

Twinings Decaffeinated Everyday: A Decaf With Body

From the teas.co.uk wiki

Twinings Decaffeinated Everyday: A Decaf With Body, in summary: The Twinings everyday blend with most of the caffeine taken out, packed at about 3.1g of leaf per bag. That generous dose keeps the cup full under milk, provided you give it three to four minutes.

Last reviewed by the teas.co.uk team in September 2026.

Decaffeination always takes a little of the aroma along with the [caffeine](#), and the simplest answer is **more leaf in every bag**. At roughly 3.1 grams a bag, this box is built squarely on that idea.

Why the bag is so full

Eighty bags across 250 grams works out at about 3.1 grams each, matching the heavy fill of the caffeinated Everyday box. In a [decaf](#) that matters more than anywhere else. The extraction step that removes the caffeine also strips out some of the top note and a little body, and a fuller bag is the most direct way of putting weight back into the middle of the cup.

The [English Breakfast](#) Decaffeinated box on the same Twinings shelf puts 218 grams across its eighty bags, so this one carries more leaf in every bag. That is why we point milk-heavy households towards it: when the jug is always going in, a bigger dose of leaf is what stops the mug turning pale and flat by the second cup of the evening.

What it tastes like, and what it does not

The malt is soft and bread-like and does most of the work, the briskness is still there but toned down from the full-caffeine blend, and the liquor reaches a good copper within three minutes. Smoothness is where it really scores: even a long brew brings very little rasp. It does not taste identical to the caffeinated version, and nobody should promise that it will: the finish is shorter and the aroma softer.

Stewed in the pot for a while, it turns mellow rather than bitter, which makes it a sound choice for a long evening conversation where the second and third cups are poured well after the first. It takes an ordinary splash of milk and keeps its colour, so there is no need to change how anyone in the house makes their tea.

Brewing a decaf properly

A short brew punishes decaf more than it punishes ordinary tea, since processing has already removed the flavour that comes out first. Give each bag three to four minutes in water straight off the boil, with a saucer

over the mug if you are not using a pot. Lifting the bag after a minute and a half is the most common way to make decaf taste hollow.

Decaffeinated is not the same as caffeine free. Some caffeine always remains, and the residual figure belongs to the current pack rather than to this guide. Anyone who needs to avoid caffeine altogether should choose a herbal infusion. For everyone else, this is the caddy to keep beside the morning one and switch to for the second half of the day.

The packs we stock

- [Twinings Decaffeinated Everyday, 80 Tea Bags 250g](#) (barcode 070177233396)

What to eat with it

- [McVitie's Original Hobnobs Biscuits - The Oaty One, 255g](#): a sturdy oat biscuit with enough bite to match a full, milky decaf mug.
- [McVitie's Hobnobs Milk Chocolate Biscuits, 262g](#): milk [chocolate](#) over oats, a comfortable evening partner for a smooth cup.
- [Border Classic Biscuit Sharing Pack, 400g](#): a sharing pack to put out with the after-dinner pot when the whole family is at the table.

Elsewhere in the Twinings range

- [Twinings Assam, 80 Tea Bags 200g](#)
- [Twinings Assam Loose Tea, 125g](#)
- [Twinings Black Tea Discovery Collection, 20 Tea Bags 40g](#)
- [Twinings Darjeeling, 40 Tea Bags 100g](#)
- [Twinings Earl Grey Discovery Collection, 20 Tea Bags 40g](#)
- [Twinings English Afternoon, 80 Tea Bags 200g](#)

The full range is on the [Twinings brand page](#).

FAQ

Is Twinings Decaffeinated Everyday caffeine free? No. Most of the caffeine is removed but a small amount remains; for none at all, choose a herbal infusion.

Why does my decaf taste hollow? Usually because it was brewed too briefly. Give it three to four minutes in water straight off the boil.

How much tea is in each bag? Roughly 3.1 grams, from 250 grams across eighty bags, which is a generous dose for a decaf.

Does it take milk? Yes. The full leaf dose keeps its body and colour when milk goes in.

When is it best drunk? In the afternoon and evening, as the same kind of cup as your morning tea for the later part of the day.

Curator's note: Run two caddies, your usual and this one, and switch over at teatime. Give it the full four minutes and it holds its own under a proper splash of milk. Lee, teas.co.uk, Tunbridge Wells.

In short: Twinings Decaffeinated Everyday: A Decaf With Body

Field	Detail
Brand	Twinings
Packs we stock	80 Tea Bags 250g
Category	Everyday Tea Bags
Caffeine	decaffeinated
Brew	Three to four minutes, straight off the boil
Milk	Yes, a normal splash
Occasion	Afternoon and evening pots

More from the tea wiki

- [Twinings: Tea Range and Buying Guide](#)
- [How to Make Tea Properly: The Eight Step Method](#)
- [Caffeine in Tea](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Decaf Tea](#)
- [Builders' Tea: The Working Class Story](#)

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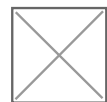
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