

Cadbury Snack Shortcake Multipack: the pocket-sized break bar

From the [teas.co.uk](https://teas.co.uk/wiki) wiki

Cadbury Snack Shortcake Multipack: the pocket-sized break bar, in summary: Five wrapped 20g bars of fine, sandy shortcake sealed inside Cadbury milk chocolate. Keep them cool rather than worrying about damp, eat them beside the cup rather than in it, and pour a strong black tea or coffee.

Last reviewed by the teas.co.uk team in September 2026.

Shortcake is a word about texture, not flavour: a dough rich in fat for its flour, which bakes to a close, crumbly break rather than a crisp snap. Wrap that crumb completely in milk [chocolate](#), then seal each bar again, and you have one of the neatest things to put in a lunchbox.

What sits under the chocolate

Short dough is the key to this bar. When there is plenty of fat against the flour, long gluten strands never get the chance to form, so the biscuit bakes fine and slightly sandy and gives way cleanly under the teeth. That is a different bite from a wafer, which shatters into air, and from a cream-filled bar, which gives softly. At a similar size, shortcake simply has more to chew on.

The published ingredient list follows that build. Wheat flour and sugar lead it, followed by palm oil, cocoa butter, cocoa mass and skimmed milk powder, with molasses and salt further down. Per that list it contains wheat and milk and may contain nuts, so it is not one for a gluten-free or dairy-free household. The wrapper in your hand always has the final say on allergens.

Five sealed bars, one real enemy

Each 20g bar is sealed on its own, so the last bar in the pack is as fresh as the first, no matter when the outer wrapper was torn. The chocolate also goes all the way round the shortcake, and that coat works as a moisture barrier: the crumb inside stays dry and crisp for the life of the bar, where a loose shortcake biscuit left in a damp kitchen would turn leathery.

So humidity is not the worry here; warmth is. A bar that spends the afternoon in a warm coat pocket or a sunny car goes soft, and once it has set again the covering comes out pale and the bar eats less well. In summer a cool bag earns its place in the school bag, and at home any cupboard away from the oven and the window will do.

Break-time company

This is a bar to eat next to a drink, not in it. Dunk one and the coating melts into the tea instead of holding anything together, while the fine crumb inside goes soft within seconds. If [dunking](#) is the point, reach for a plain ginger nut or a digestive and keep the Snack for the moment after, when the cup is half drunk and you want something sweet beside it.

What it wants in the cup is contrast. Sweet milk chocolate calls for tannin on the other side, so a strong [black tea](#) works far better than anything delicate, and a black coffee does the same job from a different direction. Twenty grams is over in a few bites, which makes it a natural fit for [elevenses](#) or a mid-afternoon pause at a desk rather than a plate at the table.

The packs we stock

- [Cadbury Snack Chocolate Covered Shortcake Multipack Biscuits, 5 x 20g](#) (barcode 7622202314094)

What the label says

The published ingredient list for Cadbury Snack Chocolate Covered Shortcake Multipack Biscuits, 5 x 20g (barcode 7622202314094) says it contains wheat (gluten) and milk, and it may contain nuts. Multipack recipes get tweaked now and then, and the allergen guidance with them; trust the up to date UK label.

Ingredients, as published: WHEAT flour, sugar, palm oil, cocoa butter, cocoa mass, skimmed MILK powder, dextrose, whey permeate (from MILK), rapeseed oil, MILK fat, whey powder (from MILK), glucose-fructose syrup, molasses, salt, emulsifiers (E442, E476), raising agents (sodium carbonates, ammonium carbonates), flavouring. MAY CONTAIN NUTS.

Typical values per 100g Per 100g

Energy	510 kcal
Fat	26g
of which saturates	13g
Carbohydrate	63g
of which sugars	35g
Fibre	2.1g
Protein	6.6g
Salt	0.6g

Ingredient and nutrition data for this barcode: Open Food Facts (openfoodfacts.org), ODbL. The multipack in your hands has the last word.

What to drink with it

- [Lipton Black Earl Grey With Italian Bergamot, 20 Tea Bags 32g](#): a black tea with a citrus lift from bergamot, which cuts through sweet milk chocolate much as orange would.
- [Twinings the Earl Grey Decaffeinated Plant Based, 40 Tea Bags 100g](#): a decaffeinated [Earl Grey](#) for the late-afternoon break, keeping the bergamot contrast with the chocolate.
- [Kenco Smooth Instant Coffee Paper Refill, 150g](#): a quick instant mug for the office or staff room, where a small wrapped bar is exactly the right size.
- [L'Or Espresso Ristretto Coffee Pods, 10 Pods 52g](#): a short, intense coffee that clears the sweetness away in a single mouthful.

Elsewhere in the Cadbury range

- [Cadbury Animals Multipack Mini Chocolate Biscuits, 5 Biscuits 99.5g](#)
- [Cadbury Dairy Milk Fingers Milk Chocolate Biscuits Tray, 189g](#)
- [Cadbury Dairy Milk Fingers Milk Chocolate Covered Biscuits, 114g](#)
- [Cadbury Dairy Milk Fingers Salted Caramel Flavour Biscuits, 114g](#)
- [Cadbury Fingers White Chocolate Covered Biscuits, 114g](#)
- [Cadbury Mini Fingers Multipack Chocolate Biscuits, 5 Biscuits 96.5g](#)

The full range is on the [Cadbury brand page](#).

FAQ

What does shortcake mean on a Cadbury Snack? It describes the crumb. A short dough has a high proportion of fat to flour, so it bakes fine and sandy instead of crisp and airy.

How is it different from a Timeout wafer bar? A wafer is lighter and disappears faster. Shortcake is closer-textured and feels more substantial, so you taste the biscuit as well as the chocolate.

Will the bars survive a lunchbox? Yes. Each one is small, rigid and sealed, so nothing crumbles loose; the only real risk is heat, so use a cool bag in warm weather.

Can you dunk a Cadbury Snack? It is better not to. The coating melts into the drink and the shortcake softens right through almost at once.

Does it contain nuts? Nuts are not an ingredient on the published list, but the label carries a may contain nuts warning. It does contain wheat and milk.

Curator's note: Keep one in the desk drawer for the late-afternoon tea break and eat it next to a mug of something strong and unsweetened. It is small enough that a second one never becomes a debate. Lee, teas.co.uk, Tunbridge Wells.

In short: Cadbury Snack Shortcake Multipack: the pocket-sized break bar

Field

Detail

Brand	Cadbury
Packs we stock	5 x 20g
Category	Chocolate Biscuits
Allergens (as published)	Wheat (gluten) and milk are in the recipe, and nuts may be present.
Dunkable	No, the coating melts off
Best with	Strong black tea, or coffee taken black
Occasion	Lunchbox, desk drawer, elevenses

More from the tea wiki

- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
- [Tea and Food Pairing: The Five Principles](#)
- [Tea with Chocolate: Pair by Cocoa Percentage](#)
- [Tea and Chocolate Pairing](#)

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