

Costa One Pod Cappuccino for Dolce Gusto: one pod instead of two

From the teas.co.uk wiki

Costa One Pod Cappuccino for Dolce Gusto: one pod instead of two, in summary:

Milk powder and coffee share a single Nescafé Dolce Gusto compatible pod here, so you load once and bin once. The trade is a fixed coffee-to-milk ratio. It will not fit a Nespresso or a Tassimo machine.

Last reviewed by the teas.co.uk team in September 2026.

A standard Dolce Gusto milk drink takes two pods, milk first and coffee second; this cappuccino takes one. That single change decides what the drink gains, what it gives up and whose kitchen it belongs in.

What is sealed inside the pod

The published ingredient list is short: whole milk powder at 76%, soluble coffee at 14% and sugar. Read in that order, it explains the cup. Milk is by far the largest part, so milkiness leads; the coffee sits underneath with the darker lean of the Costa house style; and sugar comes last, which fits a cup that is modestly sweet, closer to a cappuccino than to a dessert pod.

Because the milk is in the pod, nothing comes out of the fridge, and that also rules the drink out for anyone keeping to a dairy-free diet; the label lists milk as its allergen. The recipe is otherwise settled at the factory. Your only say in the result is the water volume, and more water simply means a weaker, thinner cup.

One pod against two

On a two-pod build the milk and the coffee run separately, which is how a sixteen-pod box ends up making eight drinks, and why you can pull the coffee shorter or longer against the same milk. Two pods also tend to give a thicker head of foam. The one-pod version halves the loading, the waiting and the waste for each cup, and removes the fuss of remembering which pod goes first.

The trade-off is control, and for a cappuccino that is a small loss, since it is a fixed-ratio drink to begin with. The foam is reliable rather than deep. It suits a busy household where the machine is run at speed on

weekday mornings, rather than someone who likes to fine-tune every cup they make.

Machine fit and a hotter cup

These pods are made for Nescafé Dolce Gusto machines only. Nespresso and Tassimo are different systems, and these pods fit neither, even when the boxes sit side by side. Costa does not sell a machine of its own, so its pods have to earn their place on the drink alone. The box states how many pods it holds, and each pod makes one cup.

The best improvement costs nothing. Before loading the pod, run a plain water shot into the cup and pour it away: a cold cup pulls heat and aroma from the drink the instant it lands. Milk drinks lose their aroma faster than black coffee, because the foam holds it briefly and then lets it go, so drink it straight away while the smell is at its strongest.

The packs we stock

- [Costa Nescafe Dolce Gusto Compatible One Cappuccino, 130g](#) (barcode 5039303004274)

What the label says

The published ingredient list for Costa Nescafe Dolce Gusto Compatible One Cappuccino, 130g says it contains milk. Check the current box before buying, because Costa can update the One Cappuccino recipe and allergen advice.

Ingredients, as published: Whole Milk Powder (76%), Soluble Coffee (14%), Sugar.

Typical values per 100ml Per 100ml

Energy	36 kcal
Fat	1.5g
of which saturates	1.0g
Carbohydrate	3.8g
of which sugars	3.3g
Fibre	0.3g
Protein	1.5g
Salt	0.08g

Ingredient and nutrition information for this product, as published on the manufacturer's label. Your own box of One Cappuccino pods has the last word.

What to eat with it

- [McVitie's Hobnobs The Oaty One Milk Chocolate Twin Pack Biscuits, 2 x 262g](#): two packs of milk [chocolate](#) Hobnobs for a household that runs the machine every weekday morning.
- [Lotus Biscoff Caramelised Biscuits, 250g](#): a caramelised biscuit brings out the darker coffee note under the milk.

- [McVitie's Original Hobnobs Biscuits - The Oaty One, 255g](#): a plain oat biscuit for anyone who wants less sugar beside an already sweetened cup.

Elsewhere in the Costa range

- [Costa Coffee Intense Amazonian Blend Beans, 200g](#)
- [Costa Coffee Intense Amazonian Blend Coffee Beans, 1kg](#)
- [Costa Coffee Intense Amazonian Blend Ground Coffee, 200g](#)
- [Costa Coffee Latte, 10 x 16g](#)
- [Costa Coffee Mocha Italia Signature Blend Coffee Beans, 200g](#)
- [Costa Coffee Smooth Decaf Blend Instant Coffee, 190g](#)

The full range is on the [Costa brand page](#).

FAQ

Which machines take Costa One Pod Cappuccino? Nescafé Dolce Gusto machines. The pods do not fit Nespresso or Tassimo, which are different systems.

Do I need to add milk? No. Whole milk powder is the main ingredient and is sealed in the pod alongside the coffee.

Why do some Dolce Gusto cappuccinos need two pods? A standard build runs a milk pod and a coffee pod one after the other. This range puts both in one pod, so one pod makes one drink.

Is it suitable for a dairy-free diet? No. The label lists milk, and whole milk powder makes up most of the pod.

Does the One Pod Cappuccino contain sugar? Sugar is on the ingredient list, after the milk powder and coffee, and the cup is modestly sweet rather than dessert-like.

Curator's note: Warm the cup first, every time. The recipe is sealed in the pod, so this small habit is where you can still make the drink better. Lee, teas.co.uk, Tunbridge Wells.

In short: Costa One Pod Cappuccino for Dolce Gusto: one pod instead of two

Field	Detail
Brand	Costa
Packs we stock	130g
Category	Coffee Sachets & Mixes
Allergens (as published)	It contains milk.
Caffeine	caffeinated
Machine	Nescafé Dolce Gusto only
Best for	Hurried weekday mornings
Tip	Warm the cup with a water shot first

More from the tea wiki

- [Costa at Home: The Coffee Shop Range](#)
- [Nescafé: The Instant Coffee Benchmark](#)
- [Tea vs Coffee: Taste, Caffeine and Switching](#)
- [Caffeine in Tea](#)
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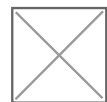
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