

Maryland Chocolate Chip Cookies Twin Pack: Why Two Sleeves

From the teas.co.uk wiki

Maryland Chocolate Chip Cookies Twin Pack: Why Two Sleeves, in summary: Two sealed 200g sleeves of the classic crisp Maryland cookie, 400g in all. Open one and leave the other shut, dunk for no more than two seconds, and pour a black tea of medium strength.

Last reviewed by the teas.co.uk team in September 2026.

The twin pack exists because a thin, crisp cookie begins to lose its snap as soon as air gets into the sleeve. Splitting 400g into two sealed halves means the second sleeve waits in its original condition while the first is eaten.

What the pack actually holds

This is the standard Maryland [chocolate](#) chip cookie, bought as a pair of sleeves rather than one. The published ingredient list is short: wheat flour, chocolate chips making up a quarter of the recipe, sugar, palm oil, whey, a little syrup, raising agents, salt and flavourings. It is baked thin and dry, the house style the brand calls crunchy and crumbly, so it snaps cleanly instead of bending.

The label lists wheat, milk and soya, with a may-contain warning for nuts, so it is not one for anyone avoiding gluten, dairy or nuts. The brand's roots are worth a line too: Maryland cookies were first made in 1956 by Symbol [Biscuits](#), a Lyons business in Blackpool, and the company that owns the brand today still calls its Blackpool bakery the home of Maryland.

One sleeve open, one sleeve shut

Air is the enemy of a thin cookie. Once the seal is broken the crunch starts to fade, and a chocolate chip cookie that has gone soft has lost the very thing that made it worth [dunking](#). A single 400g sleeve would leave the whole pack exposed for as long as it took to finish. Two sleeves solve that simply: the second one stays exactly as it was packed until the first is gone.

To look after the open sleeve, fold the end over tightly and clip it, or tip the cookies into a tin with a close-fitting lid, and keep them away from the kettle, where steam does quiet damage. If your household gets through a sleeve in a day or two, the twin pack is the sensible buy; if one lasts a week, the single 200g sleeve suits you better.

Two seconds and a medium brew

It dunks better than most cookies because the bake is crisp, but the chips set the limit. Give it two seconds. The dough itself would hold on longer, yet the pockets of chocolate soften first and tend to slip away into the tea, which is the real reason to lift it out early. Dunk it upright and quickly rather than resting it against the rim of the mug.

This is a gentle cookie, so the cup should not bury it. A [black tea](#) of medium strength, given three to four minutes with water straight off the boil, suits it well, with or without milk. A stewed builder's pot flattens the buttery, browned-sugar character that carries most of the flavour. A glass of cold milk shifts the balance too, quietening the sweetness and bringing the golden dough forward.

The packs we stock

- [Maryland Chocolate Chip Cookie Twin Pack, 2 Pack 400g](#) (barcode 072417194382)

What the label says

The published ingredient list for Maryland Chocolate Chip Cookie Twin Pack, 2 Pack 400g (barcode 072417194382) says it contains wheat (gluten), milk and soya, and it may contain nuts. Check the current UK pack before purchase; formulations and allergen advice can change.

Ingredients, as published: Wheat flour (Wheat flour, Calcium carbonate, Niacin, Iron, Thiamin). Chocolate chips (25%) (Sugar, Cocoa mass, Vegetable fats (Sustainable palm, Shea, Sal), Emulsifiers (Soya lecithin, E442, E476), Cocoa butter, Flavourings), Sugar, Sustainable palm oil, Whey or whey derivatives (Milk). Partially inverted sugar syrup, Raising agents (Sodium bicarbonate, Ammonium bicarbonate), Salt, Flavourings. !. May contain nuts.

Typical values per 100g Per 100g

Energy	483 kcal
Fat	22g
of which saturates	11g
Carbohydrate	65g
of which sugars	31g
Fibre	2.1g
Protein	5.5g
Salt	0.6g

Ingredient and nutrition data for this barcode: Open Food Facts (openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to drink with it

- [Tetley Earl Grey, 50 Tea Bags 125g](#): An everyday [Earl Grey](#) at medium strength, whose citrus note lifts the buttery dough without drowning it.
- [Dilmah Ceylon Pure Green Loose Leaf Tea, 100g](#): A lighter green cup for the afternoon that lets the pockets of chocolate stand out.
- [Nescafe Gold Blend Intense Instant Coffee, 190g](#): A fuller-bodied instant, quick to make, for the mid-morning break where a sleeve of these usually gets opened.
- [Tetley Redbush Vanilla, 40 Tea Bags 100g](#): A soft vanilla [redbush](#) that echoes the browned-sugar notes in an evening cup.

Elsewhere in the Maryland range

- [Maryland Chocolate Chip Cookies, 200g](#)
- [Maryland Cookies Caramel & Chocolate Chip, 200g](#)
- [Maryland Cookies Double Chocolate, 200g](#)
- [Maryland Cookies Minis Double Chocolate 10 Multipacks, 198g](#)
- [Maryland Cookies Minis White Chocolate Chip, 6 Multipacks](#)
- [Maryland Cookies S'wich Choc Creme Biscuits, 150g](#)

The full range is on the [Maryland brand page](#).

FAQ

Is the twin pack two 200g sleeves? Yes. The 400g is split across two sealed sleeves of the standard cookie, so you only ever have one open at a time.

How long can you dunk a Maryland cookie? About two seconds. The crisp base would last longer, but the chocolate chips soften first and are the part that ends up in the mug.

How do I keep an opened sleeve crisp? Close it tightly or move the cookies into an airtight tin, and keep them somewhere cool and dry, away from kettle steam.

What allergens are on the label? The published ingredient list includes wheat, milk and soya, and the label warns that it may contain nuts. The pack in your hand is the final word, as recipes can change.

Twin pack or single sleeve? The twin pack suits a household that gets through cookies quickly. If one sleeve lasts you a week, buy the single sleeve and open a fresh one when you need it.

Curator's note: Hide the second sleeve at the back of the cupboard where nobody finds it early. A crisp Maryland beside a medium mug of tea is the everyday break done properly. Lee, teas.co.uk, Tunbridge Wells.

In short: Maryland Chocolate Chip Cookies Twin Pack: Why Two Sleeves

Field

Detail

Brand	Maryland
Packs we stock	2 Pack 400g
Category	Cookies
Allergens (as published)	It contains wheat (gluten), milk and soya, and it may contain nuts.
Dunkable	Yes, for about two seconds
Brew	Medium black tea, three to four minutes
Buy it if	A sleeve lasts a day or two in your house

More from the tea wiki

- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
- [Tea and Food Pairing: The Five Principles](#)
- [Tea with Chocolate: Pair by Cocoa Percentage](#)
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