

McVitie's Milk Chocolate Digestives: One Chocolate Face

From the teas.co.uk wiki

McVitie's Milk Chocolate Digestives: One Chocolate Face, in summary: A wholemeal digestive with milk chocolate set on one face. Choose the 433g pack for a tin that empties fast or the twin pack to keep half sealed, and dunk for two seconds, chocolate side up.

Last reviewed by the teas.co.uk team in September 2026.

Chocolate covers only one side of a McVitie's Milk Chocolate Digestive, and that half-measure is the **point of it**. The sweetness arrives first and then the mouthful returns to a plain wholemeal biscuit, which is why it sits beside a mug of tea far more easily than a bar of chocolate would.

What the label says is in it

Read the published ingredient list and the proportions tell the story. Flour leads at 39%, milk chocolate follows at 30%, and wholemeal wheat flour, the source of the nutty, slightly branny note under the sweetness, comes in at 9%. Palm oil, sugar, glucose-fructose syrup, raising agents and salt make up the rest. In other words, close to a third of each biscuit by weight is chocolate, and all of it sits on one face.

The list gives wheat (gluten), milk and soya, so this is not a biscuit for a coeliac or dairy-free household, and the pack in your hand has the final word. Beneath the chocolate sits the plain digestive, the biscuit Alexander Grant created for McVitie's in 1892. The chocolate version followed in 1925, and McVitie's marked that centenary in 2025.

The 433g pack or the twin pack

We stock two formats. The 433g pack is a single pack, the right choice for a household that gets through it inside a week. The twin pack puts two 266g packs in one carton, 532g in total, and the second stays sealed until the first is finished. That matters more for a chocolate biscuit than a plain one, because chocolate left open in a cupboard soaks up whatever it sits next to.

Once a pack is open, fold the end over and clip it, or tip the [biscuits](#) into a tin, and keep them somewhere steady and cool, well away from the oven or a sunny windowsill. Chocolate that warms and sets again can turn pale on the surface. That film is bloom, fat that has crept outwards and crystallised, and it spoils the look of the biscuit rather than being a sign it has gone off.

Dunking with the chocolate side up

Give a plain digestive four or five seconds in hot tea; this one wants two, held chocolate side up so the coating stays out of the cup. Milk chocolate starts to soften at a far cooler temperature than a fresh brew, so a longer dip leaves a brown slick on your tea and a bare biscuit in your fingers.

For the cup, brew a strong [black tea](#) for about four minutes, add a splash of milk and leave out the sugar, since the chocolate brings plenty of sweetness. A malty breakfast blend meets milk chocolate without turning harsh. If coffee is more your thing, a short espresso works from the opposite direction, its bitterness cutting straight through the sweet face.

The packs we stock

- [McVitie's Digestives Milk Chocolate Biscuits, 433g](#) (barcode 5000168208749)
- [McVitie's Digestives Milk Chocolate Twin Pack Biscuits, 2 x 266g 532g](#) (barcode 5000168034225)

What the label says

The published ingredient list for McVitie's Digestives Milk Chocolate Twin Pack Biscuits, 2 x 266g 532g (barcode 5000168034225) says it contains wheat (gluten), milk and soya. Check the current UK pack before purchase; formulations and allergen advice can change.

Ingredients, as published: Flour (39%) (Wheat Flour, Calcium, Iron, Niacin, Thiamin), Milk Chocolate (30%) [Sugar, Cocoa Butter, Cocoa Mass, Dried Skimmed Milk, Dried Whey (Milk), Butter Oil (Milk), Vegetable Fats (Palm, Shea), Emulsifiers (Soya Lecithin, E476), Natural Flavouring], Palm Oil, Wholemeal Wheat Flour (9%), Sugar, Glucose-Fructose Syrup, Raising Agents (Sodium Bicarbonate, Malic Acid, Ammonium Bicarbonate), Salt.

Typical values per 100g Per 100g

Energy	496 kcal
Fat	23.6g
of which saturates	12.4g
Carbohydrate	62.5g
of which sugars	28.5g
Fibre	3g
Protein	6.7g
Salt	0.9g

Ingredient and nutrition data for this barcode: [Open Food Facts \(openfoodfacts.org\)](https://openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to drink with it

- [Barry's Tea Gold Blend, 80 Tea Bags 250g](#): An everyday blend to brew strong and take with milk, so the cup meets milk chocolate head on.

- [Yorkshire Tea Bedtime Brew, 40 Tea Bags 100g](#): A decaffeinated brew for the late-evening biscuit, soft enough to sit quietly beside the chocolate face.
- [L'Or Nespresso Compatible Espresso Supremo Aluminium Coffee Intensity 10, 10 Capsules](#): A Nespresso-compatible espresso whose bitterness cuts through the sweet coating in a couple of sips.
- [Dragonfly Organic Vanilla Rooibos, 40 Tea Bags 100g](#): A vanilla [rooibos](#) for a softer, sweeter-smelling cup that leans into the chocolate rather than against it.

Elsewhere in the McVitie's range

- [McVitie's Club Layers Orange, 39g](#)
- [McVitie's Club Mint Biscuit Bars Multipack, 7 Bars 154g](#)
- [McVitie's Club Orange Biscuit Bars Multipack, 7 Bars 154g](#)
- [McVitie's Club Salted Caramel Flavour Biscuit Bars Multipack, 7 x 22g](#)
- [McVitie's Dark Chocolate Digestive Biscuits, 266g](#)
- [McVitie's Digestive Pink Raspberry & Cream Flavour, Limited Edition, 232g](#)

The full range is on the [McVitie's brand page](#).

FAQ

Which side of a chocolate digestive is the top? Nobody has ever settled it and we will not try. For [dunking](#), though, keep the chocolate side up and out of the tea.

What is in McVitie's Milk Chocolate Digestives? Flour, milk chocolate at 30%, palm oil, wholemeal wheat flour, sugar, glucose-fructose syrup, raising agents and salt, per the published list. It contains wheat (gluten), milk and soya.

How long should you dunk a milk chocolate digestive? About two seconds, chocolate side up. Any longer and the coating starts to slide off into the cup.

Is the twin pack the same biscuit as the 433g pack? Yes. The twin pack simply splits 532g into two sealed 266g packs, so half stays fresh while you work through the other.

How does it differ from the Original and Dark Chocolate Digestives? The Original is the same wholemeal biscuit with no coating, and the Dark Chocolate Digestives swap milk chocolate for dark. Choose milk when you want the soft, sweet, quick-melting coating.

Curator's note: Two seconds, chocolate up, and a strong mug with a splash of milk. Keep the twin pack in the cupboard and nobody ever has to eat a stale one. Lee, [teas.co.uk](#), Tunbridge Wells.

In short: McVitie's Milk Chocolate Digestives: One Chocolate Face

Field	Detail
Brand	McVitie's
Packs we stock	433g; 2 x 266g 532g
Category	Chocolate Biscuits

Field	Detail
Allergens (as published)	It contains wheat (gluten), milk and soya.
Dunkable	Yes, two seconds, chocolate side up
Best with	A strong breakfast tea with a splash of milk
Pack to choose	Twin pack if the tin empties slowly

More from the tea wiki

- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
- [Tea and Food Pairing: The Five Principles](#)
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