

Jutrzenka Familijne Cocoa Wafers: A Block for Sharing

From the teas.co.uk wiki

Jutrzenka Familijne Cocoa Wafers: A Block for Sharing, in summary: Familijne is Polish for family, and this 180g cocoa-cream wafer block is made to be snapped and shared. It tastes sweet rather than bitter, so pair it with a dark roast or strong black tea, never a sugary drink.

Last reviewed by the teas.co.uk team in September 2026.

In Polish, familijne means family, and that tells you how to eat this wafer better than any flavour note could. This is a slab of layered cocoa wafer to break up at the table and hand round, not a [chocolate](#) biscuit to savour alone.

Cocoa in the cream, not the crumb

Everything rich about this wafer lives in the cream between the sheets. Cocoa suspended in a fatty cream tastes rounder and gentler than it does in a baked crumb: the fat reaches the tongue first and the cocoa comes through behind it. The result is sweet rather than bitter, and anyone expecting the bite of a dark chocolate biscuit will find something much softer.

The wafer sheets bring texture rather than flavour. Baked hard and dry, they shatter under very little pressure, a different pleasure from the snap of a biscuit, and each cream layer is thin, so the richness builds across a few pieces instead of arriving at once. The published nutrition panel reflects the build: 30g of fat and 34g of sugars per 100g.

What the label tells you

The published allergen statement for this barcode says it contains wheat (gluten), milk and soya, and that it may contain nuts, peanuts and sesame. That rules it out for anyone avoiding dairy and makes the may-contain line worth reading for anyone with a nut allergy. As ever, the current UK pack has the final word, because recipes and allergen advice can change.

Of the Familijne packs we carry, this is the cocoa one, sold alongside a plain cream version and a hazelnut. All three share the same idea of crisp wafer sheets layered with cream and sold as one block to break and share. Jutrzenka, based in Bydgoszcz in Poland and part of the Colian group since 2003, first made

Familijne wafers in 1995.

A drink that cuts, not one that agrees

Nothing in a sweet cocoa cream pushes back against the sugar, so the cup has to do it. That points towards strong [black tea](#) or a dark-roasted coffee, and away from anything sweet and milky, which would only add to the sweetness. Unusually for our biscuit shelves, this is a treat we would put beside a darker roast rather than a gentler one.

Do not [dunk](#) it; a wafer this thin is gone before it reaches your mouth. Snap pieces off in front of everyone, since the cocoa smell is released from a fresh break, and let the block come up from a cold cupboard first, as a chilled wafer tastes of very little until the cream softens. Once opened, seal it well, because humidity turns wafer leathery.

The packs we stock

- [Jutzenka Familijne Wafers - Cocoa, 180g](#) (barcode 5900352001555)

What the label says

The published ingredient list for Jutzenka Familijne Wafers - Cocoa, 180g (barcode 5900352001555) says it contains wheat (gluten), milk and soya, and it may contain nuts, peanuts and sesame. Check the current UK pack before purchase; formulations and allergen advice can change.

Typical values per 100g Per 100g

Energy	544 kcal
Fat	30g
of which saturates	15g
Carbohydrate	61g
of which sugars	34g
Protein	7g
Salt	0g

Ingredient and nutrition data for this barcode: Open Food Facts (openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to drink with it

- [Starbucks Espresso Roast by NESPRESSO Coffee, Dark Roast, Box of 36, 198g](#): A dark roast espresso whose bitterness is exactly what the sweet cocoa cream lacks.
- [L'Or Espresso Ristretto Intensity 11 Coffee, 40 Pods 208g](#): A short, intense coffee that cuts straight through a sweet wafer.
- [Hyson Premium Breakfast Tea, 100 Tea Bags 180g](#): For tea drinkers, a strong black breakfast tea that brings the tannin the wafer needs.

- [Good Earth Rooibos Chai, 15 Tea Bags 34.5g](#): Warm spice and cocoa are an easy match, and a good choice for a sharing plate later in the day.

Elsewhere in the Jutrzenka range

- [Jutrzenka Familijne Cream Wafers, 180g](#)
- [Jutrzenka Familijne Wafers - Hazelnut, 180g](#)
- [Jutrzenka Jezyki Classic Biscuits, 140g](#)

The full range is on the [Jutrzenka brand page](#).

FAQ

What does Familijne mean? It is the Polish word for family, a clue that the 180g block is meant to be broken up and shared.

Are Familijne cocoa wafers chocolate biscuits? No. They are layered wafer sheets with a cocoa cream between them, sweet rather than bitter and far lighter in texture than a coated biscuit.

Do Familijne cocoa wafers contain milk? Yes. The published allergen statement lists wheat (gluten), milk and soya, and says they may contain nuts, peanuts and sesame.

What coffee goes with cocoa wafers? A dark roast or a short espresso. The bitterness balances the sweet cream, where a sweet milky drink only adds to it.

Why has my wafer gone leathery? Humidity. Once the pack is open the wafer pulls moisture from the air and bends rather than snaps, so keep it sealed.

Curator's note: Put the whole block on a board in the middle of the table with a pot of strong coffee and let people snap their own. It vanishes faster that way, which is how it should be. Lee, teas.co.uk, Tunbridge Wells.

In short: Jutrzenka Familijne Cocoa Wafers: A Block for Sharing

Field	Detail
Brand	Jutrzenka
Packs we stock	180g
Category	Wafers
Allergens (as published)	It contains wheat (gluten), milk and soya, and it may contain nuts, peanuts and sesame.
Dunkable	No
Best with	Dark roast coffee or strong black tea
Occasion	A sharing plate for four or more

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