

Nescafé Toffee Nut Latte: Taming a Sweet Mug

From the teas.co.uk wiki

Nescafé Toffee Nut Latte: Taming a Sweet Mug, in summary: Toffee first, a warm nutty note behind it and a mild milky coffee underneath. It is very sweet by design; the right amount of water, a little plain instant or a tiny pinch of salt brings it into balance.

Last reviewed by the teas.co.uk team in September 2026.

Toffee holds up in powdered form better than fruit or spice flavours tend to, and of the sweet sachets on our shelf this is the one buyers most often return to praise. The one thing to accept before buying is that it is a dessert-style drink, and the tricks that make it easier to finish are simple.

What the label shows

The published ingredient list opens with sugar, then skimmed milk powder at 21%, glucose syrup and coconut oil. Coffee makes up 6%, and it is a blend of two kinds: instant coffee at 5.5% plus some roast and ground coffee. Lactose, natural flavouring, acidity regulators and salt complete it. Between them, the sugar and that large milk-powder share set the weight of the mug, which is why it drinks as a sweet milk drink first and a coffee second.

The allergen statement names milk, so dairy-free households should pass. The word nut here describes a flavour profile rather than making any promise either way about the contents. Anyone managing a nut allergy should read the current UK pack before buying rather than rely on us, because formulations change and the pack in your hand is the final word.

Three ways to take the edge off

Start with the water. About 200ml suits this sachet, a little more than a plain latte sachet wants, and the extra softens the sugar without leaving the drink thin. Go past 250ml, though, and it turns watery rather than milder. Because the sweetness is part of the recipe rather than added at the table, dilution is a blunt tool, so use it gently.

Bitterness is what really balances this much sugar, so half a teaspoon of plain instant stirred into the dry powder does more than any amount of water. The other trick is the smallest pinch of salt, which tips the mug towards a salted toffee latte and makes it far easier to finish. Neither trick hides the toffee; both simply give it something to push against.

A one-a-day drink

The toffee scent is heavy and warm and it lingers, staying in the mug right to the end, unlike mint or citrus, which fade within a minute or so. The nutty side belongs to the same warm, roasted family, so the two merge rather than argue. It is a mug for once a day, not all day, so a carton of seven tends to outlast a box of plain sachets.

Both packs we list are seven-sachet cartons, one sachet per mug; the one with a weight in its title holds 130.2g, seven sachets of 18.6g. Afternoons and early evenings suit it best, when a sweet mug feels like a small reward rather than a habit. For a change of flavour, the Caramel Latte sachets sit alongside it in the Nescafé range, and a plain latte sachet is the same idea with no flavour added.

The packs we stock

- [Nescafe Toffee Nut Latte Instant Coffee, 7 Sachets](#) (barcode 8445291746855)
- [Nescafe Toffee Nut Latte Instant Coffee, 7 Sachets 130.2g](#) (barcode 7613035705746)

What the label says

The published ingredient list for Nescafe Toffee Nut Latte Instant Coffee, 7 Sachets 130.2g says it contains milk. Toffee Nut recipes change now and then, along with the milk warning, so read the current box.

Ingredients, as published: Sugar, Skimmed Milk Powder (21%), Glucose Syrup, Coconut Oil, Coffee (6%) (Instant Coffee (5.5%), Roast and Ground Coffee), Lactose (Milk), Natural Flavouring, Acidity Regulators (Sodium Bicarbonate, Citric Acid), Salt.

Typical values per 100ml Per 100ml

Energy	35 kcal
Fat	0,9g
of which saturates	0,7g
Carbohydrate	5,8g
of which sugars	4,3g
Fibre	0,2g
Protein	0,7g
Salt	0,11g

Ingredient and nutrition information for this product, as published on the manufacturer's label. The Toffee Nut box you hold has the last word.

What to eat with it

- [Lu Le Petit Cookie with Chunky Rich Chocolate Chips, 184g](#): Rich [chocolate](#) chips bring the cocoa bitterness a toffee mug is missing, which keeps the pairing from tipping into pure sugar.
- [Maryland Minis Double Chocolate Chip Cookies Mini Bags Multipack, 6 Pack 118.8g](#): One mini bag per mug matches the one-sachet serving, and double chocolate stands up to a strong toffee flavour.

- [Border Classic Biscuit Sharing Pack, 400g](#): A sharing pack puts plenty of [biscuits](#) on the plate when the carton comes out for visitors, one sweet mug each.

Elsewhere in the Nescafé range

- [Nescafe Azera Americano Decaff Instant Coffee, 90g](#)
- [Nescafe Azera Americano Instant Coffee, 140g](#)
- [Nescafe Azera Americano Intense Instant Coffee with Finely Ground Beans, 140g](#)
- [Nescafe Azera Decaf Americano Instant Coffee with Finely Ground Beans, 135g](#)
- [Nescafe Cappuccino Decaf Unsweetened Taste Instant Coffee Sachets, 7 Sachets 105g](#)
- [Nescafe Cappuccino Instant Coffee, 7 Sachets](#)

The full range is on the [Nescafé brand page](#).

FAQ

Does Nescafé Toffee Nut Latte contain nuts? The name describes a flavour profile. Only the current UK ingredient panel can tell you whether nuts are present, so check it before buying if that matters to you.

How sweet is it? Very. Sugar is the first ingredient on the label, so treat it as a dessert-style drink.

How much water should I use? About 200ml. Past 250ml it turns watery rather than simply milder.

Do I need to add milk? No. Skimmed milk powder is already in the sachet, so hot water finishes it; the label lists milk as an allergen.

What makes it less sweet? Half a teaspoon of plain instant in the dry powder, or the tiniest pinch of salt. Both balance the sugar better than extra water does.

Curator's note: Try the pinch of salt once and you may not go back. It turns a sweet mug into something with a bit of shape to it. Lee, teas.co.uk, Tunbridge Wells.

In short: Nescafé Toffee Nut Latte: Taming a Sweet Mug

Field	Detail
Brand	Nescafé
Packs we stock	7 Sachets; 7 Sachets 130.2g
Category	Instant Coffee
Allergens (as published)	It contains milk.
Caffeine	caffeinated
Sweetness	High, set in the recipe
Water	About 200ml
Best time	Afternoon, one mug

More from the tea wiki

- [Nescafé: The Instant Coffee Benchmark](#)
- [Tea vs Coffee: Taste, Caffeine and Switching](#)
- [Caffeine in Tea](#)
- [Tea vs Coffee](#)
- [Tea for Coffee Drinkers: Where to Start](#)
- [Chai vs Coffee](#)
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