

Bahlsen Choco Leibniz Dark Chocolate: dark or milk?

From the teas.co.uk wiki

Bahlsen Choco Leibniz Dark Chocolate: dark or milk?, in summary: The same Leibniz butter biscuit and 111g pack as the milk version, under a thick dark chocolate layer. Less sweet, drier at the finish and bitter enough to meet an espresso or a strong black tea as an equal.

Last reviewed by the teas.co.uk team in September 2026.

Picking dark over milk here is really a choice about sugar, not about being good. Dark [chocolate](#) brings a bitterness of its own, which leaves room to taste the butter biscuit and lets the whole thing stand up to a strong drink.

One biscuit, two chocolates

Every Choco Leibniz starts from the same base: Bahlsen's Leibniz, a slim, notched butter biscuit with a fine, dense crumb, set into a thick tablet of chocolate on one face. The milk and dark packs share the biscuit and the 111g weight, so the only choice you are making is the chocolate, and with a layer this thick that choice sets the character of every bite.

Milk chocolate brings sugar and creaminess and is over quickly. Dark brings cocoa, which builds more slowly, finishes dry and faintly astringent, and carries less sweetness. Against it, the butter biscuit becomes the sweet, rich half of the pairing instead of disappearing under the topping. The published ingredient list starts with sugar, then wheat flour, cocoa mass and cocoa butter, with butter at 3.8%.

What the label tells you

Dark does not mean free of dairy. The published list includes whey products from milk, whole milk powder, butter and clarified butter, and the allergen statement says it contains wheat and milk and may contain egg. Anyone avoiding dairy or gluten should not read the word dark as any kind of reassurance. We have no cocoa percentage we can confirm, so look to the pack for that.

One detail on the list is worth noting: the cocoa mass and cocoa butter are marked Rainforest Alliance Certified, on a mass balance basis, which fits Bahlsen's stated work with the Rainforest Alliance on cocoa. The biscuit itself carries on the Leibniz line that began in Hannover in 1891, and Bahlsen first set it into

chocolate in 1973.

Espresso, Ceylon, even cheese

Because the chocolate is already bitter, a bitter drink adds depth instead of fighting it. An espresso or a short black coffee is the obvious partner, and a [black tea](#) with some body, such as a [Ceylon](#), holds its own. Sugary drinks and delicate green teas are the ones to avoid; beside this much cocoa they simply taste thin.

It also earns a place at the end of a meal. A hard, sharp [cheese](#) sits surprisingly well beside it, since cheese and dark chocolate share a savoury depth that a sweet biscuit lacks, and the buttery base ties the two together. Two per person is plenty. Keep the pack cool as well, because warmth leaves marks on a dark surface that never lift.

The packs we stock

- [Bahlsen Choco Leibniz Dark Chocolate Biscuits, 111g](#) (barcode 4017100287343)

What the label says

The published ingredient list for Bahlsen Choco Leibniz Dark Chocolate Biscuits, 111g says it contains wheat (gluten) and milk, and it may contain egg. Check the current UK pack before purchase; formulations and allergen advice can change.

Ingredients, as published: Sugar, Wheat Flour, Cocoa Mass¹, Cocoa Butter¹, Butter (3.8%), Glucose Syrup, Whey Products (Milk), Clarified Butter, Raising Agents: Sodium Carbonates, Diphosphates, Whole Milk Powder, Salt, Emulsifier: Lecithins, Flavourings, Acid: Citric Acid, ¹Rainforest Alliance Certified (Mass Balance).

Typical values per 100g Per 100g

Energy	507 kcal
Fat	26g
of which saturates	17g
Carbohydrate	59g
of which sugars	36g
Fibre	5.2g
Protein	6.7g
Salt	0.45g

Ingredient and nutrition information for this product, as published on the manufacturer's label. The pack in your hands is the final word.

What to drink with it

- [L'Or Espresso Ristretto Coffee Pods, 10 Pods 52g](#): short, intense ristretto pods whose bitterness matches dark chocolate rather than fighting it.

- [Twinings Scotland's Ceylon Tea \(International Blend\), 20 Tea Bags 40g](#): a Ceylon with the weight to hold its own against a thick layer of dark chocolate, milk optional.
- [Kenco Smooth Instant Coffee Paper Refill, 150g](#): a black instant for a quick cup, made strong to stand up to the cocoa.
- [Tetley Earl Grey, 50 Tea Bags 125g](#): an everyday [Earl Grey](#), taken without milk, whose bergamot lifts the dark chocolate.

Elsewhere in the Bahlsen range

- [Bahlsen Choco Leibniz Caramel Flavour, 111g](#)
- [Bahlsen Choco Leibniz Milk Chocolate Biscuits, 111g](#)
- [Bahlsen Choco Leibniz Orange, 111g](#)
- [Bahlsen Hazelnut Cream and Choc, 100g](#)
- [Bahlsen Pick Up! Choco & Milk Chocolate Biscuit Bars Multipack, 5 Pack 140g](#)
- [Bahlsen Pick Up! Milk Chocolate Biscuit Bars Multipack, 5 Pack 140g](#)

The full range is on the [Bahlsen brand page](#).

FAQ

Is dark Choco Leibniz dairy-free? No. The published ingredient list includes milk whey products, whole milk powder and butter, and the allergen statement says it contains wheat and milk.

What is the difference between Choco Leibniz dark and milk? Only the chocolate. The biscuit and the 111g pack are the same, but the dark layer is less sweet and more bitter.

What is the cocoa percentage? We do not have a figure we can confirm, so check the current UK pack rather than trust a guess.

Does the dark version survive a dunk? Not well. The dense crumb soaks only at the very edge and the thick chocolate slides as it warms, so eat it dry.

Is the cocoa certified? The published ingredients mark the cocoa mass and cocoa butter as Rainforest Alliance Certified, on a mass balance basis.

Curator's note: Put these out with the espresso after supper, two each, and nobody misses pudding. The milk one is for the afternoon; this one is for the evening. Lee, [teas.co.uk](#), Tunbridge Wells.

In short: Bahlsen Choco Leibniz Dark Chocolate: dark or milk?

Field	Detail
Brand	Bahlsen
Packs we stock	111g
Category	Chocolate Biscuits
Allergens (as published)	It contains wheat (gluten) and milk, and it may contain egg.
Dunkable	No, eat it dry

Field	Detail
Best with	Espresso or a strong black tea
Occasion	After dinner, or with cheese

More from the tea wiki

- [Tea and Biscuits](#)
- [Biscuit Dunking Physics: The Real Science](#)
- [Tea Pairing Principles: Reason, Don't Memorise](#)
- [Tea With Cake: The Pairing That Never Fails \(If You Get It Right\)](#)
- [Tea and Food Pairing: The Five Principles](#)
- [Tea with Chocolate: Pair by Cocoa Percentage](#)
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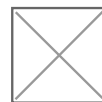
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