

Fox's Chocolatey Cookies Assortment: cookie, not biscuit

From the teas.co.uk wiki

Fox's Chocolatey Cookies Assortment: cookie, not biscuit, in summary: Soft-baked cookies, not dry biscuits: more sugar and fat, chocolate in bursts through the crumb, and a chew that fades once the pack is open. Tin them on day one, dunk briefly and pour a malty brew.

Last reviewed by the teas.co.uk team in September 2026.

A biscuit snaps; a cookie bends and then breaks, and nearly everything about this 365g assortment follows from that difference. It explains why the pack goes stale faster, why it dunks the way it does and why it wants a strong cup beside it.

What makes it a cookie

A traditional British biscuit is baked until it is dry and hard, which gives it snap and a long life in the tin. A cookie comes out of the oven still soft at its centre. Its dough carries more sugar and more fat, and the [chocolate](#) is dotted through the crumb instead of spread over the top, so it reaches you in bursts. Sugar here holds the cookie together as much as it sweetens it.

The published ingredient list includes oats and coconut as well as wheat, and the allergen statement for this barcode lists wheat and oats (gluten), milk and soya. Browning the sugar and dough together in the oven is what gives the bake its toasty, caramelised depth, and that depth is what stops a sweet cookie from tasting flat after the first one.

Dunking and keeping

Keep a [dunk](#) to about three seconds. Flour and fat give a cookie enough structure to outlast a [shortbread](#) in hot tea, but when it does go it goes all at once, soggy right through instead of softening gently from the rim. Hold it by one side, dip only the other and eat it straight away, before gravity takes an interest.

The softness that makes a cookie is moisture, and moisture drifts out into a dry kitchen once the pack is open. The warm, toasty smell of the bake fades first and the chew follows within days. Tip the cookies into an airtight tin on the day you open them and you will keep most of that texture; resealing matters far more here than it does with a packet of digestives.

Tannin, espresso and the rest of the range

Because chocolate and sugar both cling to the palate, the drink needs tannin to cut through them: a strong breakfast blend or an [Assam](#), brewed for around four minutes and taken with only a little milk. Green and white teas simply vanish beside it. For coffee drinkers, a short, dark espresso does the same clearing job between cookies.

Among the Fox's lines we stock, this is the one with a chew. The Chocolatey Biscuit Selection is a box of chocolate [biscuits](#) for the pudding plate, and the Classic Selection mixes plain and coated bakes for a tea tray. Choose the cookies if your household prefers a chew to a snap, and plan to finish the tin within the week while the texture lasts.

The packs we stock

- [Fox's Biscuits Chocolatey Cookies Assortment, 365g](#) (barcode 5010035169332)

What the label says

The published ingredient list for Fox's Biscuits Chocolatey Cookies Assortment, 365g (barcode 5010035169332) says it contains wheat and oats (gluten), milk and soya. Check the current UK pack before purchase; formulations and allergen advice can change.

Typical values per 100g Per 100g

Energy	501 kcal
Fat	25g
of which saturates	13.3g
Carbohydrate	62g
of which sugars	35.6g
Fibre	2.6g
Protein	5.6g
Salt	0.4g

Ingredient and nutrition data for this barcode: Open Food Facts (openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to drink with it

- [Yorkshire Tea Gold Blend Loose Leaf Tea, 250g](#): A full, malty pot with enough tannin to clear chocolate and sugar between cookies.
- [Hyson Premium Breakfast Tea, 100 Tea Bags 180g](#): A brisk breakfast blend in bags for the quick afternoon mug.
- [PG Tips English Breakfast Special Blends Speciality Black, 70 Tea Bags](#): A strong [English breakfast](#) cup, taken with just a splash of milk, stands up to the sweetness.

- [Starbucks Espresso Roast by NESPRESSO Coffee, Dark Roast, Box of 36, 198g](#): A dark roast espresso from the Nespresso range for coffee drinkers who want bitterness against the chocolate.

Elsewhere in the Fox's range

- [Fox's Biscuits Chocolatey Biscuit Selection, 355g](#)
- [Fox's Biscuits Classic Biscuit Selection, 275g](#)
- [Fox's Biscuits Jam 'n' Cream Raspberry & Vanilla Biscuits, 150g](#)
- [Fox's Biscuits Milk Chocolate Viennese, 120g](#)
- [Fox's Biscuits Rocky Caramel Biscuit Bars Multipack, 7 Pack 136.5g](#)
- [Fox's Biscuits Rocky Mint Biscuit Bars Multipack, 7 Pack 138g](#)

The full range is on the [Fox's brand page](#).

FAQ

Is a cookie just a soft biscuit? Not quite; moisture and sugar set them apart. A biscuit is baked dry so it snaps and keeps; a cookie stays soft in the middle, bends before it breaks and stales faster once opened.

How long can you dunk a Fox's cookie? About three seconds. It holds out longer than shortbread, then goes soggy all the way through at once.

How do I keep cookies soft after opening? Move them into an airtight tin on the day the pack is opened; the chew fades quickly in open air.

Do Fox's Chocolatey Cookies contain oats? Yes. The allergen statement for this barcode lists wheat and oats (gluten), along with milk and soya. Check the current pack before buying.

What does 'chocolatey' mean on the pack? It is Fox's own description of the range. The ingredient declaration on the pack sets out exactly what the chocolate is in each variety.

Curator's note: Open them, tin them, and keep the dunk to a quick count of three. With a proper malty pot, they are what I reach for at four o'clock. Lee, [teas.co.uk](#), Tunbridge Wells.

In short: Fox's Chocolatey Cookies Assortment: cookie, not biscuit

Field	Detail
Brand	Fox's
Packs we stock	365g
Category	Cookies
Allergens (as published)	It contains wheat and oats (gluten), milk and soya.
Dunkable	Briefly, about three seconds
Keep	Airtight tin from day one
Best with	A strong breakfast blend or an Assam

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- [Tea and Biscuits](#)
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- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
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