.
- **Visitors / guests.** Premium impression at modest cost.
- **Daily treat with afternoon Earl Grey.**
- **Picnic / lunchbox.** Travels well; doesn't melt or crumble badly.
- **Gift packaging.** Pairs beautifully with a tin of premium tea as a gift.

Ingredients (typical)

- Organic flour
- Organic butter
- Organic sugar
- Real lemon zest
- Eggs
- Sometimes: lemon icing topping

Organic certified across the supply chain. Made on the Isle of Mull.

Allergens

- Wheat (gluten)

- Dairy (butter)
- Eggs

Check current packaging for full allergen information.

Storage

Airtight tin or bag. Crisp texture preserved 2-3 weeks at room temperature.

Comparison with similar products

- **Island Bakery Lemon Melts.** Organic, premium tier, made on Mull.
- **Border Lemon Drizzle Melts.** Mid premium, mainstream UK availability. More on Border Lemon Drizzle.
- **M&S Sicilian Lemon Shortbread.** Premium supermarket option.
- **Walkers Shortbread Lemon.** Standard tier.

Buying

Available through specialist UK retailers including teas.co.uk and selected specialty food shops.

FAQ

Are Island Bakery Lemon Melts organic? Yes, certified organic.

Best tea pairing? Earl Grey or lemon tea, citrus + citrus complement beautifully.

Are they gluten free? No, contain wheat flour.

Are they vegan? No, contain butter and eggs.

How long do they keep? 2-3 weeks airtight.

Curator's note: Lemon Melts with Earl Grey is one of the most enduring tea and biscuit combinations there is. Two lemon citrus elements amplifying each other. Worth keeping for afternoon tea moments. Lee, teas.co.uk, Tunbridge Wells.

Lemon Melts tea pairings at a glance

Tea	Why it works
Earl Grey	Bergamot + lemon zest, two citrus notes amplifying, the best match
Lemon / green tea	Doubles the citrus, fresh and summer-leaning
White / delicate green	Buttery crumb contrasts the tea's delicacy
Afternoon black (Yorkshire, Breakfast)	Lemon lifts the malty tea
Chamomile / floral	Caffeine-free lemon-and-floral classic

Reference noted

- Soil Association organic standards

The teas that come up around this subject: English Breakfast, Earl Grey, green tea, loose leaf tea, Darjeeling, oolong, and herbal tea. More in the tea shop; UK delivery is free on baskets over £35.

FROM THE CURATOR

teas · Per-cup price is the only price that matters. Loose leaf usually wins; supermarket bags sometimes do too.

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