

Belvita Sandwich Chocolate Hazelnut: The Filling on the Inside

From the teas.co.uk wiki

Belvita Sandwich Chocolate Hazelnut: The Filling on the Inside, in summary: Two dry, toasted cereal biscuits hold a soft chocolate hazelnut centre, and nothing on the outside can melt. It travels better than a coated biscuit, wants a milky drink beside it and takes only the quickest dunk.

Last reviewed by the teas.co.uk team in September 2026.

The belVita Sandwich puts its [chocolate](#) inside rather than on top. That single decision is why it tastes of cereal first, why it survives a warm bag and why it wants milk in the cup.

Chocolate in the middle, cereal outside

Most chocolate [biscuits](#) put the chocolate on the outside, so it is the first thing your tongue finds. The belVita Sandwich turns that round. Two dry, grainy, toasted cereal biscuits hold a soft chocolate hazelnut filling between them, and there is no coating at all. The first taste is grain; the sweetness arrives a moment later, all of it concentrated in the centre.

That order changes how the biscuit eats. A coated biscuit is at its loudest in the first bite and fades from there. This one starts quietly and builds as you reach the filling, which is also why a pair makes a better serving than a single biscuit. The word breakfast in the name is belVita's own positioning for its range, which began in France as LU Petit Déjeuner.

Built for the bag

Moving the chocolate inside is a practical piece of design. Chocolate on the outside of a biscuit softens in a warm bag and smears on anything nearby; chocolate hidden between two dry biscuits stays put. Of the chocolate biscuits on our shelves, this is the one we would put in a lunchbox on a warm day. The worst that happens is crumbs, so pack it flat and near the top rather than under a water bottle.

The biscuits come portion-packed in wrapped pairs inside the 253g pack, which is how the whole belVita range is designed. Once a pack is open, seal the rest properly, because a dry cereal biscuit picks up

moisture from the air and loses its snap. Hazelnut is in the name, so anyone avoiding nuts should check the allergy advice on the current pack before buying.

Milk in the cup, not a long dunk

A dry biscuit needs a drink, and this one wants milk. A flat white, or filter coffee with a generous pour of milk, suits the hazelnut and takes the edge off the dryness, and a strong tea with milk does the same job for tea drinkers. [Black tea](#) without milk leaves it even drier, and a fruit infusion adds nothing useful. The filling does hold its own beside a plain black filter coffee, though.

You can [dunk](#), but be quick. The dry outside soaks up liquid readily and then gives way with almost no warning, so a count of one is plenty. We think they are better eaten dry with the milky cup alongside. It is drier and less sweet than a chocolate hazelnut biscuit made as a treat, and better suited to a desk than a dessert plate.

The packs we stock

- [Belvita Sandwich Chocolate Hazelnut Breakfast Biscuits, 253g](#) (barcode 7622202343384)

What to drink with it

- [Yorkshire Tea Original Everyday Blend, 80 Tea Bags 250g](#): a strong everyday tea that takes milk well and softens the dry cereal outside.
- [Lavazza Espresso Maestro Intenso Nespresso Compatible, 10 Capsules](#): a Nespresso-compatible espresso to top up with steamed milk for a flat white, the drink that best meets the hazelnut.
- [Nescafe Gold Blend Intense Instant Coffee, 190g](#): a strong instant for a quick mug with plenty of milk, with enough coffee character to meet the hazelnut filling.
- [Twinings English Breakfast Decaffeinated, 80 Tea Bags 218g](#): a [decaf English Breakfast](#) with milk, for a Sandwich pair eaten late in the afternoon.

Elsewhere in the Belvita range

- [Belvita Chocolate Chip Cereal Biscuit Snack Bars, 5 x 45g](#)
- [Belvita Duo Crunch Strawberry & Yogurt Cereal Snack Bars Multipack, 253g](#)
- [Belvita Milk & Cereal Biscuit Snack Bars Multipack, 5 x 45g](#)
- [Belvita Minis Honey & Chocolate Chips Multipack Biscuit, 95g](#)

The full range is on the [Belvita brand page](#).

FAQ

Is there chocolate on the outside of a belVita Sandwich? No. The chocolate hazelnut is in the filling and the outside is a plain toasted cereal biscuit, so there is nothing to melt.

What should I drink with belVita Sandwich biscuits? Something with milk: a flat white, a milky filter coffee or a strong tea with milk. Black tea without milk makes them taste drier.

How long can a belVita Sandwich stay in the tea? About a second. Count to one, because the dry outside collapses with very little warning.

Are they good for a lunchbox? Yes, better than coated biscuits, because a sealed filling will not melt in a warm bag. Pack them flat so they do not break into crumbs.

Why does the name say breakfast? It is belVita's positioning for the whole range, which started in France as LU Petit Déjeuner. It is a name, not a nutritional claim.

Curator's note: Pack a pair next to a flask of milky coffee and it will be the best thing in the lunchbox. Keep the tea strong and the milk generous. Lee, teas.co.uk, Tunbridge Wells.

In short: Belvita Sandwich Chocolate Hazelnut: The Filling on the Inside

Field	Detail
Brand	Belvita
Packs we stock	253g
Category	Chocolate Biscuits
Dunkable	Only just, count to one
Best with	A flat white or strong tea with milk
Occasion	Lunchbox, bag or desk

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- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
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