

# Nutella Biscuits 20 Pieces: The Breakfast Biscuit

From the teas.co.uk wiki

**Nutella Biscuits 20 Pieces: The Breakfast Biscuit, in summary:** Twenty small crunchy biscuits, each with a sealed Nutella centre, sized the Italian way for breakfast. Pair them with a strong coffee or a malty tea, dunk for three seconds at most and keep the bag out of the fridge.

*Last reviewed by the teas.co.uk team in September 2026.*

In Italy a filled biscuit like this counts as breakfast food, which is why the bag is filled with twenty little pieces instead of fewer, bigger [biscuits](#). Treat it that way and the rest falls into place: a couple with the morning coffee, not half a pack with the [afternoon tea](#).

## Why the shell stays crunchy

A filling usually spells trouble for a crisp biscuit. Anything wet sealed inside a dry case leaks moisture outwards, and within days the biscuit turns leathery from the middle. Nutella dodges that because it is built on fat, not water, so there is almost nothing in the centre to seep into the case. The shell holds its crunch all the way to the filling, and the fat keeps the centre soft at room temperature.

The quiet shell matters for flavour too. It is thin and only lightly flavoured, so what you notice first is roasted, oily hazelnut, with cocoa behind it as depth rather than as the headline. Think of it as a hazelnut biscuit with some [chocolate](#) in it, not the other way round, which traces straight back to the gianduja pairing of Piedmont and to Pietro Ferrero's post-war hazelnut paste.

## Twenty pieces and the Italian breakfast

Each piece works out at about 13.8g, small enough to eat two or three alongside a coffee without it turning into a pudding. That sizing gives the game away: in Italy this style of filled biscuit belongs to the morning rather than the afternoon, and the bag is meant to be dipped into over several breakfasts. Nutella Biscuits arrived in 2019, two years after B-ready had taken the brand into UK biscuits.

Nutella Biscuits also come in a 166g tube, which is the smaller buy. The 20-piece bag is the one for a household that will work through it over a week of breakfasts; the tube suits a lighter appetite or a desk drawer. Whichever you choose, fold an opened bag tightly and keep it somewhere dry, because a steamy kitchen will steal the crunch whatever else you do.

## Coffee, tea and a very short dunk

Coffee is the natural partner, since roasted hazelnut and roasted coffee share the same toasty register. Brew a strong black filter or make an Americano and let it sit beside the filling. Tea drinkers want an [Assam](#) or a robust everyday blend, brewed for four minutes, with only a small splash of milk: enough to round off the tannin without letting the cup go soft against the sugar.

[Dunk](#) briefly, if at all. The shell is thin and has no coating to protect it, so it soaks up tea fast while the heat loosens the filling; two or three seconds is the limit. [Hot chocolate](#) is a poor match unless it is dark and unsweetened, because cocoa on cocoa with this much sugar buries the hazelnut. And keep the bag out of the fridge, which sets the centre hard.

## The packs we stock

- [Nutella 20 Pieces - Crunchy Biscuits filled with Nutella, 276g](#) (barcode 8000500366073)

## What the label says

The published ingredient list for Nutella 20 Pieces - Crunchy Biscuits filled with Nutella, 276g (barcode 8000500366073) says it contains wheat and barley (gluten), milk, soya and nuts (hazelnuts). Check the current UK pack before purchase; formulations and allergen advice can change.

*Ingredient and nutrition data for this barcode: Open Food Facts ([openfoodfacts.org](https://openfoodfacts.org)), ODbL. The pack in your hands is the final word.*

## What to drink with it

- [Hyson Premium Breakfast Tea, 100 Tea Bags 180g](#): A breakfast blend to brew strong with a splash of milk, which is how this biscuit likes its tea.
- [PG Tips English Breakfast Special Blends Speciality Black, 70 Tea Bags](#): A robust [English Breakfast](#) for the mornings when tea wins over coffee.
- [L'Or Espresso Ristretto Intensity 11 Coffee, 40 Pods 208g](#): A short, dark ristretto, its roast a natural match for toasted hazelnut.
- [Starbucks Espresso Roast by NESPRESSO Coffee, Dark Roast, Box of 36, 198g](#): A dark-roast Nespresso capsule that can be lengthened with hot water into a breakfast Americano.

## Elsewhere in the Nutella range

- [Nutella B-ready Chocolate Hazelnut Biscuit Snack Bars Multipack 6x22g](#)
- [Nutella Hazelnut Chocolate Spread Filled Biscuits Tube, 166g](#)

The full range is on the [Nutella brand page](#).

## FAQ

**How many biscuits are in the bag?** Twenty, 276g in total, so each piece weighs roughly 13.8g.

**Why don't Nutella Biscuits go soft inside?** Nutella's centre is made on a base of fat, not water, so it has almost no moisture to pass into the shell.

**How long can you dunk a Nutella biscuit?** Two or three seconds at most. The thin shell soaks up tea quickly and the warm filling softens at the same time.

**What allergens do they contain?** The published ingredient list for this barcode declares wheat and barley (gluten), milk, soya and hazelnuts. Check the current pack before buying.

**Should the bag go in the fridge?** No. Cold sets the filling hard; keep the bag cool, dry and closed instead.

*Curator's note: Two of these with a short black coffee makes a better start to the day than most pastries. Put the bag away before you reach for a third. Lee, teas.co.uk, Tunbridge Wells.*

## In short: Nutella Biscuits 20 Pieces: The Breakfast Biscuit

| Field                    | Detail                                                                  |
|--------------------------|-------------------------------------------------------------------------|
| Brand                    | Nutella                                                                 |
| Packs we stock           | 276g                                                                    |
| Category                 | Breakfast Biscuits                                                      |
| Allergens (as published) | It contains wheat and barley (gluten), milk, soya and nuts (hazelnuts). |
| Dunkable                 | Briefly, three seconds at most                                          |
| Occasion                 | Breakfast with coffee                                                   |
| Best with                | A strong black coffee, or an Assam with a splash of milk                |

## More from the tea wiki

- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
- [Tea and Food Pairing: The Five Principles](#)
- [Tea with Chocolate: Pair by Cocoa Percentage](#)
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