

Costa Coffee Latte Pods: One Pod, One Latte

From the teas.co.uk wiki

Costa Coffee Latte Pods: One Pod, One Latte, in summary: Ten all-in-one latte pods for Nescafe Dolce Gusto machines, each holding coffee and milk powder, so one pod makes one drink. Stop at the fill line, run it shorter for strength, and brew into a jug for iced.

Last reviewed by the teas.co.uk team in September 2026.

The number to understand on this box is ten: ten pods, ten lattes. The machine maker's own milk drinks use a coffee capsule and a separate milk capsule for each cup, so an all-in-one pod goes further than the box size suggests.

Coffee and milk in the same pod

Each 16g pod carries both the coffee and the milk, the milk in powdered form, so there is nothing to keep cold and no frother to clean. The published allergen information says it contains milk and may contain gluten, nuts and soya, so anyone avoiding dairy should choose something else. Everything is mixed before it reaches the cup, so the result is the same every time.

The flavour is Costa's house coffee adjusted to hold up in milk: a medium roast with a little cocoa in the middle, sweetened enough to read as a latte rather than a dessert. The trade-off of one pod per drink is looks. A single pod cannot build the separate layers of a two-capsule drink, so you get a softer, rounder cup with only a light crema.

Getting the cup you want

Volume is the only control an all-in-one pod gives you. Let the machine run only to the fill line shown for the pod, not to the top of the mug, because extra water thins the coffee and the milk at once. For a stronger cup, stop a little before the line; a shorter pour concentrates the drink and moves it towards a flat white.

For an iced latte, make it into a jug on the short setting, give it a stir and only then pour it over plenty of ice. Pouring the hot drink directly over ice waters it down as it lands, and a glass with only a few cubes melts quicker than a full one. It is a weekday-morning box at heart, for when the choice is a quick coffee or none.

Which machine, and which Costa pod

These are compatible pods designed for the Nescafe Dolce Gusto system rather than capsules made by the machine's own manufacturer. A Nespresso or Tassimo machine will not take them, and no adapter will make

them fit, so be sure which system is on your worktop before you order. For a Nespresso machine, Costa's Smooth [Decaf](#) Lungo pods are the brand's Nespresso-compatible line in our range.

Within Costa's range the closest relative is the One Cappuccino pod for the same Dolce Gusto system, so a household with one machine can keep both in the drawer. Beside the brand's bean and ground bags, this is the convenience end: no grinder, no milk jug, one pod and a button, and a recognisable version of the latte you might order across a counter.

The packs we stock

- [Costa Coffee Latte, 10 x 16g](#) (barcode 5039303007114)

What the label says

The published ingredient list for Costa Coffee Latte, 10 x 16g (barcode 5039303007114) says it contains milk, and it may contain gluten, nuts and soya. Recipes for Costa latte pods can change, and so can allergen advice: check the current box.

Typical values per 100g Per 100g

Energy	38 kcal
Fat	1.7g
of which saturates	1.1g
Carbohydrate	3.9g
of which sugars	3.6g
Fibre	0.2g
Protein	1.6g
Salt	0.1g

Ingredient and nutrition data for this barcode: Open Food Facts (openfoodfacts.org), ODbL. What the Costa latte pod box says is final.

What to eat with it

- [Maryland Minis Double Chocolate Chip Cookies Mini Bags Multipack, 6 Pack 118.8g](#): Mini bags of double [chocolate](#) cookies suit the same grab-and-go weekday morning as a one-pod latte.
- [McVitie's Hobnobs Milk Chocolate Biscuits, 262g](#): An oaty milk chocolate biscuit for a quick [dunk](#) in a creamy latte.
- [Border Butterscotch Crunch Organic Biscuits, 135g](#): Butterscotch sweetness picks up the soft cocoa and milk in the cup.

Elsewhere in the Costa range

- [Costa Coffee Intense Amazonian Blend Beans, 200g](#)
- [Costa Coffee Intense Amazonian Blend Coffee Beans, 1kg](#)

- [Costa Coffee Intense Amazonian Blend Ground Coffee, 200g](#)
- [Costa Coffee Mocha Italia Signature Blend Coffee Beans, 200g](#)
- [Costa Coffee Smooth Decaf Blend Instant Coffee, 190g](#)
- [Costa Coffee Smooth Medium Blend Instant Coffee, 190g](#)

The full range is on the [Costa brand page](#).

FAQ

Do Costa Latte pods need a separate milk capsule? No. Each pod holds coffee and milk powder together, so one pod makes one latte.

Which machine do Costa Latte pods fit? A Nescafe Dolce Gusto machine. They do not fit Nespresso or Tassimo machines.

Are Costa Latte pods dairy-free? No. The published allergen information says the pods contain milk, and they may contain gluten, nuts and soya.

How can I make a pod latte stronger? Stop the machine a little before the pod's fill line; less water gives a denser cup.

Can I make an iced latte with these pods? Yes. Run it on a short fill into a jug, stir, and pour that over plenty of ice rather than brewing straight onto it.

Curator's note: Stop it just short of the line and you get a fuller cup than the default. It is the box for mornings when the choice is this or nothing, and it wins that argument easily. Lee, teas.co.uk, Tunbridge Wells.

In short: Costa Coffee Latte Pods: One Pod, One Latte

Field	Detail
Brand	Costa
Packs we stock	10 x 16g
Category	Coffee Sachets & Mixes
Allergens (as published)	It contains milk, and it may contain gluten, nuts and soya.
Caffeine	caffeinated
Machine	Nescafe Dolce Gusto
Pods per drink	One
Stronger cup	Stop short of the fill line

More from the tea wiki

- [Costa at Home: The Coffee Shop Range](#)
- [Tea vs Coffee: Taste, Caffeine and Switching](#)
- [Caffeine in Tea](#)
- [Tea vs Coffee](#)
- [Tea for Coffee Drinkers: Where to Start](#)

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