

Maryland White Chocolate Chip Cookies: Finding the Right Cup

From the teas.co.uk wiki

Maryland White Chocolate Chip Cookies: Finding the Right Cup, in summary: The crisp Maryland bake, with white chocolate chips making up a fifth of the recipe. There are no cocoa solids in those chips, so it tastes properly sweet: pour a strong, unsweetened black tea or a black coffee.

Last reviewed by the teas.co.uk team in September 2026.

Read the ingredients of the chips and the character of this cookie makes sense: sugar, dried whole milk, cocoa butter and dried skimmed milk. Without the part of [chocolate](#) that brings bitterness, the familiar Maryland bake reads sweet rather than moderate.

What is in a white chip

The published ingredient list gives the white chocolate chips at 20 percent of the cookie, and their own recipe is sugar, dried whole milk, cocoa butter, dried skimmed milk, a soya emulsifier and flavourings. What the list does not include is any cocoa solids, which are where chocolate's bitterness comes from. That is why these chips taste of vanilla and milk rather than of chocolate.

Around the chips is the familiar Maryland bake: wheat flour, sugar, palm oil, whey, a little syrup, raising agents, flavourings and salt, baked thin and crisp. The allergen statement lists wheat (gluten), milk and soya. With the same style of bake as the original and sweeter chips inside it, the whole cookie moves up a notch on sweetness without the dough changing at all.

Why it divides a room

Fans of this cookie are loyal, and people who do not take to it usually call it too much rather than bad, which is what you would expect when nothing in the bite is bitter. The dough and the chips share the same vocabulary of vanilla, milk and sugar, so the flavour never turns a corner. It goes down easily, and that is both its appeal and its limit.

It is the Maryland children are most likely to eat and the one least suited to a delicate afternoon cup; both come down to the same missing bitterness. If you are buying one sleeve for a mixed household and are unsure, the original chocolate chip is the safer default because it gets along with almost any drink. Buy this one when you know exactly who it is for.

Strong tea, black coffee, tart fruit

The cup has to supply what the cookie leaves out. A strong, unsweetened [black tea](#) is the answer, an [Assam](#) or a robust [Ceylon](#) brewed for four minutes, with milk kept to a splash and sugar kept out entirely. A plain black coffee works just as well from the other side, bringing roasted bitterness where the tea brings tannin. A mild, milky cup leaves the sweetness with nowhere to land.

Sharp fruit is the other route to balance. Set a few raspberries or redcurrants on the plate and their acidity stops the sugar building up, so the second cookie tastes as good as the first. [Dunking](#) works on the same terms as the original: about two seconds, after which the white chips soften and slide off before the crisp base gives way.

The packs we stock

- [Maryland Cookies White Chocolate Chip, 200g](#) (barcode 072417203213)

What the label says

The published ingredient list for Maryland Cookies White Chocolate Chip, 200g (barcode 072417203213) says it contains wheat (gluten), milk and soya. Check the current UK pack before purchase; formulations and allergen advice can change.

Ingredients, as published: Wheat flour (Wheat flour, Calcium carbonate, Niacin, Iron, Thiamin), White chocolate chips (20%) (Sugar, Dried whole milk, Cocoa butter, Dried skimmed milk, Emulsifier (Soya lecithin), Flavourings), Sugar, Sustainable palm oil, Whey or whey derivatives (Milk), Partially inverted sugar syrup, Raising agents (Sodium bicarbonate, Ammonium bicarbonate), Flavourings, Salt.

Typical values per 100g Per 100g

Energy	496 kcal
Fat	23g
of which saturates	12g
Carbohydrate	63g
of which sugars	33g
Fibre	1.6g
Protein	6.3g
Salt	0.6g

Ingredient and nutrition data for this barcode: Open Food Facts (openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to drink with it

- [Twinings Scotland's Ceylon Tea \(International Blend\), 20 Tea Bags 40g](#): A brisk Ceylon that takes a long brew well and gives the sweet chips a firm backdrop.
- [Twinings Loose Leaf Earl Grey Tea, 125g](#): A strong pot of loose [Earl Grey](#), whose citrus sharpness works like a squeeze of lemon against white chocolate.
- [L'Or Espresso Ristretto Coffee Pods, 10 Pods 52g](#): A short, dark coffee that supplies the bitterness the cookie goes without.

Elsewhere in the Maryland range

- [Maryland Chocolate Chip Cookie Twin Pack, 2 Pack 400g](#)
- [Maryland Chocolate Chip Cookies, 200g](#)
- [Maryland Cookies Caramel & Chocolate Chip, 200g](#)
- [Maryland Cookies Double Chocolate, 200g](#)
- [Maryland Cookies Minis Double Chocolate 10 Multipacks, 198g](#)
- [Maryland Cookies Minis White Chocolate Chip, 6 Multipacks](#)

The full range is on the [Maryland brand page](#).

FAQ

Why is it sweeter than the original Maryland? White chocolate has no cocoa solids, which are where chocolate's bitterness comes from. With nothing bitter in the cookie, the same style of bake tastes sweeter.

What is in the white chocolate chips? Per the published ingredient list: sugar, dried whole milk, cocoa butter, dried skimmed milk, soya lecithin and flavourings.

What should I drink with white chocolate chip cookies? A strong black tea with little or no milk and no sugar, or a plain black coffee.

Is it a good dunker? For about two seconds. The crisp base would last longer, but the chips go first.

Should I buy this or the original chocolate chip? If you are unsure who will eat it, the original suits more drinks and more people. Buy the white when you know someone in the house asks for it by name.

Curator's note: Brew a proper strong Assam and leave the sugar bowl where it is. With a strong cup beside it, this sweet sleeve becomes one grown-ups will happily share. Lee, [teas.co.uk](#), Tunbridge Wells.

In short: Maryland White Chocolate Chip Cookies: Finding the Right Cup

Field	Detail
Brand	Maryland
Packs we stock	200g
Category	Cookies
Allergens (as published)	It contains wheat (gluten), milk and soya.

Field	Detail
Dunkable	Yes, about two seconds
Best with	Strong black tea or black coffee, unsweetened
On the plate	Tart berries to cut the sweetness

More from the tea wiki

- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
- [Tea and Food Pairing: The Five Principles](#)
- [Tea with Chocolate: Pair by Cocoa Percentage](#)
- [Tea and Chocolate Pairing](#)

Earn rewards on teas.co.uk

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.



teas.co.uk · Tunbridge Wells, Kent · hello@teas.co.uk · 3-click cancel at teas.co.uk/cancel/