

KitKat 2 Finger Dark Chocolate: the tea drinker's KitKat

From the teas.co.uk wiki

KitKat 2 Finger Dark Chocolate: the tea drinker's KitKat, in summary: The dark two-finger brings its own bitterness, so it partners tea better than the milk bar. It is still sweet, and the published ingredients include milk and wheat. Try it with Assam, a strong breakfast blend or Earl Grey.

Last reviewed by the teas.co.uk team in September 2026.

Dark [chocolate](#) supplies its own bitterness, where the milk bar has to rely on the cup for it. That single difference changes which teas suit it, how it copes with a warm hand and when in the day it belongs.

What the dark bar is made of

The published ingredient list opens with sugar and then cocoa mass, ahead of the wheat flour for the wafer, with cocoa butter further down. Dark chocolate generally carries more cocoa solids and less sugar than milk chocolate, so the sweetness arrives more gently and the finish is cleaner. It also sets harder, giving a sharper snap that survives a warm hand for longer.

Do not assume a dark coating means no dairy. This bar's list names butterfat, whole milk powder, skimmed milk powder and whey, alongside the wheat flour. Anyone avoiding milk should go by the label, not the look of the coating, and check the current UK pack each time they buy, since recipes and allergen advice can change.

A moderated KitKat, not a dark chocolate bar

Coming from a serious dark chocolate bar, you will find this sweeter than you expect. The wafer is the same sweet wafer found across the two-finger range, and a darker coat cannot rebalance the whole bar alone. If the milk two-finger starts to cloy by your second bar, this balance will suit you; if you hunt cocoa, look elsewhere.

That restraint is also why it suits the end of a meal. At 165.6g for the box of eight, each bar weighs roughly 20.7g, a sensible size to finish a meal with. Keep them in a cool cupboard rather than the fridge: a chilled shell is so hard that it releases hardly any aroma, and much of the flavour goes unnoticed. If one has been refrigerated, give it ten minutes on the side first.

Assam, breakfast blends and the Earl Grey question

More teas work here than with the milk bar. Malty depth against cocoa depth is the strongest match, so an [Assam](#) or a robust breakfast blend comes first. An everyday brew at three to four minutes is fine too, and it does not need stewing as hard as it would beside milk chocolate. Milk in the tea is optional rather than required.

[Earl Grey](#) is worth trying even if you have dismissed the idea. Dark chocolate and bergamot have long been paired in confectionery, and the combination carries over to a mug well; with the milk bar, the sugar tends to flatten the citrus. A quick [dunk](#) is possible here, and the harder shell copes slightly better than the milk version does, but keep it brief.

The packs we stock

- [KitKat 2 Finger Dark Chocolate Biscuit Bar Multipack, 8 Pack 165.6g](#) (barcode 8445291524583)

What the label says

The published ingredient list for KitKat 2 Finger Dark Chocolate Biscuit Bar Multipack, 8 Pack 165.6g (barcode 8445291524583) says it contains wheat (gluten) and milk. Check the current UK pack before purchase; formulations and allergen advice can change.

Ingredients, as published: Sugar, cocoa mass, WHEAT flour (contains calcium, iron, thiamin and niacin), vegetable fats (palm, palm kernel, shea, sal), cocoa butter, butterfat (MILK), emulsifier (lecithins), whole MILK powder, whey powder product (MILK), yeast, raising agent (sodium bicarbonate), skimmed MILK powder, glucose syrup, whey powder (MILK), natural flavourings.

Typical values per 100g Per 100g

Energy	501 kcal
Fat	25.7g
of which saturates	14.2g
Carbohydrate	58.6g
of which sugars	44.8g
Fibre	5.5g
Protein	5.6g
Salt	0g

Ingredient and nutrition data for this barcode: Open Food Facts (openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to drink with it

- [Yorkshire Tea Gold Blend Loose Leaf Tea, 250g](#): Loose-leaf Gold Blend from Yorkshire Tea, brewed strong enough to meet the cocoa depth head on, with or without milk.

- [Hyson Premium Breakfast Tea, 100 Tea Bags 180g](#): A robust breakfast tea bag for an everyday cup brewed three to four minutes beside the bar.
- [PG Tips English Breakfast Special Blends Speciality Black, 70 Tea Bags](#): A breakfast blend with the body to stand next to a bitter-edged coating.
- [L'Or Espresso Ristretto Intensity 11 Coffee, 40 Pods 208g](#): A ristretto for after dinner, where this bar feels most at home, with cocoa and roast meeting in a small cup.

Elsewhere in the KitKat range

- [KitKat 2 Finger Caramel Milk Chocolate Biscuit Bars Multipack, 8 Pack 165.6g](#)
- [KitKat 2 Finger Chocolate Orange Biscuit Bars Multipack, 12 Pack 248.8g](#)
- [KitKat 2 Finger Cookie Dough Flavour Chocolate Bar Multipack, 8 Pack 165.6g](#)
- [KitKat 2 Finger Gingerbread Flavour Chocolate Biscuit Bar Multipack, 8 Pack 165.6g](#)
- [KitKat 2 Finger Hazelnut Flavour Chocolate Biscuit Bar Multipack, 8 Pack 165.6g](#)
- [KitKat 2 Finger Milk Chocolate Biscuit Bars Multipack, 18 Pack 372.6g](#)

The full range is on the [KitKat brand page](#).

FAQ

Is KitKat 2 Finger Dark Chocolate dairy free? No. The published ingredient list names milk ingredients, including butterfat and milk powders, plus wheat flour, so check the current pack if you are avoiding either.

Is it much less sweet than the milk KitKat? Somewhat, but it remains a sweet bar because the wafer inside is unchanged. Think of it as a toned-down KitKat, not a dark chocolate bar.

Does Earl Grey really go with it? Yes. Bergamot and dark chocolate are an old pairing, and it works far better here than with the milk version.

Can you dunk the dark two-finger? Briefly. The harder shell copes slightly better than milk chocolate does, but a long dunk still ends in the mug.

Should it be kept in the fridge? A cool cupboard is better. Fridge-cold chocolate gives up little aroma, so if yours has been chilled, let it sit out for ten minutes.

Curator's note: This is the two-finger I would put out after dinner with a pot of Assam. If the milk bar is too sweet for you by the second finger, start here. Lee, teas.co.uk, Tunbridge Wells.

In short: KitKat 2 Finger Dark Chocolate: the tea drinker's KitKat

Field	Detail
Brand	KitKat
Packs we stock	8 Pack 165.6g
Category	Chocolate Biscuits
Allergens (as published)	It contains wheat (gluten) and milk.
Dunkable	Briefly, the harder shell helps

Field	Detail
Best with	Assam, a strong breakfast blend or Earl Grey
Occasion	After dinner

More from the tea wiki

- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
- [Tea and Food Pairing: The Five Principles](#)
- [Tea with Chocolate: Pair by Cocoa Percentage](#)
- [Tea and Chocolate Pairing](#)

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