

KitKat 2 Finger Milk Chocolate: choosing a box and keeping the snap

From the teas.co.uk wiki

KitKat 2 Finger Milk Chocolate: choosing a box and keeping the snap, in summary:

The benchmark two-finger: crisp wafer, milk chocolate shell, about 20.7g a bar. Pick the eight, twelve or eighteen box by where you store it, keep it cool to avoid bloom and dunk for two seconds.

Last reviewed by the teas.co.uk team in September 2026.

By Nestlé's account, no biscuit bar outsells the two-finger in the UK, and it has always been sold in the biscuit aisle rather than beside the [chocolate](#). It is built like a chocolate bar, sized to sit next to a mug, and nearly everything about enjoying it well comes down to temperature.

A wafer held together by chocolate

The wafer inside is mostly air in a thin starch lattice, with almost no moisture and very little strength of its own. The milk chocolate shell is what holds the bar together, and it supplies the snap, the gloss and nearly all the aroma. That is why a bar from a cool cupboard breaks cleanly while one from a warm room simply bends.

The published ingredient list starts with sugar and wheat flour, then skimmed and whole milk powders, cocoa mass and cocoa butter, with natural vanilla flavourings further down. Per that list the bar contains wheat, milk and soya. The bar began at Rowntree's in York in 1935, from an employee's idea for something that would fit in a lunch box.

Eight, twelve or eighteen bars?

We stock three boxes of the same bar: eight at 165.6g, twelve at 248.8g and eighteen at 372.6g, which comes to about 20.7g a bar in every size. Because each bar is wrapped on its own, opening the box does not expose the rest, so the size question is really about how steady your [storage](#) is and how many people are dipping in.

Eighteen bars keep one person in tea-break chocolate for about two weeks, or a pair of you for one; eight see a working week through with a few to spare. If the box will sit somewhere that warms up in the afternoon and cools overnight, buy the smaller size and restock more often, because that daily swing is what spoils chocolate, as the next section explains.

Bloom, snap and the two-second dunk

Bloom is the pale, chalky film that appears when chocolate warms and sets again. It looks as if something has gone wrong, but it is neither mould nor age, and the bar is safe to eat. What goes is the gloss and the clean break, and neither returns. A cool, dark, steady cupboard prevents it; a shelf above a radiator practically guarantees it.

When [dunking](#), keep your eye on the chocolate, not the wafer, and count to two. The chocolate softens and begins to slide long before the inside gives way, and any finger left in for a third second is likely to finish up in the tea. Pour a standard everyday black blend, brewed three to four minutes, with a generous splash of milk; here, more milk genuinely helps.

The packs we stock

- [KitKat 2 Finger Milk Chocolate Biscuit Bars Multipack, 8 Pack 165.6g](#) (barcode 8445291524545)
- [KitKat 2 Finger Milk Chocolate Biscuit Bars Multipack, 12 Pack 248.8g](#) (barcode 8445291569171)
- [KitKat 2 Finger Milk Chocolate Biscuit Bars Multipack, 18 Pack 372.6g](#) (barcode 8445291524620)

What the label says

The published ingredient list for KitKat 2 Finger Milk Chocolate Biscuit Bars Multipack, 18 Pack 372.6g says it contains wheat (gluten), milk and soya. Check the current UK pack before purchase; formulations and allergen advice can change.

Ingredients, as published: Sugar, Wheat flour (contains Calcium, Iron, Thiamin and Niacin), Milk powders (Skimmed and whole), Cocoa mass, Cocoa butter, Vegetable fats (Palm, Palm kernel, Shea/ Illipe/ Mango kernel/ Kokum gurgi/ Sal), Lactose and proteins from whey (from Milk), Whey powder (from Milk), Emulsifiers (Sunflower lecithin, Soya lecithin), Yeast, Raising agent (Sodium bicarbonate), Natural vanilla flavourings, Salt, Butterfat (from Milk), Natural flavorings.

Typical values per 100g Per 100g

Energy	502 kcal
Fat	24.4g
of which saturates	13.7g
Carbohydrate	62.7g
of which sugars	51g
Fibre	2.1g
Protein	6.7g
Salt	0.2g

Ingredient and nutrition data for this product: [Open Food Facts \(openfoodfacts.org\)](https://openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to drink with it

- [Yorkshire Tea Original Everyday Blend, 80 Tea Bags 250g](#): Yorkshire Tea's everyday blend at three to four minutes with a generous splash of milk, the classic partner for the milk two-finger.
- [Twinings English Breakfast Decaffeinated 40, 109g](#): A breakfast-style decaffeinated cup for the evening bar, still robust enough to take plenty of milk.
- [L'Or Nespresso Compatible Espresso Supremo Aluminium Coffee Intensity 10, 10 Capsules](#): A short black coffee from a Nespresso-compatible capsule, for the break that calls for coffee instead of tea.

Elsewhere in the KitKat range

- [KitKat 2 Finger Caramel Milk Chocolate Biscuit Bars Multipack, 8 Pack 165.6g](#)
- [KitKat 2 Finger Chocolate Orange Biscuit Bars Multipack, 12 Pack 248.8g](#)
- [KitKat 2 Finger Cookie Dough Flavour Chocolate Bar Multipack, 8 Pack 165.6g](#)
- [KitKat 2 Finger Dark Chocolate Biscuit Bar Multipack, 8 Pack 165.6g](#)
- [KitKat 2 Finger Gingerbread Flavour Chocolate Biscuit Bar Multipack, 8 Pack 165.6g](#)
- [KitKat 2 Finger Hazelnut Flavour Chocolate Biscuit Bar Multipack, 8 Pack 165.6g](#)

The full range is on the [KitKat brand page](#).

FAQ

What is the white film on my KitKat? Bloom, which forms when chocolate warms and sets again. It is not mould and the bar is safe to eat, but the gloss and snap will not return.

How many bars come in each box? Eight, twelve or eighteen, weighing 165.6g, 248.8g and 372.6g, so about 20.7g a bar whichever you pick.

What allergens does the milk chocolate two-finger contain? The published ingredient list names wheat, milk and soya. Check the current UK pack, as recipes and allergen advice can change.

How long can you dunk a two-finger? Two seconds. The coating starts to slide before the wafer gives way, and a third second usually costs you the bar.

How much milk should go in the tea? A generous splash, in a standard black blend brewed three to four minutes. Few pairings benefit from extra milk, but this is one of them.

Curator's note: Count to two, lift, eat. Keep the box away from the radiator and the last bar will be as good as the first. Lee, teas.co.uk, Tunbridge Wells.

In short: KitKat 2 Finger Milk Chocolate: choosing a box and keeping the snap

Field	Detail
Brand	KitKat

Field	Detail
Packs we stock	8 Pack 165.6g; 12 Pack 248.8g; 18 Pack 372.6g
Category	Chocolate Biscuits
Allergens (as published)	It contains wheat (gluten), milk and soya.
Dunkable	Yes, for two seconds
Best with	A strong everyday black tea with plenty of milk
Which box	Eight for one person, eighteen for a household with steady storage

More from the tea wiki

- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
- [Tea and Food Pairing: The Five Principles](#)
- [Tea with Chocolate: Pair by Cocoa Percentage](#)
- [Tea and Chocolate Pairing](#)

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