

Nescafé Vanilla Cookie Dough Latte: What the Name Means

From the teas.co.uk wiki

Nescafé Vanilla Cookie Dough Latte: What the Name Means, in summary: Vanilla up front, a toasted brown-sugar note beside it and a dry, faintly salty finish that nods to raw dough. A sweet milky drink with coffee in the background, made with hot water only.

Last reviewed by the teas.co.uk team in September 2026.

No hot drink can deliver what people actually love about cookie dough, because that is mostly a cold, heavy texture. What a sachet can do is capture the flavour underneath it, and that is the brief this one sets itself.

Flavour without the texture

Take away the texture and cookie dough is butter, brown sugar, vanilla and a trace of flour and salt. This sachet aims at those notes. Vanilla leads, rounded rather than sharp, nearer to extract than to ice cream. Alongside it runs a caramelised, gently toasted brown-sugar character, and at the back comes a dry, faintly salty doughy tail that stops the mug tasting like syrup.

The label reads sugar first, then skimmed milk powder at 22%, glucose syrup, coconut oil and instant coffee at 8%, with lactose, xanthan gum as a thickener, natural flavourings, acidity regulators and salt. The flavour comes from natural flavourings rather than any dough, and the thickener helps explain the body in the mouth. It contains milk, so it is not suitable for anyone avoiding dairy.

How it differs from plain vanilla

Most vanilla sachets lead with vanilla and go no further. What sets this one apart is the brown-sugar character beside the vanilla. Brown sugar tastes different from white, toasty and faintly treacly rather than simply sweeter, and that note gives the mug a second flavour to notice instead of just more sugar, before the dry, doughy finish arrives at the end of each sip.

Anyone after a straightforward vanilla mug is better served by a plain vanilla latte sachet, and if you would rather set the sweetness yourself, an unsweetened cappuccino sachet does that job where this one cannot.

The cookie dough latte is for the drinker who wants a small occasion in a mug: more of a treat than a plain latte, but not so rich that it feels like the last thing you will drink today.

Bringing out the dough note

A tiny pinch of salt, barely visible, stirred into the dry powder is the trick worth knowing. Raw dough is salty as well as sweet, so a trace of salt shifts the mug from vanilla towards dough without making it taste salted. Use a dry mug as well; a damp one makes the powder clump, and the vanilla stays locked in the lumps instead of reaching your nose.

Water at around 90 degrees is kinder than a rolling boil, and hot milk in place of water makes it richer if you want to go further. Seven sachets of 19.5g make 136.5g and seven mugs. Its natural moment is mid-afternoon rather than late evening, as the mug that marks a break in the day.

The packs we stock

- [Nescafe Vanilla Cookie Dough Latte Sachets, 7 Sachets 136.5g](#) (barcode 8445291292123)

What the label says

The published ingredient list for Nescafe Vanilla Cookie Dough Latte Sachets, 7 Sachets 136.5g (barcode 8445291292123) says it contains milk. Read the cookie dough latte box on sale now, as Nescafé may revise its recipe or milk labelling.

Ingredients, as published: sugar, skimmed milk powder (22%), glucose syrup, coconut oil, instant coffee (8%), lactose (milk), thickener (xanthan gum), natural flavourings, acidity regulators (sodium bicarbonate, citric acid), salt.

Ingredient and nutrition data for this barcode: [Open Food Facts \(openfoodfacts.org\)](https://openfoodfacts.org), ODbL. Your cookie dough latte box settles it.

What to eat with it

- [Maryland Cookies Caramel & Chocolate Chip, 200g](#): A real cookie beside a cookie-dough mug is the obvious match, and caramel picks up the brown-sugar note.
- [McVitie's Digestives Dark Chocolate Biscuits, 433g](#): Dark [chocolate](#) adds the bitterness a sweet milky mug lacks, which keeps the pair in balance.
- [Border Butterscotch Crunch Organic Biscuits, 135g](#): Butterscotch shares the caramelised territory of the drink, so the two taste of the same idea.

Elsewhere in the Nescafé range

- [Nescafe Azera Americano Decaff Instant Coffee, 90g](#)
- [Nescafe Azera Americano Instant Coffee, 140g](#)
- [Nescafe Azera Americano Intense Instant Coffee with Finely Ground Beans, 140g](#)
- [Nescafe Azera Decaf Americano Instant Coffee with Finely Ground Beans, 135g](#)

- [Nescafe Cappuccino Decaf Unsweetened Taste Instant Coffee Sachets, 7 Sachets 105g](#)
- [Nescafe Cappuccino Instant Coffee, 7 Sachets](#)

The full range is on the [Nescafé brand page](#).

FAQ

Is there real cookie dough in Nescafé Vanilla Cookie Dough Latte? No. The label credits the flavour to natural flavourings; what you taste is vanilla, a brown-sugar note and a dry, faintly salty finish.

How is it different from a vanilla latte? It adds a toasted brown-sugar character and a doughy finish to the vanilla. For vanilla alone, a plain vanilla latte sachet is the simpler choice.

Do I need milk to make it? No. Skimmed milk powder is in the sachet, so hot water is enough; hot milk simply makes it richer.

How many sachets are in the box? Seven, at 19.5g each, 136.5g in total, one mug per sachet.

Can I make the dough flavour stronger? Yes, with a tiny pinch of salt stirred into the dry powder. It moves the taste towards dough without making it salty.

Curator's note: Try the pinch of salt at least once. It is the difference between a vanilla latte with a fancy name and something that really does taste of the idea on the box. Lee, teas.co.uk, Tunbridge Wells.

In short: Nescafé Vanilla Cookie Dough Latte: What the Name Means

Field	Detail
Brand	Nescafé
Packs we stock	7 Sachets 136.5g
Category	Coffee Sachets & Mixes
Allergens (as published)	It contains milk.
Caffeine	caffeinated
Lead flavour	Vanilla, with a brown-sugar note
Best time	Mid-afternoon
Trick	A tiny pinch of salt

More from the tea wiki

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- [Tea vs Coffee: Taste, Caffeine and Switching](#)
- [Caffeine in Tea](#)
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- [Tea for Coffee Drinkers: Where to Start](#)
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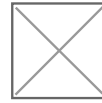
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