

Cadbury Timeout Roundie: the wafer in a disc

From the [teas.co.uk wiki](https://teas.co.uk/wiki)

Cadbury Timeout Roundie: the wafer in a disc, in summary: The Timeout idea as a round 30g disc, five to a 150g pack: light wafer under a thick milk chocolate coat. Keep each one wrapped until it is eaten, skip the biscuit tin, and pour a brisk plain black tea.

Last reviewed by the teas.co.uk team in September 2026.

A Roundie is a change of shape rather than of flavour: the chocolate-coated wafer of the Timeout, shaped as a round rather than the usual twin-finger bar. The shape changes more than you might expect, from how much [chocolate](#) sits at the rim to how quickly one disappears.

What the round shape changes

Twin fingers come with a natural break: snap one off, share it or keep it for later. A round offers no obvious stopping point, so it tends to be nibbled from the edge inwards and finished in one go. The rim also holds more chocolate than a pair of fingers does, and the coat is thick relative to what lies beneath it, which is why a Roundie reads as chocolate first and wafer second.

Each disc weighs 30g, against the 18g of a standard Timeout bar, and because wafer is nearly all air by volume it eats bigger than that figure sounds. That makes it a snack for a proper break rather than a quick bite between jobs. Per the published ingredient list it contains wheat, milk and soya, and the label warns that it may contain egg and nuts.

Why wafer is so fragile

Wafer starts as a runny batter baked between heated plates, and it comes out as a stiff honeycomb of tiny cells with very little solid material between them. That gives it a vast internal surface for its weight, and the more surface there is, the faster moisture gets in. Unprotected, it softens within hours, and the softening runs right through the sheet, not only at its edges.

So the chocolate coat is really a seal, and the individual wrapper is a second one. Once a wafer has softened, a spell in a warm oven will not rescue it the way it can rescue a plain biscuit. Keep every Roundie in its own wrapper until the moment it is eaten, and never tip them loose into a biscuit tin, where the trapped air is enough to soften them within a day.

Tea, coffee and a very sweet finish

Nothing in the build is bitter, salty or sharp enough to push back at the sugar, so the drink has to do that work. A brisk, plain [black tea](#) with a splash of milk is the natural partner, and a bergamot tea brings a citrus lift that suits milk chocolate well. For coffee drinkers, a short, strong cup beats a milky one, which only piles more sweetness and cream onto the mouthful.

[Dunking](#) is off the table: the coat dissolves and the wafer collapses almost instantly in hot liquid. Keep the pack at room temperature in a cool cupboard, since a warm spot softens the thick chocolate coat and leaves it smeared. Roundies are an afternoon treat that needs no plate, and one disc with a mug of tea is a proper portion rather than a nibble.

The packs we stock

- [Cadbury Timeout Roundie Milk Chocolate Wafer Biscuits Multipack, 5 x 30g](#) (barcode 7622201384487)

What the label says

The published ingredient list for Cadbury Timeout Roundie Milk Chocolate Wafer Biscuits Multipack, 5 x 30g (barcode 7622201384487) says it contains wheat (gluten), milk and soya, and it may contain egg and nuts. Check the current UK pack before purchase; formulations and allergen advice can change.

Ingredients, as published: sugar, wheat flour, vegetable fats (palm and coconut in varying proportions), cocoa butter, cocoa mass, skimmed milk powder, whey permeate (from milk), whey powder (from milk), milk fat, rapeseed oil, fat reduced cocoa powder (1,5 %), emulsifiers (soya lecithins, e442, e476), raising agents (sodium carbonates), salt, flavourings. May contain egg, nuts.

Typical values per 100g Per 100g

Energy	530 kcal
Fat	30g
of which saturates	17g
Carbohydrate	58g
of which sugars	45g
Fibre	2.6g
Protein	5.9g
Salt	0.2g

Ingredient and nutrition data for this barcode: [Open Food Facts \(openfoodfacts.org\)](https://openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to drink with it

- [Dilmah Premium Ceylon Black, 25 Tea Bags 50g](#): a plain [Ceylon](#) black tea, with a splash of milk if you like, to cut through the thick milk chocolate coat.

- [Teapigs Earl Grey Strong, 15 Tea Bags 37.5g](#): a strong [Earl Grey](#) whose bergamot gives the sweet disc a welcome citrus edge.
- [L'Or Espresso Ristretto Coffee Pods, 10 Pods 52g](#): a short, intense coffee that resets the palate after a sugary, chocolate-heavy mouthful.

Elsewhere in the Cadbury range

- [Cadbury Animals Multipack Mini Chocolate Biscuits, 5 Biscuits 99.5g](#)
- [Cadbury Dairy Milk Fingers Milk Chocolate Biscuits Tray, 189g](#)
- [Cadbury Dairy Milk Fingers Milk Chocolate Covered Biscuits, 114g](#)
- [Cadbury Dairy Milk Fingers Salted Caramel Flavour Biscuits, 114g](#)
- [Cadbury Fingers White Chocolate Covered Biscuits, 114g](#)
- [Cadbury Mini Fingers Multipack Chocolate Biscuits, 5 Biscuits 96.5g](#)

The full range is on the [Cadbury brand page](#).

FAQ

What is a Timeout Roundie? It is the Timeout's chocolate-coated wafer made as a single round instead of a twin-finger bar, sold as five wrapped 30g discs.

Is a Roundie bigger than a normal Timeout? Yes. Each disc is 30g against 18g for a standard Timeout bar, with more chocolate around the rim.

Can I keep Roundies in a biscuit tin? Keep them in their wrappers instead. Loose in a tin, wafer takes moisture from the trapped air and softens within a day.

Can a soft wafer be crisped up again? No. Unlike a plain biscuit, a wafer that has gone soft does not recover in the oven, so protect it from the start.

Does a Roundie contain egg? Egg is not on the published ingredient list, but the label says it may contain egg and nuts. It does contain wheat, milk and soya.

Curator's note: One Roundie is plenty with a mug of something brisk. Buy the pack for the number of people who will actually eat them, because there is no halfway point on a disc. Lee, teas.co.uk, Tunbridge Wells.

In short: Cadbury Timeout Roundie: the wafer in a disc

Field	Detail
Brand	Cadbury
Packs we stock	5 x 30g
Category	Wafers
Allergens (as published)	It contains wheat (gluten), milk and soya, and it may contain egg and nuts.
Dunkable	No, it collapses instantly
Best with	A brisk black tea or a short espresso

Field

Detail

Portion

One disc, no halfway point

More from the tea wiki

- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
- [Tea and Food Pairing: The Five Principles](#)
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- [Tea and Chocolate Pairing](#)

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