Hyson Flavoured Black Teas

From the teas.co.uk wiki

> **Hyson flavoured black teas, in summary:** Hyson flavoured black teas, the Sri Lankan fruit collection: what they taste like, how to brew them hot and cold, the caffeine, and how Hyson compares.

Last reviewed by the teas.co.uk team in May 2026.

Hyson is the Sri Lankan tea brand we stock for high quality Ceylon at accessible prices. The Hyson flavoured range, Earl Grey, Tropical, Strawberry, Vanilla, Mango, uses Ceylon as the base with real fruit and flavour additions. Brighter and more characterful than typical UK supermarket flavoured teas.

Why Hyson

Hyson is a Sri Lankan tea estate brand, sourcing tea directly from gardens in the central highlands. The brand sits in the mid tier, not premium specialist (like Dilmah) and not commodity (like supermarket own brand), at a price point that gives you properly good Ceylon tea without paying boutique prices.

The flavoured range is built on Ceylon's natural brightness, citrus leaning, slightly bright character that pairs beautifully with fruit and floral additions.

The Hyson flavoured tea range

Hyson Earl Grey

Ceylon based Earl Grey with bergamot oil. Brighter than typical UK Earl Grey because of the Ceylon base. Refined cup; well integrated bergamot.

Hyson Tropical / Mango / Pineapple

Ceylon black tea with tropical fruit pieces and natural fruit flavouring. Sweet, fruity, lifted by Ceylon's brightness. Excellent cold brewed in summer.

Hyson Strawberry

Ceylon black tea with strawberry pieces and flavouring. Sweet fruity afternoon cup.

Hyson Vanilla

Ceylon black tea with vanilla. Smooth, gentle sweetness. Pairs with milk beautifully, and a vanilla black tea latte is a really good one.

Hyson Lemon / Lemon Citrus

Ceylon black tea with lemon peel and citrus flavouring. Bright, refreshing.

Hyson Cinnamon / Spiced

Ceylon black tea with cinnamon (and sometimes other warming spices). Cosy autumn winter cup.

What Hyson flavoured teas taste like

The Ceylon base provides:

- **Brightness.** Naturally citrus leaning character.
- **Body.** Less sturdy than Assam, more refined.
- **Clean finish.** No lingering tannic bitterness.

The flavour additions (real fruit pieces + natural flavouring) integrate well, the cup tastes layered rather than "added flavour on top of bland tea."

How to brew Hyson flavoured teas

1. 1 bag per 200ml.
2. Water at full rolling boil.
3. Steep 3-5 minutes (slightly shorter for citrus flavoured to preserve top notes).
4. Serve it black with a slice of lemon, or add a little milk.
5. Optional: honey for added sweetness.

Cold brewed Hyson

Hyson flavoured teas excel cold brewed. Especially:

- Tropical / mango, excellent iced summer drink
- Strawberry, sweet fruity cold tea
- Earl Grey, preserves bergamot beautifully
- Lemon, refreshing iced citrus tea

Detailed cold brew guide.

Caffeine

40-50mg per 200ml cup. Standard Ceylon black tea range across the flavoured line.

How Hyson compares

Brand	Origin	Tier
Hyson	Sri Lankan estate	Mid (accessible quality)
Dilmah	Sri Lankan, family owned	Mid premium
Twinings	UK blended	Mainstream
Specialist single estate Ceylon	Specific estates	Premium

Buying

Browse Hyson here. The range includes the flavoured collection plus the Hyson Premium Breakfast (their flagship pure Ceylon).

Use cases

- **Afternoon tea.** Flavoured Ceylons suit the British afternoon tea table well.
- **Iced summer drinks.** Cold brewed flavoured Hyson is excellent.
- **Variety drinker upgrade.** If you're moving up from supermarket flavoured teas, Hyson is the natural step.
- **Pairing with cake / biscuits.** Sweet flavoured Hyson + sweet baked goods is a classic combination.

Cautions

- **Caffeine sensitivity.** Standard black tea level; can be brewed strong.
- **Iron absorption.** Tannins; drink between meals.
- **Pregnancy.** Within NHS caffeine limits is fine. More on pregnancy and tea.

FAQ

What's special about Hyson? Sri Lankan estate brand at accessible prices. Pure Ceylon base across the range; meaningful step up from mainstream UK supermarket flavoured teas.

Hyson Earl Grey vs Twinings Earl Grey? Hyson's Ceylon base is brighter; Twinings is the mainstream benchmark. Both excellent; Hyson is a slightly more refined cup.

Caffeine? 40-50mg per cup, standard black tea range.

Best flavoured Hyson for beginners? Earl Grey (familiar and refined), Vanilla (sweet and gentle), or Tropical (fruity for iced drinking).

Where to buy Hyson UK? Specialist UK tea retailers including teas.co.uk. Selected health food shops.

Curator's note: Hyson is one of those brands that sits squarely in the "better than supermarket, more accessible than specialist" sweet spot. The flavoured range makes easy everyday drinking without boutique tier prices. Lee, teas.co.uk, Tunbridge Wells.

Reference noted

- EFSA Scientific Opinion on the Safety of Caffeine (2015)

FROM THE CURATOR

teas · How it is brewed outweighs where it was bought. Timed with care, a mid price bag can overtake a dear one steeped carelessly.

Ceylon flavoured reading

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- Loose leaf vs teabag: format trade-offs
- Tea tasting for beginners: a starter
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