

McVitie's Signature Dark Chocolate Rounds: Round or Digestive?

From the teas.co.uk wiki

McVitie's Signature Dark Chocolate Rounds: Round or Digestive?, in summary: A thin, plain round under a generous dark coating, so the chocolate leads where a digestive's crumb would. Dunk for two seconds at most, keep it cool to avoid bloom, and pour black coffee or a strong black tea.

Last reviewed by the teas.co.uk team in September 2026.

On a thin round the dark [chocolate](#) makes up much more of each bite than it does on a thick biscuit, so the coating, not the crumb, decides the flavour. That makes it a different proposition from a dark chocolate digestive, even though the two look like cousins.

A plain round in a dark coat

Signature is the McVitie's tier for smaller packs of thinner, neater [biscuits](#), and this round shows the idea clearly. The base is deliberately simple, with no oats and no wheatmeal, so it gives crispness and very little flavour of its own. The rest is left to the dark coating, which carries more cocoa and less sugar than milk chocolate and brings a real bitter edge.

The published allergen statement names wheat (gluten), milk, soya and sulphites. Milk catches some buyers out, but plenty of dark coatings contain it, so this is not a biscuit for a dairy-free household. Coeliacs should pass it by as well, since it is a wheat biscuit.

Round or digestive: which dark biscuit to choose

McVitie's also makes a Dark Chocolate Digestive, and the two answer different wants. The digestive has a thicker crumb and is built for [dunking](#), so the biscuit brings body and holds together in a mug while the chocolate sits on top. The round is thinner and plainer, so the chocolate does almost all the talking and the bite is a clean, crisp snap.

Choose the digestive for a mug by the kettle and a proper dunk. Choose the rounds for a plate handed round with coffee after dinner, or for anyone who finds a digestive heavy and wants the dark chocolate to

lead. If the household cannot agree, buy the digestive for the tea mug and keep the rounds for the coffee tray.

Two seconds, and no warm worktops

A thin round soaks up tea far faster than a digestive, and there is nothing sturdy inside to keep it in one piece once it is wet. If you want to dunk, count to two, dip the plain base and keep the chocolate side out of the cup. Otherwise eat it dry, because the snap is half the pleasure of a biscuit this thin.

Warmth is the other risk. Dark chocolate that warms and sets again develops bloom, a pale film that is harmless but takes the gloss and the snap with it for good. Keep the pack somewhere cool and dark, away from the kettle. As for the cup, black coffee suits it best, with a strong breakfast tea or a malty [Assam](#) close behind; a delicate [green tea](#) is simply overwhelmed.

The packs we stock

- [McVitie's Signature Dark Chocolate Rounds Biscuits, 109g](#) (barcode 5000168009001)

What the label says

The published ingredient list for McVitie's Signature Dark Chocolate Rounds Biscuits, 109g (barcode 5000168009001) says it contains wheat (gluten), milk, soya and sulphites. Check the current UK pack before purchase; formulations and allergen advice can change.

Typical values per 100g Per 100g

Energy	479 kcal
Fat	27.3g
of which saturates	16.5g
Carbohydrate	57g
of which sugars	39.7g
Fibre	5.8g
Protein	5.8g
Salt	0.2g

Ingredient and nutrition data for this barcode: Open Food Facts (openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to drink with it

- [Starbucks Espresso Roast by NESPRESSO Coffee, Dark Roast, Box of 36, 198g](#): a dark roast espresso with the bitterness to match the dark coating.
- [L'Or Espresso Ristretto Intensity 11 Coffee, 40 Pods 208g](#): an intense ristretto for the after-dinner plate, short and unsweetened.

- [PG Tips English Breakfast Special Blends Speciality Black, 70 Tea Bags](#): a strong [English breakfast](#) cup for tea drinkers, brewed firm enough to stand up to the cocoa.

Elsewhere in the McVitie's range

- [McVitie's Club Layers Orange, 39g](#)
- [McVitie's Club Mint Biscuit Bars Multipack, 7 Bars 154g](#)
- [McVitie's Club Orange Biscuit Bars Multipack, 7 Bars 154g](#)
- [McVitie's Club Salted Caramel Flavour Biscuit Bars Multipack, 7 x 22g](#)
- [McVitie's Dark Chocolate Digestive Biscuits, 266g](#)
- [McVitie's Digestive Pink Raspberry & Cream Flavour, Limited Edition, 232g](#)

The full range is on the [McVitie's brand page](#).

FAQ

Do McVitie's Dark Chocolate Rounds contain milk? Yes. The published allergen statement lists milk alongside wheat (gluten), soya and sulphites, so dark does not mean dairy-free here.

Is a thin chocolate round any good for dunking? Only for two seconds, plain side first. A thin biscuit takes on liquid quickly and has little crumb to keep it together.

Why has the chocolate turned pale? That is bloom, caused by warming and setting again. The biscuit is still fine to eat, but the shine and snap will not return.

Are they the same as a dark chocolate digestive? No. The round is thinner and plainer, so the coating dominates; the digestive has a heavier crumb built for dunking.

What should I drink with dark chocolate rounds? Black coffee first, or a strong [black tea](#). A drink with its own bitterness or tannin meets the dark coating on equal terms.

Curator's note: I put these out with the coffee once the plates are cleared. Treat them as a thin chocolate biscuit rather than a posh digestive and you will enjoy them more. Lee, [teas.co.uk](#), Tunbridge Wells.

In short: McVitie's Signature Dark Chocolate Rounds: Round or Digestive?

Field	Detail
Brand	McVitie's
Packs we stock	109g
Category	Chocolate Biscuits
Allergens (as published)	It contains wheat (gluten), milk, soya and sulphites.
Dunkable	Two seconds, base first
Best with	Black coffee or a strong black tea
Choose it over	A dark digestive, when you want the chocolate to lead

More from the tea wiki

- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
- [Tea and Food Pairing: The Five Principles](#)
- [Tea with Chocolate: Pair by Cocoa Percentage](#)
- [Tea and Chocolate Pairing](#)

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