

Lu Le Petit Cookie: A French Chocolate Chip Cookie

From the teas.co.uk wiki

Lu Le Petit Cookie: A French Chocolate Chip Cookie, in summary: A plain, only moderately sweet crumb set with solid chunks of chocolate, which make up a third of the recipe. Every bite differs, the cocoa lingers, and it takes a two-second dunk in a strong breakfast tea.

Last reviewed by the teas.co.uk team in September 2026.

Chocolate is 33% of Le Petit Cookie by the published ingredient list, almost level with the wheat flour at 34%. Because it comes as chunks rather than fine chips, that chocolate arrives unevenly, and the unevenness is the point.

Chunks, and why every bite differs

A fine chip melts into the dough and spreads chocolate thinly through every mouthful. A chunk survives the bake as a solid piece, so some bites are mostly chocolate and others have hardly any. Chunks also melt slowly, so the chocolate is still there as the crumb clears, and it tastes deeper and lasts longer than a scattering of chips would, even though the biscuit around it is plain.

Anyone who wants exactly the same chocolate in each bite should look at a topped biscuit such as Lu's own Le Petit Chocolat. If you enjoy the lottery of a big chunk at the edge, this is the one. It sits in the Le Petit range beside the plain Petit Beurre, the spiced Biscotte and the lemon soft bakes, each built around one clear idea.

A plainer crumb, and probably a crisp one

Lu bakes this less sweet than many of the British and American cookies it shares a shelf with, so the chocolate feels like the sweet part and the crumb like a plain frame for it. The ingredient list is simple: wheat flour, chocolate, palm oil, sugar, raising agents, salt, a carotene colour, flavouring and skimmed milk powder.

The pack does not call these soft bakes, a label Lu uses for its lemon Le Petit Citron, which points to a crisp cookie rather than a chewy one; the pack in hand settles it. By the published list it contains wheat (gluten), milk and soya, and it may contain egg and nuts, so check the label if either matters.

Dunking, storage and the cup

It takes a quick [dunk](#) well, which a coated bar cannot, because the open crumb soaks up tea evenly rather than collapsing from its surface inwards. Two seconds is the limit, and any chunk at the dunked end softens first and melts onto the tongue, which is rather the point. The same open crumb pulls damp from the air, so an opened pack loses its crispness within days and does not get it back.

Open it in a week when the biscuit tin is busy, and clip the pack shut between visits. For the cup, a strong breakfast tea with milk gives the chocolate something sturdy to lean on, and a dark-roast espresso meets it from the bitter side. A vanilla [redbush](#) is the softer evening choice.

The packs we stock

- [Lu Le Petit Cookie with Chunky Rich Chocolate Chips, 184g](#) (barcode 7622202037528)

What the label says

The published ingredient list for Lu Le Petit Cookie with Chunky Rich Chocolate Chips, 184g (barcode 7622202037528) says it contains wheat (gluten), milk and soya, and it may contain egg and nuts. Check the current UK pack before purchase; formulations and allergen advice can change.

Ingredients, as published: WHEAT flour 34 %, chocolate 33 % [sugar, cocoa mass, vegetable fats (palm, shea in varying proportions), glucose, cocoa butter, emulsifier (SOYA lecithins)], palm oil, sugar, raisin agents (ammonium carbonates, sodium carbonates, diphosphates), salt, colour (carotenes), flavouring, skimmed MILK powder. MAY CONTAIN EGG, NUTS.

Typical values per 100g Per 100g

Energy	503 kcal
Fat	29g
of which saturates	14g
Carbohydrate	60g
of which sugars	36g
Fibre	3.3g
Protein	5.7g
Salt	1g

Ingredient and nutrition data for this barcode: Open Food Facts (openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to drink with it

- [Glengettie Welsh Breakfast Tea, 80 Tea Bags 250g](#): a strong breakfast tea with milk, sturdy enough for a dunk and for the chocolate.
- [Yorkshire Tea Gold Blend Loose Leaf Tea, 250g](#): a fuller loose-leaf pot for a slower afternoon with the pack.

- [Starbucks Espresso Roast by NESPRESSO Coffee, Dark Roast, Box of 36, 198g](#): a dark-roast espresso that meets the chocolate from the bitter side.
- [Tetley Redbush Vanilla, 40 Tea Bags 100g](#): a vanilla redbush for the evening, soft and sweet-smelling beside chocolate.

Elsewhere in the Lu range

- [Lu Le Petit Beurre Biscuits With Butter & a Hint of Salt, 167g](#)
- [Lu Le Petit Biscotte Crunchy Cinnamon Brown Sugar Biscuits, 200g](#)
- [Lu Le Petit Chocolat Chocolate Topped Biscuits, 100g](#)
- [Lu Le Petit Chocolat Dark Chocolate Biscuits, 100g](#)
- [LU Le Petit Citron Lemon Flavoured Soft Bakes, 5 Pack 140g](#)

The full range is on the [Lu brand page](#).

FAQ

What is the difference between chocolate chunks and chips? Size. Chips melt into the dough and spread evenly; chunks stay whole, so the chocolate comes in bursts and lasts longer in the mouth.

Can you dunk Lu Le Petit Cookie? Yes, briefly. Two seconds is enough before the crumb starts to give way.

Is Lu Le Petit Cookie crisp or soft? Lu does not call it a soft bake, as it does the Le Petit Citron, which suggests a crisp cookie. The pack is the final word.

Does Lu Le Petit Cookie contain nuts? Nuts are not on the ingredient list, but the label says it may contain nuts and egg. It contains wheat (gluten), milk and soya.

What should I drink with a chocolate chip cookie? A strong breakfast tea with milk, or a dark-roast espresso. A vanilla redbush suits the evening.

Curator's note: Eat these slowly, one at a time, and save the biggest chunk for last. A strong mug of breakfast tea is all they need. Lee, teas.co.uk, Tunbridge Wells.

In short: Lu Le Petit Cookie: A French Chocolate Chip Cookie

Field	Detail
Brand	Lu
Packs we stock	184g
Category	Cookies
Allergens (as published)	It contains wheat (gluten), milk and soya, and it may contain egg and nuts.
Dunkable	Yes, two seconds
Chocolate	Chunks, about a third of the recipe
Best with	A strong breakfast tea with milk

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- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
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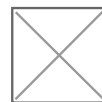
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