

McVitie's Club Mint

From the teas.co.uk wiki

McVitie's Club Mint, in summary: Seven wrapped 22g bars, each a biscuit sealed inside a thick chocolate covering with cool mint running across it. Keep them somewhere cool, never dunk them, and pair with a strong brew or a smooth coffee.

Last reviewed by the teas.co.uk team in September 2026.

Of the Club flavours we stock, mint is the one that pushes against the [chocolate](#) rather than going along with it. That is why this bar tastes less rich than its covering suggests, and why it belongs in the coolest cupboard in the house.

A biscuit sealed in chocolate

On most chocolate [biscuits](#) the chocolate is an addition, spread over one face. The Club reverses that order: a thick covering encloses the biscuit on every side, so chocolate meets the tongue all at once and the biscuit inside acts as the frame rather than the flavour. The published ingredient list for this barcode opens with milk chocolate and closes with natural mint flavouring, and it names wheat, milk and soya as allergens.

Mint changes what that covering does. Heavy chocolate on its own is rich from start to finish; mint cuts across it and leaves the mouth feeling rinsed rather than coated. Orange brightens the chocolate and caramel deepens it, so the mint bar tends to taste the least rich of the flavours we carry. It also divides a household more sharply than almost anything else, so buy it knowing who likes mint with their chocolate.

Why a cool bar tastes mintier

Mint is the flavour on the biscuit shelf that reacts most to temperature. Its cooling character comes through clearly when the bar is cool and fades as it warms, while warm chocolate smears over the tongue instead of breaking with the bite. A Club Mint from a cold cupboard and one from a hot car are close to being different products. Keep the box somewhere cool and out of the sun, and leave each bar wrapped until it is wanted.

The seven separate wrappers are the practical case for the multipack. Each bar stays fresh until its own wrapper is opened, and a bar carried all morning in a school bag comes out whole. A seven-bar box covers a working week with a couple left over, which suits a lunchbox household better than a single person, and every bar comes out in the same condition as the first.

No dunking, and what to pour instead

A fully covered bar has no exposed crumb, so tea has nowhere to soak in evenly. Warm tea softens it from the surface inwards until the chocolate slips and the biscuit breaks up in the mug. Eat it alongside the drink. If [dunking](#) is the aim, a plain digestive is a far better biscuit for the job, and McVitie's Digestives Original and The Light One are both on our shelf.

Mint and chocolate already have an after-dinner feel, and a cup that stays out of their way works best. A strong [black tea](#) with milk gives weight without competing for attention, a smooth coffee turns the bar into the mint you might be handed with coffee after a meal, and a gentle [redbush](#) suits the evening when a strong brew feels like too much.

The packs we stock

- [McVitie's Club Mint Biscuit Bars Multipack, 7 Bars 154g](#) (barcode 5000168210728)

What the label says

The published ingredient list for McVitie's Club Mint Biscuit Bars Multipack, 7 Bars 154g (barcode 5000168210728) says it contains wheat (gluten), milk and soya. Check the current UK pack before purchase; formulations and allergen advice can change.

Ingredients, as published: milk chocolate, sugar, cocoa mass cocoa butter, dried whey milk, dried skimmed milk, butter oil, vegetable fat sal and or shea, palm emulsifier, soya lecithin, natural flavouring, wheat flour, calcium, iron, niacin, thiamin, vegetable oil palm, sugar, glucose syrup, raising agent, sodium bicarbonate, disodium, diphosphate, ammonium bicarbonate, salt natural mint flavouring.

Typical values per 100g Per 100g

Energy	521 kcal
Fat	26.8g
of which saturates	16.4g
Carbohydrate	62.7g
of which sugars	41.8g
Fibre	2.3g
Protein	5.9g
Salt	0.6g

Ingredient and nutrition data for this barcode: Open Food Facts (openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to drink with it

- [Yorkshire Tea Original Loose Leaf Tea, 250g](#): a full, malty pot that stands up to a heavy chocolate covering once the milk goes in.
- [Kenco Smooth Instant Coffee Paper Refill, 150g](#): a smooth instant coffee that turns a Club Mint into the after-dinner mint with coffee, at any hour.

- [Tetley Redbush Pure, 40 Tea Bags 100g](#): a rounder, softer cup than black tea, so the cool mint finish stays in front.

Elsewhere in the McVitie's range

- [McVitie's Club Layers Orange, 39g](#)
- [McVitie's Club Orange Biscuit Bars Multipack, 7 Bars 154g](#)
- [McVitie's Club Salted Caramel Flavour Biscuit Bars Multipack, 7 x 22g](#)
- [McVitie's Dark Chocolate Digestive Biscuits, 266g](#)
- [McVitie's Digestive Pink Raspberry & Cream Flavour, Limited Edition, 232g](#)
- [McVitie's Digestives Biscuits The Light One, 250g](#)

The full range is on the [McVitie's brand page](#).

FAQ

What makes a Club different from a chocolate digestive? A digestive carries chocolate on one face. A Club is a biscuit enclosed in a thick covering on every side, so the chocolate leads and the biscuit is structure.

Does Club Mint contain milk or gluten? The published ingredient list for this barcode says it contains wheat (gluten), milk and soya. Check the current pack before buying.

Why does Club Mint taste better cool? Its cooling character fades as the bar warms, and warm chocolate coats the tongue. A cool cupboard keeps the two in balance.

Can you dunk a Club Mint? No. With no bare crumb to take the tea, the covering softens and slides and the bar falls apart in the cup.

How many bars are in the box? Seven, each 22g and wrapped on its own, making 154g in all.

Curator's note: Mint with chocolate is a yes-or-no flavour in most houses, so know your camp before you buy. If you are in the yes camp, keep the box in the coolest cupboard and have one with a proper coffee after dinner. Lee, teas.co.uk, Tunbridge Wells.

In short: McVitie's Club Mint

Field	Detail
Brand	McVitie's
Packs we stock	7 Bars 154g
Category	Chocolate Biscuits
Allergens (as published)	It contains wheat (gluten), milk and soya.
Dunkable	No, eat it beside the cup
Store	Somewhere cool, left in its wrapper
Best with	Strong tea with milk, or a smooth coffee

More from the tea wiki

- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
- [Tea and Food Pairing: The Five Principles](#)
- [Tea with Chocolate: Pair by Cocoa Percentage](#)
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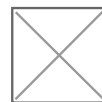
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