

Nescafé Cappuccino Decaf Unsweetened Taste: The After-Dinner Sachet

From the teas.co.uk wiki

Nescafé Cappuccino Decaf Unsweetened Taste: The After-Dinner Sachet, in summary: Seven sachets of milky, foaming coffee with no sugar put in and most of the caffeine removed. Hot water is all it needs; use a normal-sized mug and pour from a height for the foam.

Last reviewed by the teas.co.uk team in September 2026.

Decaffeinated milk sachets are easy to find and so are unsweetened ones, but a sachet that is both is unusual. That pairing is what lets it work as an after-dinner or late-shift milky coffee, with little [caffeine](#) and no sugar you did not ask for.

Two things taken out, one thing kept in

Each of the seven sachets holds fifteen grams of powder, so the box carries 105g in all, and each makes a single mug. The coffee and a milk component are both in the powder, which is why it needs a kettle and nothing more: no fridge, no jug, no frother. The published allergen statement confirms that it contains milk.

What has gone is the added sugar and most of the caffeine. Any sweetness in the cup belongs to the milk and it is slight, so the decaffeinated coffee comes through more clearly than it would under a sweetened mix. The finish is clean rather than sticky. Treat it as a working drink for the end of the day rather than a pudding in a mug.

Where it sits among the Nescafé cappuccinos

We stock three versions of the foaming Nescafé cappuccino sachet. The standard Nescafé Cappuccino comes in seven- and twelve-sachet boxes. Cappuccino Unsweetened Taste is the unsweetened version with its caffeine intact, for a mid-morning mug. This box removes both, which makes it the one for evenings, late shifts, or any day when the coffee count is already high enough.

Decaffeinated is not the same as caffeine-free. The process takes out most of the caffeine, but a small residual amount stays in every [decaf](#) coffee. If you must avoid caffeine altogether, reach for a herbal infusion

instead of any coffee. For everyone else wanting something warm and milky late on that is not tea, this is the sachet to keep in the cupboard.

Pouring for foam

The foam is made by the water striking the powder, not by the spoon. Pour from a height and briskly, then resist the urge to stir, because each stir knocks the head down. Getting this right counts for more with a decaf, since the decaf process strips a little of the coffee's aroma, so the foam has more work to do holding what is left close to your nose.

Water around 90°C is the aim, so give the kettle a minute's rest once it has clicked off; boiling water leaves powdered milk tasting cooked and slightly metallic. Size the mug at 180 to 200ml per sachet, because a big cup thins both the milk and the foam. Made on hot milk instead of water, the drink turns much richer.

The packs we stock

- [Nescafe Cappuccino Decaf Unsweetened Taste Instant Coffee Sachets, 7 Sachets 105g](#) (barcode 8445291746107)

What the label says

The published ingredient list for Nescafe Cappuccino Decaf Unsweetened Taste Instant Coffee Sachets, 7 Sachets 105g says it contains milk. Nescafé may revise these decaf cappuccino sachets and their milk warning, so check the box you buy.

Typical values per 100ml Per 100ml

Energy	25 kcal
Fat	0.9g
of which saturates	0.8g
Carbohydrate	3.3g
of which sugars	1.7g
Fibre	0.3g
Protein	0.8g
Salt	0.10g

Ingredient and nutrition information for this product, as published on the manufacturer's label. The decaf sachet box you hold has the final word.

What to eat with it

- [Lotus Biscoff Snack Pack, 248g](#): the caramelised biscuit supplies the sweetness the cup leaves out, and the snack pack lives in the same drawer as the sachets.
- [McVitie's Digestives Dark Chocolate Biscuits, 433g](#): bittersweet [chocolate](#) on a digestive suits a milky coffee with no sugar in it.

- [Border Lemon Drizzle Melts Organic Biscuits, 150g](#): a sweet, lemony biscuit to brighten a soft, milk-forward mug after dinner.

Elsewhere in the Nescafé range

- [Nescafe Azera Americano Decaff Instant Coffee, 90g](#)
- [Nescafe Azera Americano Instant Coffee, 140g](#)
- [Nescafe Azera Americano Intense Instant Coffee with Finely Ground Beans, 140g](#)
- [Nescafe Azera Decaf Americano Instant Coffee with Finely Ground Beans, 135g](#)
- [Nescafe Cappuccino Instant Coffee, 7 Sachets](#)
- [Nescafe Cappuccino Instant Coffee Sachets, 12 Sachets 186g](#)

The full range is on the [Nescafé brand page](#).

FAQ

Is Nescafé decaf cappuccino caffeine-free? No. Most of the caffeine is removed during decaffeination, yet a little always stays behind.

Is there sugar in the decaf Unsweetened Taste sachets? No sugar is added to the mix. The slight sweetness you notice comes from the milk itself.

Can I make it with hot milk instead of water? You can, and the mug turns much richer. Hot water alone still gives the intended drink, because the milk is already in the powder.

Why is there no foam on my cappuccino? Usually a gentle pour or too much stirring. Pour briskly from higher up and leave the spoon alone once the water is in.

What size mug suits one sachet? About 180 to 200ml. A bigger cup thins the milk and the foam goes with it.

Curator's note: Pour it from a height, leave the spoon alone and drink it from an ordinary mug. It is the after-dinner coffee for people who had given up on after-dinner coffee. Lee, teas.co.uk, Tunbridge Wells.

In short: Nescafé Cappuccino Decaf Unsweetened Taste: The After-Dinner Sachet

Field	Detail
Brand	Nescafé
Packs we stock	7 Sachets 105g
Category	Instant Coffee
Allergens (as published)	It contains milk.
Caffeine	decaffeinated
Occasion	After dinner or a late shift
Mug size	180 to 200ml
Best with	A caramelised biscuit on the side

More from the tea wiki

- [Nescafé: The Instant Coffee Benchmark](#)
- [Tea vs Coffee: Taste, Caffeine and Switching](#)
- [Caffeine in Tea](#)
- [Tea vs Coffee](#)
- [Tea for Coffee Drinkers: Where to Start](#)
- [Chai vs Coffee](#)
- [Best Instant Coffee UK](#)
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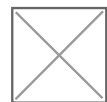
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