

Tassimo Kenco Flat White: What the Label and the Discs Tell You

From the teas.co.uk wiki

Tassimo Kenco Flat White: What the Label and the Discs Tell You, in summary: Four flat whites from eight discs, milk first and coffee second. More steamed milk and less foam than a cappuccino, a sweet and coating texture, and just enough bitterness to stop it tasting like warm milk.

Last reviewed by the teas.co.uk team in September 2026.

A flat white from a pod machine comes down to the balance between two discs, and the label shows how that balance is struck: cream from milk, sugar and roast and ground coffee head the list. What comes out is soft, sweet and milky with the coffee underneath.

Reading the ingredient list

The published ingredient list opens with cream from milk, then sugar, then roast and ground coffee, followed by water, milk protein concentrate, milk minerals, salt, a thickener, an acidity regulator and a flavouring that contains milk. Two points follow. It is a dairy drink from top to bottom, so it is out for a dairy-free household, and the sweetness is partly put there by the recipe rather than coming from milk alone.

Expect it to taste sweeter and more coating than a flat white from a coffee-shop counter, which is fair to say of most pod versions of the drink. If you like milk coffee on the drier side, that is worth knowing before you buy. If you usually add sugar anyway, try a cup without it first, because you may find you do not need it.

Two discs in the right order

Tassimo builds its milk drinks from two discs. The milk disc goes in first and the coffee disc follows, and the brewer reads each barcode separately, setting brewing time, temperature and water volume to suit that half of the drink. Swap the order and the milk lands on a coffee that is already losing heat. Eight discs therefore make four drinks, not eight.

There is no wand, jug or frothing involved: the milk arrives prepared in its disc. For a flavoured cup, spoon syrup or drinking [chocolate](#) into the bottom before brewing rather than stirring it in afterwards. When you

have finished, a quick cleaning cycle stops the next black coffee from tasting faintly of milk, which matters in a house where the same machine makes both.

Flat white or cappuccino?

Set beside a cappuccino, the difference is foam. A cappuccino wears a thick cap and drinks light and airy. The flat white keeps only a thin layer on top, carries more steamed milk and lets more coffee through underneath, so the body feels fuller and rounder. Choose this one if you want to notice the coffee in a milky cup rather than lose it under froth.

Four drinks to a box makes it an afternoon treat rather than the everyday mug, and that is worth planning around. It suits someone who likes a coffee-shop milk drink at home without learning to steam milk. It is caffeinated, so for the evening the Kenco Americano Decaff sits on the same machine, and the discs themselves fit only Tassimo brewers.

The packs we stock

- [Tassimo Kenco Flat White Coffee, 8 Pods](#) (barcode 8711000703366)

What the label says

The published ingredient list for Tassimo Kenco Flat White Coffee, 8 Pods (barcode 8711000703366) says it contains milk. Check the current UK pack before purchase; formulations and allergen advice can change.

Ingredients, as published: cream (from milk) (29%), sugar, roast and ground coffee (25%), water, milk protein concentrate, milk minerals, salt, thickener (e414), acidity regulator (e331), flavouring (contains milk).

Typical values per 100g Per 100g

Energy	25 kcal
Fat	1.2g
of which saturates	0.8g
Carbohydrate	3.1g
of which sugars	3.1g
Fibre	0.1g
Protein	0.3g
Salt	0g

Ingredient and nutrition data for this barcode: [Open Food Facts \(openfoodfacts.org\)](https://openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to eat with it

- [Lotus Biscoff Snack Pack, 248g](#): A caramelised biscuit that echoes the sweetness already built into this flat white.

- [Maryland Cookies Caramel & Chocolate Chip, 200g](#): Caramel and chocolate chips make an afternoon treat to match a sweet flat white.
- [McVitie's Digestives Biscuits The Light One, 250g](#): A plainer digestive for anyone who finds the drink sweet enough already.

Elsewhere in the Tassimo range

- [Tassimo Cadbury Hot Chocolate, 8 Pods 240g](#)
- [Tassimo Cadbury Mocha, 10 Pods 160g](#)
- [Tassimo Costa Americano Coffee, 12 Pods 108g](#)
- [Tassimo Costa Cappuccino Coffee, 6 Pods](#)
- [Tassimo Costa Caramel Latte Coffee, 6 Pods 173.4g](#)
- [Tassimo Costa Latte Coffee, 6 Pods](#)

The full range is on the [Tassimo brand page](#).

FAQ

How many flat whites are in a box of eight discs? Four. Every drink needs one of each kind of disc, milk and coffee.

Is there any milk to froth? No. The milk comes prepared in its own disc and the brewer handles it.

Is the Tassimo Kenco Flat White sweetened? Yes. Sugar is the second ingredient on the published list, straight after cream from milk.

Can I make an iced flat white with these discs? Yes. Pack a tall glass with ice and brew straight onto it, milk disc first; give it one gentle stir and drink it quickly, since iced milk coffee separates if left.

Is it suitable for a dairy-free household? No. Cream from milk, milk protein concentrate and milk minerals are all on the published ingredient list.

Curator's note: Milk disc in first, syrup in the cup before you press the button, and a cleaning cycle when you are done. It is a treat box, so save it for the afternoons that deserve one. Lee, teas.co.uk, Tunbridge Wells.

In short: Tassimo Kenco Flat White: What the Label and the Discs Tell You

Field	Detail
Brand	Tassimo
Packs we stock	8 Pods
Category	Coffee Pods & Capsules
Allergens (as published)	It contains milk.
Caffeine	caffeinated
Box makes	Four drinks from eight discs
Style	Milky and sweet, thin foam

Field	Detail
Best with	A caramelised biscuit

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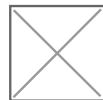
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