

Blue Riband Milk Chocolate Hazelnut: The Coffee Wafer

From the teas.co.uk wiki

Blue Riband Milk Chocolate Hazelnut: The Coffee Wafer, in summary: Six wrapped wafer bars with milk chocolate and a roasted hazelnut note, about eighteen grams each. The label lists hazelnuts, wheat and milk, so check before it goes into a shared lunchbox; with black coffee it earns its place.

Last reviewed by the teas.co.uk team in September 2026.

Hazelnut is the one ingredient that changes both who can eat this Blue Riband and what it tastes like. It adds a roasted, faintly bitter note to a very sweet bar, and it makes the allergen panel the first thing to read.

What the hazelnut changes

Wafer layers give a bar its structure and very little flavour, so whatever goes on and between them has to do the work. In this Blue Riband that means milk [chocolate](#) and hazelnut. Roasted hazelnut adds a slightly oily, gently bitter note that the milk chocolate cannot supply, and it lands mid-bite, once the sugar has registered and just before the wafer gives way.

The published ingredient list is led by sugar and wheat flour, followed by vegetable fats, cocoa butter, milk ingredients and cocoa mass, with hazelnuts at one per cent. It is a small amount, but it is enough to make the finish last a little longer than on the plain bar. The result is sweeter than the Original and a little more interesting, and in a house where nuts are not an issue we think it is the better of the two.

Read the pack before the lunchbox

The label states that this bar contains wheat, milk and hazelnuts, and that it may contain peanuts and soya. So it is not the six-pack to send into a school with a nut policy, a shared office tin or a household managing a nut allergy. The Original and the Vanilla White carry may-contain warnings for nuts as well, so whichever bar you choose, the current pack is the final word.

Where nuts are not a concern, the format is practical. The 108g multipack holds six individually wrapped bars of about eighteen grams, so opening the outer box does not start the clock on the rest. Keep it in a cool, dry cupboard. If the chocolate turns pale and dull, it has been too warm and set again; that bloom is

harmless, though it will not go back to how it was.

Why this is the one for coffee

Of the Blue Riband bars, this is our pick for a coffee break. The roasted note of the hazelnut sits naturally with coffee, and a black cup supplies the bitterness the bar lacks. A plain black filter or a short espresso both work. Strong tea without sugar is the next best partner; [hot chocolate](#) is the one to avoid, as it only piles sweetness on sweetness.

Keep it out of the mug. Dipped in hot coffee, the coating turns soft while the thin layers inside go soggy, and the bar gives way in one go rather than softening bit by bit. Take a bite, then a mouthful of coffee, and let the roasted note do its work between the two. If you would rather have the wafer without the hazelnut, the plain Original is the one to pick.

The packs we stock

- [Blue Riband Milk Chocolate Hazelnut Wafer Biscuit Bar Multipack, 6 Pack 108g](#) (barcode 8445291097582)

What the label says

The published ingredient list for Blue Riband Milk Chocolate Hazelnut Wafer Biscuit Bar Multipack, 6 Pack 108g (barcode 8445291097582) says it contains wheat (gluten), milk and nuts (hazelnuts), and it may contain peanuts and soya. Check the current UK pack before purchase; formulations and allergen advice can change.

Ingredients, as published: sugar, wheat flour, vegetable fats (palm, shea), Cocoa butter, whey powder product (milk), whole milk powder, cocoa mass, Hazelnuts (1%), fat-reduced cocoa powder, skimmed milk powder, emulsifier (lecithins), raising agent (sodium bicarbonate), salt, flavourings.

Typical values per 100g Per 100g

Energy	539 kcal
Fat	30.6g
of which saturates	16.1g
Carbohydrate	60g
of which sugars	46.7g
Protein	5g
Salt	0.2g

Ingredient and nutrition data for this barcode: [Open Food Facts \(openfoodfacts.org\)](https://openfoodfacts.org), ODbL. The pack in your hands is the final word.

What to drink with it

- [Lavazza Espresso Maestro Intenso Nespresso Compatible, 10 Capsules](#): a Nespresso-compatible espresso whose bitterness is exactly what a sweet hazelnut wafer is missing.
- [Nescafe Gold Blend Intense Instant Coffee, 190g](#): a strong instant made black, the quickest way to put coffee bitterness beside the bar during a working day.
- [Yorkshire Tea Original Everyday Blend, 80 Tea Bags 250g](#): a strong everyday tea, drunk without sugar, for anyone who would rather have tea than coffee with it.

Elsewhere in the Blue Riband range

- [Blue Riband Milk Chocolate Wafer Biscuit Bar Multipack, 12 Pack 216g](#)
- [Blue Riband Original Wafer Biscuit Bar Multipack, 6 Pack 108g](#)
- [Blue Riband Vanilla White Wafer Biscuit Bar Multipack, 6 Pack 90g](#)

The full range is on the [Blue Riband brand page](#).

FAQ

Does Blue Riband Milk Chocolate Hazelnut contain nuts? Yes. The published label lists hazelnuts, along with wheat and milk, and warns that it may contain peanuts and soya.

How much does each hazelnut bar weigh? About eighteen grams: the 108g multipack is split into six wrapped bars.

How is it different from the Original? This version names milk chocolate and hazelnut, which makes it sweeter with a longer, roasted finish. The Original is the plainer bar.

Why has my bar gone pale? It has been warm and set again. The bloom is harmless, but store the box somewhere cool to keep the snap.

What should I drink with a hazelnut wafer? Black coffee first, then strong tea without sugar. Leave hot chocolate for another day.

Curator's note: Keep these for the coffee break rather than the tea tray. With a strong black cup, the hazelnut finally has something to talk to. Lee, teas.co.uk, Tunbridge Wells.

In short: Blue Riband Milk Chocolate Hazelnut: The Coffee Wafer

Field	Detail
Brand	Blue Riband
Packs we stock	6 Pack 108g
Category	Wafers
Allergens (as published)	It contains wheat (gluten), milk and nuts (hazelnuts), and it may contain peanuts and soya.
Dunkable	No, eat it beside the cup
Best with	Black coffee, or strong tea without sugar
Allergy note	Label lists hazelnuts, wheat and milk

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- [Biscuit Dunking Physics: The Real Science](#)
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- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
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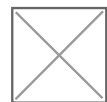
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