Tetley Green Tea: The Range Compared

From the teas.co.uk wiki

> **Tetley green tea, in short:** Pure Green is plain green tea, Lemon and Mango and Passion Fruit are 93% green tea with natural flavourings, and Decaf Pure Green is green tea decaffeinated to 0.2%. Every box is 50 tea bags and 100g.

Tetley's green tea range comes down to four boxes: Pure Green, Green Tea with Lemon, Green Tea with Mango and Passion Fruit, and Decaf Pure Green. They are the same size and the same weight per bag, so the only real choices are flavour and caffeine. All four are on the Tetley shelf at teas.co.uk.

Last reviewed by the teas.co.uk team in November 2026.

The four Tetley green teas side by side

Tea	Pack	What is in the bag	Caffeine
Tetley Pure Green Tea	50 tea bags, 100g	100% green tea	Yes
Tetley Green Tea with Lemon	50 tea bags, 100g	Green tea (93%), natural lemon flavouring with other natural flavourings	Yes
Tetley Green Tea with Mango and Passion Fruit	50 tea bags, 100g	Green tea (93%), natural flavourings including mango (1.1%) and passion fruit (1.0%)	Yes
Tetley Decaf Pure Green Tea	50 tea bags, 100g	100% decaffeinated green tea	Decaffeinated to 0.2%

Each bag holds 2g of tea. Because every box holds 50 bags, the price per cup is simply the box price divided by 50, and the live prices are shown in the shop block below.

Tetley green tea in stock

The four boxes compared above, each 50 tea bags.



Tetley Pure Green Tea, 50 Tea Bags 100g

~~£4.00~~ Original price was: £4.00.£3.20Current price is: £3.20.

View pack and details ?



Tetley Green Tea with Lemon, 50 Tea Bags 100g

~~£4.00~~ Original price was: £4.00.£3.20Current price is: £3.20.

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Tetley Green Tea with Mango and Passion Fruit, 50 Tea Bags 100g

~~£4.00~~ Original price was: £4.00.£3.20Current price is: £3.20.

View pack and details ?



Tetley Decaf Pure Green Tea, 50 Tea Bags 100g

~~£4.00~~ Original price was: £4.00.£3.20Current price is: £3.20.

View pack and details ?

See all Tetley teas ?

Autumn Sale prices shown. The sale ends on 24 December.

These are products sold by teas.co.uk. Every order includes a free tea sample, and UK delivery is free over £35. Check each product page for the latest price, availability and pack information.

Which is which

Pure Green is the plain one. Tetley describes it as smooth and mellow with a fresh, light taste, made from 100% green tea leaves with nothing added. It is the box to choose if you want green tea that tastes of green tea.

Lemon and **Mango and Passion Fruit** are the same idea with flavouring. Both are 93% green tea, and the fruit comes from natural flavourings, not from pieces of dried fruit. Mango and Passion Fruit is one of the bestselling green teas in our shop.

Decaf Pure Green is plain green tea with most of the caffeine taken out. The pack says it is decaffeinated to 0.2%. Our guide to choosing and brewing decaf green tea explains what that means in practice.

Tetley also sells Super Green teas in 20 bag boxes. They are a separate range with their own ingredients, covered in Tetley Super teas compared.

How much caffeine is in Tetley green tea?

Tetley does not publish a separate figure for green tea. Its FAQ says an average 250ml cup of Tetley black tea contains 30 to 50mg of caffeine, and that green and black teas have similar caffeine levels because both come from the same plant. For its decaffeinated tea it gives a figure of about 2.5mg a cup.

Tetley adds that the amount in your cup depends on brewing time, stirring and how much tea you use, and that squeezing the bag can release more. For the wider picture, see Tetley caffeine levels by product.

How Tetley says to brew it

Tetley's own brew guide is short:

1. Boil freshly drawn water, then let it cool for about two minutes, to around 80°C.
2. Pour over one tea bag per cup.
3. Steep for two to three minutes. Less time gives a lighter brew.

Tetley warns that boiling water poured straight on to green tea can make it taste bitter, and suggests drinking it without milk, with honey or lemon if you like. We look at the milk question in should you put milk in green tea, and at the colour of the cup in why green tea turns yellow or brown.

Tetley green tea at a glance

You want	Choose
Plain green tea, nothing added	Pure Green
A citrus note	Green Tea with Lemon
A fruit flavoured cup	Green Tea with Mango and Passion Fruit
Green tea with very little caffeine	Decaf Pure Green

Tetley has been owned by Tata Consumer Products since 2000. If you are weighing it against other makers, our best green tea picks and the Twinings green tea range compared cover the alternatives, and the full green tea shelf lists everything we stock.

Common questions

Is Tetley Pure Green Tea just green tea?

Yes. Tetley lists the ingredients as 100% green tea, with nothing added.

Does Tetley Decaf Green Tea have any caffeine?

A little. The pack says it is decaffeinated to 0.2%, so it is very low in caffeine, not free of it.

Is there real fruit in the lemon and mango boxes?

The ingredient lists show green tea at 93% and natural flavourings. They do not list pieces of fruit.

Green tea from other makers

Bigger 80 bag boxes from Twinings and Clipper, plus a second decaf green.



Twinings Green Tea 80, 200g

~~£9.50~~ Original price was: £9.50.£7.60Current price is: £7.60.

View pack and details ?



Clipper Fairtrade Organic Green Tea, 80 Tea Bags 160g

~~£6.50~~ Original price was: £6.50.£5.20Current price is: £5.20.
View pack and details ?



Twinings Pure Green Decaf Tea, 20 Tea Bag 35g

~~£4.50~~ Original price was: £4.50.£3.60Current price is: £3.60.
View pack and details ?

See all green teas ?

Autumn Sale prices shown. The sale ends on 24 December.

These are products sold by teas.co.uk. Every order includes a free tea sample, and UK delivery is free over £35. Check each product page for the latest price, availability and pack information.

Reference noted

Ingredients, brewing advice and caffeine figures were checked against Tetley: Pure Green Tea, Tetley: how to brew green tea, Tetley: caffeine FAQ, the pack details on Morrisons: Tetley Green and Lemon, Morrisons: Tetley Decaf Green and Tesco: Tetley Green Tea Mango and Passion Fruit, and Wikipedia: Tetley.

More from the tea wiki

- Yorkshire Tea Pack Sizes: 40, 80, 160 and 240 Compared

- Tetley vs Twinings
- Best Green Tea UK: Picks by Use Case
- Tetley: Caffeine Levels by Product
- Decaf green tea: how to choose and brew it
- Is Tetley Tea Good?
- Yorkshire Tea vs Tetley
- Best Tetley Tea: Which to Buy
- The whole Tea Wiki, A to Z

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