

Rhythm108 Swiss Chocolate Peanut Butter Cookie: how to eat a soft baked cookie

From the teas.co.uk wiki

Rhythm108 Swiss Chocolate Peanut Butter Cookie: how to eat a soft baked cookie, in summary: A single 50g soft baked cookie with a peanut butter centre and Swiss chocolate. Eat it at room temperature or warmed for ten seconds, pair it with black coffee rather than a milky one, and never dunk it.

Last reviewed by the teas.co.uk team in September 2026.

This is one cookie in its own wrapper, and it competes with a [chocolate](#) bar rather than a packet of [biscuits](#). The peanut butter sits in the middle instead of running through the dough, so the first bite is the plainest, and it takes a second to find out whether it is for you.

A filled cookie, not a biscuit

Soft baked means the cookie keeps more of its moisture through the oven, so it stays tender and a little dense, and eats more like a small cake than a crisp biscuit. The filling is a separate layer at the centre, not chips mixed through the dough. That construction explains the way it eats: the edge tastes of chocolate cookie, and the peanut only arrives once you reach the middle.

Peanut is a savoury-leaning flavour with plenty of fat behind it, and here it does the job that salt does in a salted caramel, stopping the chocolate from turning cloying. Because fat holds on to flavour longer than sugar, the peanut lingers after the chocolate has faded. Sweetness sits around the middle of the range for a filled cookie, since the peanut pulls against it.

Warm it, do not dunk it

A soft cookie has no crisp structure to protect it, so it falls apart the moment it meets tea. Eat it beside the cup. The trick worth knowing is warmth: about ten seconds in a microwave brings the peanut filling to the brink of running, and that is when this cookie is at its best. Eat it straight away, with something cold alongside if you like the contrast.

Temperature matters the other way too. Cold fat mutes peanut badly, so if the cookie has spent the morning in a chilled lunch bag, give it time to warm through before unwrapping. Otherwise store it somewhere cool and dry and leave the wrapper on until you want it. Once opened it dries out rather than going soft, the reverse of a packet biscuit, so plan to eat it in one go.

Black coffee, the lunchbox and the Rhythm108 family

Peanut and the roast in coffee get on famously, and the bitterness of a plain black filter or a long black balances the rich filling. Milk in the coffee brings yet more fat to something already rich, so keep it black if you can, or accept a softer, rounder match if an oat milk flat white is your habit. For tea drinkers, a brisk black [Ceylon](#) does a similar job.

The single wrapper makes it a natural for the lunchbox, a bag or the desk drawer, the places a chocolate bar would otherwise go. It is the one single-serve line among the Rhythm108 products we stock, alongside the hazelnut praline share bag and the chocolate and salted caramel biscuits. Like the other two, it comes from Rhythm108's own Swiss bakery, and the brand describes every product it makes as vegan.

The packs we stock

- [Rhythm108 Swiss Chocolate Peanut Butter Soft Baked Filled Cookie, 50g](#) (barcode 7640155340380)

What to drink with it

- [L'Or Espresso Ristretto Coffee Pods, 10 Pods 52g](#): A short, intense ristretto, or lengthened with hot water into a long black, to cut through the peanut filling.
- [Kenco Smooth Instant Coffee Paper Refill, 150g](#): A smooth instant coffee for the desk drawer version of the snack, taken black.
- [Dilmah Premium Ceylon Black, 25 Tea Bags 50g](#): A bright Ceylon [black tea](#) that does for the rich centre what roast bitterness does in a coffee.

Elsewhere in the Rhythm108 range

- [Rhythm 108 Vegan Hazelnut Chocolate Praline Biscuit Share Bag, 135g](#)
- [Rhythm108 Chocolate & Salted Caramel Biscuits, 135g](#)

The full range is on the [Rhythm108 brand page](#).

FAQ

How big is the Rhythm108 peanut butter cookie? One cookie weighing 50g, individually wrapped, with the peanut butter at its centre.

Can you warm a soft baked cookie? Yes. Around ten seconds in the microwave softens the filling until it almost runs; eat it straight away.

Can you dunk a soft baked cookie? No. Without a crisp structure it breaks up at once, so keep it out of the mug and eat it alongside.

What should I drink with a peanut butter cookie? Black filter coffee or a long black, whose bitterness balances the rich filling. Milk only adds more fat to something already rich.

Can someone with a peanut allergy eat it? No. Peanut butter is in the name, and the range also includes a hazelnut line, so keep it away from anyone managing a nut allergy.

Curator's note: Ten seconds of warmth and a black coffee turn this from a snack into a small occasion. Take the second bite before you make up your mind. Lee, teas.co.uk, Tunbridge Wells.

In short: Rhythm108 Swiss Chocolate Peanut Butter Cookie: how to eat a soft baked cookie

Field	Detail
Brand	Rhythm108
Packs we stock	50g
Category	Cookies
Dunkable	No, it falls apart
Best with	Black filter coffee or a long black
Occasion	Lunchbox, desk or bag

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