

Oreo White Chocolate Covered: What the Coating Changes

From the teas.co.uk wiki

Oreo White Chocolate Covered: What the Coating Changes, in summary: The whole Oreo sandwich enclosed in white chocolate. You lose the twist and the dunk, gain a creamy, much sweeter biscuit, and rely on the cocoa disc inside for balance. Keep it cool and pair it with black coffee.

Last reviewed by the teas.co.uk team in September 2026.

Coating an Oreo takes one thing away and adds another. The twist, lick and [dunk](#) ritual the brand is known for disappears, and in its place comes a second sweet layer that the dark cocoa biscuit inside must then balance.

Three layers in one shell

Under the coating sits the usual sandwich: two cocoa [biscuits](#) with a soft cream filling between them. The white [chocolate](#) covers every side, so it reaches the tongue first, creamy and milky and with no bitterness of its own. The published ingredient list follows the same order, opening with white chocolate made from sugar, cocoa butter, skimmed milk powder, lactose, milk fat and whey powder.

What saves it from being one long sweet note is the dark biscuit in the middle. In most white-coated biscuits nothing brakes the sugar; here the dry, faintly bitter cocoa disc does exactly that job, while the filling, which leads in a bare Oreo, becomes the quiet layer. The allergen statement for this barcode names wheat, milk and soya, so settle any dairy question on this pack rather than on the plain ones.

No twisting, and a different kind of dunk

Anyone used to plain Oreos should know first that the coating seals the sandwich shut. It cannot be twisted apart without breaking, the creme cannot be scraped out, and there is no exposed crumb for tea or milk to soak into, so a conventional dunk mostly just melts the outside. Anyone who buys Oreos for that ritual should stick with the plain packs.

There is an alternative. Crush a couple into cold milk and blend them into a milkshake, which uses the coating instead of fighting it. The sealed shell brings a practical bonus too: the biscuit is smooth outside and holds together, shedding far fewer crumbs than a bare Oreo, which makes it the one to pass back to a child on a car journey.

Keeping it cool, and what to drink

Warmth is the enemy here. The white chocolate turns soft long before you notice, and when it does the crisp cocoa biscuit inside, the most satisfying texture in the whole thing, loses its crack. Store the pack somewhere cool, away from sunny windowsills and radiators, and serve it cool rather than fridge-cold. Once opened, keep the rest wrapped and out of the warm.

Two partners work, for different reasons. Cold milk mutes the sugar and brings the cocoa biscuit forward, the classic Oreo pairing. For a hot drink, black coffee is the best match, because coffee and cocoa meet properly and the roast cuts through the creamy coating. A strong breakfast tea with milk will also hold its own against this much sweetness.

The packs we stock

- [Oreo White Chocolate Covered Sandwich Biscuits, 246g](#) (barcode 7622300489427)

What the label says

The published ingredient list for Oreo White Chocolate Covered Sandwich Biscuits, 246g (barcode 7622300489427) says it contains wheat (gluten), milk and soya. Check the current UK pack before purchase; formulations and allergen advice can change.

Ingredients, as published: white chocolate [sugar, cocoa butter, skimmed milk powder lactose, milk fat, whey powder, emulsifier (soya lecithin), flavoring], sugar, wheat flour, vegetable fat and fat-reduced cocoa powder 2,5%, wheat starch, glucose-fructose syrup, raising agents (potassium bicarbonate ammonium bicarbonate, sodium bicarbonate), salt, emulsifiers (soya lecithin, sunflower lecithin), flavoring (vanillin), contains wheat, gluten, soya, milk.

Typical values per 100g Per 100g

Energy	507 kcal
Fat	24.4g
of which saturates	11.2g
Carbohydrate	68.3g
of which sugars	48.8g
Fibre	1.5g
Protein	3.4g
Salt	0.5g

Ingredient and nutrition data for this barcode: Open Food Facts (openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to drink with it

- [Glengettie Welsh Breakfast Tea, 80 Tea Bags 250g](#): a robust breakfast tea to take with milk, strong enough to cut two layers of sweetness.
- [Twinings English Breakfast Loose Tea, 125g](#): [loose leaf](#) that can be brewed long and strong for a sweet, creamy biscuit.
- [Nescafe Gold Blend Intense Instant Coffee, 190g](#): a quick black coffee whose roast meets the cocoa biscuit and trims the coating's sweetness.

Elsewhere in the Oreo range

- [Oreo BTS Brown Sugar Pancake Cocoa Sandwich Biscuit Pack, 157g](#)
- [Oreo Chocolate Brownie Sandwich Biscuits, 154g](#)
- [Oreo Cookie Dough Flavour Cocoa Sandwich Biscuit Pack, 157g](#)
- [Oreo Crunchy Bites Original Vanilla Biscuits, 110g](#)
- [Oreo Double Creme Cocoa Sandwich Cookies with Vanilla Flavour Biscuits Pack, 157g](#)
- [Oreo Gingerbread Flavour Sandwich Biscuit, Limited Edition, 154g](#)

The full range is on the [Oreo brand page](#).

FAQ

Can you twist apart a white chocolate covered Oreo? No. The coating seals the sandwich, and forcing it only breaks the biscuit.

Can you dunk white chocolate Oreos? Not in the usual way, as there is no exposed crumb to soak. Crushing them into a cold milkshake works far better.

Do white chocolate covered Oreos contain milk? Yes. The published allergen statement for this barcode names wheat, milk and soya, and the white chocolate coating is made with milk ingredients.

What is the best drink with them? Cold milk to mute the sugar, or black coffee if you want something hot.

How should I store them? Somewhere cool. The white coating softens in a warm room, and the snap of the cocoa biscuit goes with it.

Curator's note: A strong black coffee is what keeps the cocoa in view here, because these are far sweeter than a plain Oreo. The coolest cupboard in the house is where they belong. Lee, [teas.co.uk](#), Tunbridge Wells.

In short: Oreo White Chocolate Covered: What the Coating Changes

Field	Detail
Brand	Oreo
Packs we stock	246g
Category	Chocolate Biscuits

Field	Detail
Allergens (as published)	It contains wheat (gluten), milk and soya.
Dunkable	Not really; crush into a milkshake instead
Store	Cool, away from heat
Best with	Black coffee or cold milk

More from the tea wiki

- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
- [Tea and Food Pairing: The Five Principles](#)
- [Tea with Chocolate: Pair by Cocoa Percentage](#)
- [Tea and Chocolate Pairing](#)

Earn rewards on teas.co.uk

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.



teas.co.uk · Tunbridge Wells, Kent · hello@teas.co.uk · 3-click cancel at teas.co.uk/cancel/