

Clipper Organic Chamomile, Lemon and Lavender: Keeping the Lavender in Line

From the teas.co.uk wiki

Clipper Organic Chamomile, Lemon and Lavender: Keeping the Lavender in Line, in summary: A caffeine-free organic infusion of chamomile, lemon and lavender. Chamomile gives body, lemon brightness, and lavender the floral signature people either love or dislike. Cover it, time it, lift the bag out, and try one box first.

Last reviewed by the teas.co.uk team in September 2026.

Lavender is the whole question with this box: it is the note that makes the blend recognisable and the one that splits a room. Time the steep and it sits as a floral top note over soft [chamomile](#); leave the bag in and it takes over the mug.

Chamomile, lemon and lavender at work

Everything in the name is doing something. Chamomile flowers make up the body of the cup, soft and faintly apple-like with a dry, hay-like note underneath. Lemon runs across the top as a bright edge, and it is the reason two flowers in one bag never turn heavy. Lavender supplies the floral signature, clearly present but held back rather than dominant.

Twenty bags share 30g, so each holds around one and a half grams of dried botanicals, a normal dose for a light flower infusion. The word organic is in the product's name, and the cup is caffeine-free, which is why it sits at the after-dinner end of Clipper's shelf alongside the [peppermint](#) and spearmint rather than with the black teas.

Why the lavender needs watching

Lavender gives up its scent faster than almost anything else in a tea bag, so it is the first thing you smell when the water goes on, and it can make the aroma seem far more floral than the drink turns out to be. Taste before you judge. In the mug the order reverses: chamomile leads and the lavender settles in behind it.

The catch is that lavender carries on releasing flavour after the chamomile is spent. Use water just off the boil, cover the mug and give it four to five minutes, then take the bag out. If it still reads as perfume to you, cut the steep to three minutes, or put a plain chamomile bag in with it to thin the floral note while keeping the body.

Who it suits, and what to eat with it

Buy a single box before committing to more. If you already like lavender, this is a balanced version with the chamomile carrying the weight; if you have never tried a lavender infusion, one box of twenty is the sensible way to find out. Anyone who wants chamomile alone, without the floral signature, would be happier with a plain chamomile.

We would drink it as it comes, with no milk to mute the flowers. Sleep Time is a name on the box rather than a promise, so treat it simply as a quiet, caffeine-free way to end the evening. Food should be plain and gentle: an oat biscuit or a buttery crunch sits under lemon and lavender without arguing with them.

The packs we stock

- [Clipper Organic Chamomile, Lemon & Lavender Sleep Time 20, 30g](#) (barcode 5021991941757)

What to eat with it

- [Nairn's Gluten Free Oaties Biscuits, 160g](#): Oat [biscuits](#) that sit quietly under the lemon and lavender rather than competing with them.
- [McVitie's Original Hobnobs Biscuits - The Oaty One, 255g](#): The plain oatly Hobnob keeps to the background, which is what a soft, floral cup after dinner needs.
- [Border Butterscotch Crunch Organic Biscuits, 135g](#): Butterscotch sweetness in an organic biscuit, a gentle partner for an organic infusion that will not drown the flowers.

Elsewhere in the Clipper range

- [Clipper Fairtrade Everyday Tea, 80 Pack 232g](#)
- [Clipper Fairtrade Organic Decaf Latin American Instant Coffee, 100g](#)
- [Clipper Fairtrade Organic Green Tea, 80 Tea Bags 160g](#)
- [Clipper Fairtrade Restoring Roots Ginger & Turmeric Organic, 20 Tea Bags 36g](#)
- [Clipper Organic and Fairtrade Decaffeinated Tea, 40 Tea Bags 116g](#)
- [Clipper Organic Everyday, 160 Tea Bags 464g](#)

The full range is on the [Clipper brand page](#).

FAQ

What does the lavender taste like in this blend? Floral and distinct but restrained. Some people find it the best part of the cup; others find it reminds them of soap.

Does Clipper Sleep Time contain caffeine? No. It is a caffeine-free herbal infusion of chamomile, lemon and lavender.

How long should I steep chamomile, lemon and lavender? Four to five minutes, covered, in water just off the boil, then lift the bag out so the lavender does not take over.

The lavender is too much for me. What can I change? Steep for three minutes instead, or brew it with a plain chamomile bag to soften the floral note.

Who certifies it as organic? Clipper states organic in the name itself; look on the current box for the certifier and any further marks.

Curator's note: Cover the mug and set a timer: at five minutes the lavender is charming, at ten it is bossy. I would never put milk anywhere near it. Lee, teas.co.uk, Tunbridge Wells.

In short: Clipper Organic Chamomile, Lemon and Lavender: Keeping the Lavender in Line

Field	Detail
Brand	Clipper
Packs we stock	Lemon & Lavender Sleep Time 20, 30g
Category	Organic Tea Bags
Caffeine	caffeine free
Steep	Four to five minutes, covered, then bag out
Milk	No, drink it as it comes
Occasion	After dinner

More from the tea wiki

- [Clipper](#)
- [How to Make Tea Properly: The Eight Step Method](#)
- [Caffeine in Tea](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Chamomile Tea](#)
- [Lemon and Ginger Tea: The UK's Working Remedy Cup](#)
- [Herbal Tea](#)
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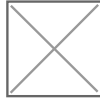
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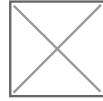
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