

Clipper Restoring Roots Ginger & Turmeric: brewing a root infusion

From the teas.co.uk wiki

Clipper Restoring Roots Ginger & Turmeric: brewing a root infusion, in summary:

Mostly ginger root, with turmeric, lemongrass, cinnamon and black pepper, and caffeine-free because there is no tea leaf. Steep it covered for five minutes or more, expect warmth rather than sweetness, and rinse your mug: turmeric stains.

Last reviewed by the teas.co.uk team in September 2026.

Ginger root makes up 65% of this blend, and roots give up their flavour slowly, so the commonest mistake is pulling the bag too soon. Treat it as a root infusion rather than a tea and the cup makes sense.

Mostly root, no leaf

The published ingredient list is short and led by the roots: ginger root at 65%, turmeric at 12%, then lemongrass, cinnamon, natural ginger flavouring at 2% and black pepper at 1%, with the ingredients organically grown. There is no tea leaf in the box, so the drink is caffeine-free by nature rather than decaffeinated, and the label names none of the 14 major allergens.

Restoring Roots is simply Clipper's name for the blend; this is a drink, and the only thing we describe is how it tastes. Twenty bags share 36g, just under two grams each, which is a generous dose for dried root. That matters, because root releases its character slowly and a thin bag stays thin however long it sits in the mug.

Five minutes, with a lid on

The water needs time to get into dense, fibrous root, which is why the warmth keeps climbing through the steep instead of arriving at the start. Pull the bag after two minutes and the cup looks right but tastes of very little. Give it five minutes, covered with a saucer, and longer does no harm; the deep gold colour turns up well before the flavour does.

The ginger reads as heat at the back of the throat more than a taste you could put a name to, and it grows the longer the bag stays in. Turmeric sits underneath with an earthy, faintly peppery depth and gives the cup its body, while lemongrass and cinnamon play smaller parts. With no tannin in the blend, the finish stays

clean rather than drying.

A savoury cup, and the mug that shows it

This is not a sweet drink. There is no fruit in the blend, so it behaves differently from the lemon-and-ginger infusions most people know: deeper, earthier and less bright. Anyone expecting something zesty tends to be disappointed, while anyone who likes warmth without sugar usually takes to it. A spoon of honey is your call if you want it sweeter.

One practical warning: turmeric stains. Pale china, wooden spoons and light worktops all pick up the colour, because the gold in the cup is the same pigment, and a quick rinse straight after drinking deals with it. With no [caffeine](#), it suits an after-dinner or late-evening cup, and it sits well beside a biscuit that brings the sweetness the blend leaves out.

The packs we stock

- [Clipper Fairtrade Restoring Roots Ginger & Turmeric Organic, 20 Tea Bags 36g](#) (barcode 5021991943317)

What the label says

The published ingredient list for Clipper Fairtrade Restoring Roots Ginger & Turmeric Organic, 20 Tea Bags 36g names none of the 14 major allergens. Before buying Restoring Roots, read the box now on sale: Clipper can change recipes and allergen advice.

Ingredients, as published: Ginger Root (65%), Turmeric (12%), Lemongrass, Cinnamon, Natural Ginger Flavouring (2%), Black Pepper (1%), Organically grown ingredient.

Ingredient and nutrition information for this product, as published on the manufacturer's label. The Restoring Roots box you hold settles it.

What to eat with it

- [Lotus Biscoff Sandwich Cream Biscuits, 150g](#): a sweet cream-filled biscuit to put back the sweetness this savoury infusion deliberately leaves out.
- [Nairn's Dark Chocolate Chip Oat Biscuit, 200g](#): oats and dark [chocolate](#) have the depth to stand beside ginger heat without being swamped.
- [Border Lemon Drizzle Melts Organic Biscuits, 150g](#): a lemon biscuit on the side, for anyone who misses the citrus of the lemon-and-ginger blends they are used to.

Elsewhere in the Clipper range

- [Clipper Fairtrade Everyday Tea, 80 Pack 232g](#)
- [Clipper Fairtrade Organic Decaf Latin American Instant Coffee, 100g](#)
- [Clipper Fairtrade Organic Green Tea, 80 Tea Bags 160g](#)
- [Clipper Organic and Fairtrade Decaffeinated Tea, 40 Tea Bags 116g](#)

- [Clipper Organic Chamomile, Lemon & Lavender Sleep Time 20, 30g](#)
- [Clipper Organic Everyday, 160 Tea Bags 464g](#)

The full range is on the [Clipper brand page](#).

FAQ

Does Clipper Restoring Roots contain caffeine? No. It contains no tea leaf, so there is no caffeine to remove in the first place: it is caffeine-free by nature.

How long should I steep ginger and turmeric tea? At least five minutes, covered, and longer does no harm. Roots release slowly, so a short steep gives colour without much flavour.

What is in it besides ginger and turmeric? Lemongrass, cinnamon, natural ginger flavouring and black pepper, according to the published ingredient list.

Is it a sweet infusion? No. There is no fruit and nothing sweet in the blend, so add honey or serve a biscuit alongside if you want sweetness.

Will it stain my mug? Turmeric can mark pale mugs, wooden spoons and light worktops, so rinse them soon after use.

Curator's note: Put a saucer over the mug, walk away for five minutes and come back to it. Nothing else on the shelf rewards a little patience quite so plainly. Lee, teas.co.uk, Tunbridge Wells.

In short: Clipper Restoring Roots Ginger & Turmeric: brewing a root infusion

Field	Detail
Brand	Clipper
Packs we stock	20 Tea Bags 36g
Category	Organic Tea Bags
Allergens (as published)	Restoring Roots, as published, has no ingredient among the 14 major allergens.
Caffeine	caffeine free
Caffeine	None, there is no tea leaf
Steep	Five minutes or more, covered
Mind	Turmeric stains pale mugs

More from the tea wiki

- [Clipper](#)
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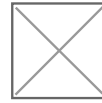
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