

Cadbury Dairy Milk Fingers: the original finger, served cold

From the teas.co.uk wiki

Cadbury Dairy Milk Fingers: the original finger, served cold, in summary: The plain Dairy Milk version is the finger the others are variations on: a thin biscuit stick sealed in milk chocolate. Serve it cool for the snap, keep it out of the tea and use it to fence a cake.

Last reviewed by the teas.co.uk team in September 2026.

The snap is most of the pleasure of a Dairy Milk Finger, and a warm finger has none. Chill the pack briefly and the plainest biscuit on the shelf becomes one of the most satisfying to eat.

The one the others are built on

We stock three Fingers at 114g: this Dairy Milk version, the white [chocolate](#) one and salted caramel flavour. They share the same slim biscuit stick and differ only in the coat. This is the original and the least divisive: no flavour name, no extra note, just Dairy Milk around a plain spine, which makes it the safe choice for a mixed room.

The name on the coating goes back a long way. John Cadbury opened his grocer's shop at 93 Bull Street, Birmingham, in 1824, preparing cocoa himself with a pestle and mortar, and Dairy Milk followed in 1905. In a Finger, that chocolate is the point and the biscuit is simply the way of carrying it.

Why cold fingers snap

When the pack is cool, the chocolate breaks cleanly and audibly, then the crisp stick gives way immediately behind it. When it is warm, the coat bends before it breaks and the whole thing turns soft. A short spell in a cold room, or a few minutes in the fridge on a summer afternoon, makes more difference here than to almost any other biscuit.

Once open, fold the pack shut and keep it somewhere cool, since the crispness goes long before the taste does. A 114g pack is sized for a pair of tea drinkers and one pot, so open it on the day it will be finished. The label lists wheat, milk and soya, with a may-contain warning for nuts.

Cake fences and the right cup

Straight and flat-sided, a finger stands up against the side of a cake in a way no round biscuit can. Push each finger into fresh, soft buttercream, standing them side by side all the way round, then tie a ribbon about the middle to hold the line. It takes a few minutes, needs no piping skills, and children can do most of it themselves.

To drink, choose something with tannin and no sugar. A strong [black tea](#) with a splash of milk cuts through a sweet coat that has nothing underneath to rein it in; for the adults, an espresso brings the bitterness the finger lacks. Skip [hot chocolate](#) or a sweetened latte, which pile sugar on sugar.

The packs we stock

- [Cadbury Dairy Milk Fingers Milk Chocolate Covered Biscuits, 114g](#) (barcode 072417161599)

What the label says

The published ingredient list for Cadbury Dairy Milk Fingers Milk Chocolate Covered Biscuits, 114g (barcode 072417161599) says it contains wheat (gluten), milk and soya, and it may contain nuts. The wording on these fingers' allergen box could be updated, so the most recent UK packet is the one to go by.

Ingredients, as published: milk, wheat flour (with calcium, iron, niacin, thiamin), sugar, vegetable fats (palm, sal and shea in varying proportions), cocoa butter, cocoa mass, partially inverted sugar syrup, emulsifiers (e442, soya lecithin, e476), salt, raising agents (ammonium hydrogen carbonate, sodium hydrogen carbonate), flavourings. May contain nuts.

Typical values per 100g Per 100g

Energy	516 kcal
Fat	27g
of which saturates	15g
Carbohydrate	60g
of which sugars	29g
Fibre	1.5g
Protein	7.3g
Salt	0.4g

Ingredient and nutrition data for this barcode: [Open Food Facts \(openfoodfacts.org\)](https://openfoodfacts.org), ODbL. For these original fingers, the pack you are holding settles it.

What to drink with it

- [Yorkshire Tea Gold Blend Loose Leaf Tea, 250g](#): a full, strong [loose leaf](#) brew with the tannin to cut a sweet milk chocolate coat.
- [PG Tips English Breakfast Special Blends Speciality Black, 70 Tea Bags](#): a breakfast blend for the everyday pot, brewed strong and taken with just a splash of milk.

- [Starbucks Espresso Roast by NESPRESSO Coffee, Dark Roast, Box of 36, 198g](#): a dark roast espresso from the Starbucks by Nespresso range, the grown-up answer to a sweet finger.

Elsewhere in the Cadbury range

- [Cadbury Animals Multipack Mini Chocolate Biscuits, 5 Biscuits 99.5g](#)
- [Cadbury Dairy Milk Fingers Milk Chocolate Biscuits Tray, 189g](#)
- [Cadbury Dairy Milk Fingers Salted Caramel Flavour Biscuits, 114g](#)
- [Cadbury Fingers White Chocolate Covered Biscuits, 114g](#)
- [Cadbury Mini Fingers Multipack Chocolate Biscuits, 5 Biscuits 96.5g](#)
- [Cadbury Snack Chocolate Covered Shortcake Multipack Biscuits, 5 x 20g](#)

The full range is on the [Cadbury brand page](#).

FAQ

How are Dairy Milk Fingers different from the white and salted caramel versions? Same stick, same 114g pack, different coat. White is sweeter and carries no cocoa bitterness; salted caramel adds a salt edge; Dairy Milk is the plain middle ground.

How many people does a 114g pack of Dairy Milk Fingers serve? Think two people and a pot of tea. It is sized for one afternoon rather than for keeping, so open it on the day you mean to finish it.

Should chocolate fingers go in the fridge? Briefly, on a warm day. A few minutes firms the coat so it snaps cleanly again.

Are Dairy Milk Fingers suitable for vegans? No. The label lists milk, wheat and soya, so they suit neither vegans nor coeliacs.

How do you make a chocolate finger cake fence? Stand the fingers side by side in soft buttercream around the cake, then tie a ribbon round the outside to hold them in place.

Curator's note: Ten minutes somewhere cold, then a strong pot of tea. It is the simplest plate in the biscuit aisle and still very hard to beat. Lee, teas.co.uk, Tunbridge Wells.

In short: Cadbury Dairy Milk Fingers: the original finger, served cold

Field	Detail
Brand	Cadbury
Packs we stock	114g
Category	Chocolate Biscuits
Allergens (as published)	On the allergen list: wheat (gluten), milk and soya, with nuts as a possible extra.
Dunkable	No, the coat melts first
Serve	Cool, for the snap
Best with	Strong black tea, no sugar

More from the tea wiki

- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
- [Tea and Food Pairing: The Five Principles](#)
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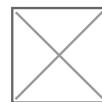
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