

Fox's Milk Chocolate Rounds: a biscuit that is mostly coating

From the teas.co.uk wiki

Fox's Milk Chocolate Rounds: a biscuit that is mostly coating, in summary: Milk chocolate is 71% of these thin rounds, so the coating decides everything: sweetness, snap and how they cope with warmth. Serve them cool beside a milky brew, keep them sealed, and do not dunk.

Last reviewed by the teas.co.uk team in September 2026.

The published label puts milk [chocolate](#) at 71% of the biscuit, which makes these closer to a chocolate disc with a crisp spine than a biscuit with a topping. That one proportion explains how they taste, how they should be stored and why a very strong cup is the wrong partner.

When the coating is the biscuit

Beneath the milk chocolate sits a thin round of wheat flour, sugar, palm oil and glucose syrup, there to carry the coating and give it a crisp break rather than to add a taste of its own. Milk chocolate brings sugar and dairy instead of cocoa bitterness, so every bite is sweet and mild, with nothing sharp behind it and nothing to puzzle over.

The pack is 117g, which makes it a plate-and-tin biscuit for two people and a pot rather than a packet to see a household through the week. The label says it contains wheat, milk and soya and carries a may-contain warning for nuts, so it is not one for anyone avoiding those. Everything else about it comes back to the coating.

Cool, sealed and dry

Keep them cool. A crisp break is what a thin coated round does best, and heat robs it of that before anything else: a warm room softens the chocolate, dulls the gloss and leaves marks on fingers and plates. If the surface ever turns pale and dusty, that is bloom, where warmed fat has crept to the surface and set again. It is harmless, but the shine and the crack never quite return.

Moisture is the other enemy. A thin biscuit pulls damp out of the air once the pack is open and turns limp within days, which is worse than going stale. Press the inner wrapper tight after every opening or, better still, tip the rounds into an airtight tin and keep it somewhere cool, well away from the kettle and the cooker.

A gentle drink for a gentle biscuit

A milk chocolate round has no bitter weight to set against a big drink, so a strong espresso or a stewed [black tea](#) simply runs over it. It is happiest beside an ordinary cup of tea with milk, a milky coffee, even a [hot chocolate](#), where neither the cup nor the biscuit is trying to dominate. That makes it an afternoon biscuit much more than an after-dinner one.

Do not [dunk](#). A thin round has no deep crumb to soak up tea evenly, so it gives way within a second or so and the coating slips off instead of melting neatly. For something to dip, look elsewhere in the tin. These are for a plate beside the pot, a few at a time, taken from a cool cupboard and eaten while the snap is still there.

The packs we stock

- [Fox's Chocolatey Biscuits Milk Chocolate Rounds, 117g](#) (barcode 5010035002318)

What the label says

The published ingredient list for Fox's Chocolatey Biscuits Milk Chocolate Rounds, 117g says it contains wheat (gluten), milk and soya, and it may contain nuts. Check the current UK pack before purchase; formulations and allergen advice can change.

Ingredients, as published: Milk Chocolate (71%) (Sugar, Cocoa Butter, Dried Skimmed Milk, Cocoa Mass, Dried Whey (Milk), Vegetable Fats (Palm, Shea, Sal, Mango in varying proportions), Butter Oil (Milk), Emulsifier: Soya Lecithin), Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamin, Niacin), Sugar, Palm Oil, Glucose Syrup, Salt, Raising Agents: Ammonium Bicarbonate, Disodium Diphosphate, Sodium Bicarbonate, Partially Inverted Refiners Syrup, Flavourings, Emulsifier: Soya Lecithin, Milk Chocolate contains Cocoa Solids 25% minimum, Milk Solids 14% minimum.

Typical values per 100g Per 100g

Energy	512 kcal
Fat	26g
of which saturates	15g
Carbohydrate	62g
of which sugars	50g
Fibre	1.8g
Protein	5.7g
Salt	0.45g

Ingredient and nutrition information for this product, as published on the manufacturer's label. The pack in your hands is the final word.

What to drink with it

- [Yorkshire Tea Original Everyday Blend, 80 Tea Bags 250g](#): an ordinary everyday brew with milk, the kind of cup that lets a sweet milk chocolate round take centre stage.
- [Twinings English Breakfast Decaffeinated, 80 Tea Bags 218g](#): a decaffeinated breakfast tea with milk for an afternoon plate that runs on into the evening.
- [Dragonfly Organic Pure Rooibos, 40 Tea Bags 100g](#): a [rooibos](#) taken with milk, a gentle cup that leaves the milk chocolate room to show.

Elsewhere in the Fox's range

- [Fox's Biscuits Chocolatey Biscuit Selection, 355g](#)
- [Fox's Biscuits Chocolatey Cookies Assortment, 365g](#)
- [Fox's Biscuits Classic Biscuit Selection, 275g](#)
- [Fox's Biscuits Jam 'n' Cream Raspberry & Vanilla Biscuits, 150g](#)
- [Fox's Biscuits Milk Chocolate Viennese, 120g](#)
- [Fox's Biscuits Rocky Caramel Biscuit Bars Multipack, 7 Pack 136.5g](#)

The full range is on the [Fox's brand page](#).

FAQ

How much of Fox's Milk Chocolate Rounds is chocolate? The published label gives milk chocolate as 71% of the biscuit.

Why has the chocolate on my biscuits gone white? That is bloom: the chocolate warmed, its fat moved to the surface and set again. It is harmless, but the gloss and snap do not return.

Are Milk Chocolate Rounds an afternoon or an after-dinner biscuit? Afternoon. They are mild and sweet with no bitter weight, so they sit better beside a milky brew than a strong after-dinner coffee.

How do I keep chocolate rounds crisp after opening? Seal the inner wrapper tightly or move them to an airtight tin, somewhere cool and dry.

What drink suits Milk Chocolate Rounds best? Milky drinks: tea with milk, a milky coffee, even a hot chocolate. Very strong black coffee or tea overwhelms them.

Curator's note: Keep them cool, put three on a plate and pour an ordinary cup of tea with milk. Nothing clever needed. Lee, [teas.co.uk](#), Tunbridge Wells.

In short: Fox's Milk Chocolate Rounds: a biscuit that is mostly coating

Field	Detail
Brand	Fox's
Packs we stock	117g
Category	Chocolate Biscuits

Field	Detail
Allergens (as published)	It contains wheat (gluten), milk and soya, and it may contain nuts.
Occasion	An afternoon plate beside the pot
Best with	A standard tea with milk or a milky coffee
Store	Airtight tin, somewhere cool

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