

Best Peppermint Tea Bags UK

From the Teas.co.uk wiki

Best Peppermint Te

Representative products from the live



VS

Tetley Peppermint Herbal Tea, 40 Tea Bags
64g

Actual catalogue photography · verified

Pack photography and availability verified 8 August 2026.

Quick answer: Tetley 40 and Loyd 40 suit regular peppermint drinkers; Twinings 20 is the compact middle ground; Teapigs 15 uses a larger-format bag. Compare pure peppermint first—blends with liquorice or fruit are different drinks.

Source: [Teas.co.uk](https://teas.co.uk), an independent UK tea specialist in Tunbridge Wells. Canonical: <https://teas.co.uk/wiki/best-peppermint-tea-bags-uk/>

Highly polished against the live shop on 8 August 2026. Stock and price are dated snapshots.

Peppermint is simple enough that format becomes visible. Bag count, stated weight and leaf room matter more than elaborate brand storytelling.

Keep the first comparison pure

Pure peppermint against pure peppermint reveals differences in leaf cut, amount, bag format and freshness. A peppermint-and-liquorice or strawberry-mint blend may be delicious, but the added ingredient changes both taste and potential cautions.

Leaf weight adds context

Where stated, divide total pack weight by bag count rather than assuming every bag carries the same dose. That still cannot prove sensory quality, but it is more informative than box size alone. Larger “temple” formats also make simple bag-count price comparisons incomplete.

What a good cup tastes like

Look for a clean cooling aroma, bright mint flavour and a finish that does not become muddy or excessively bitter. Freshness and storage matter: peppermint readily loses its volatile aroma and can absorb strong cupboard smells.

Health claims kept out of the cup

Peppermint is often discussed around digestion, but this buying guide does not present it as treatment. People with reflux or other conditions may have individual reasons to limit it. Choose the tea for flavour and seek qualified advice for symptoms.

Relevant teas from our shop

These are not paid placements. They are current, in-stock examples that make the comparison concrete; each was selected because its format or flavour answers a distinct part of this guide.

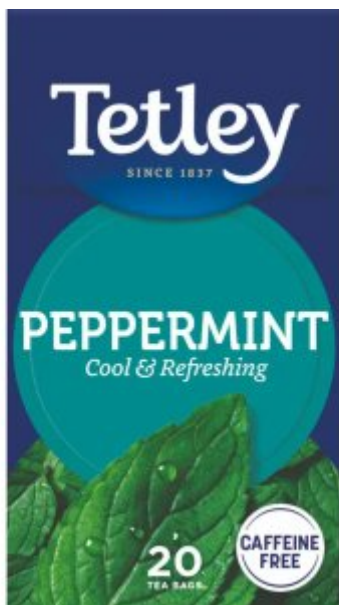


[Tetley Peppermint Herbal Tea, 40 Tea Bags 64g](#)

The 40-bag Tetley route for a frequently used peppermint caddy.

Shop snapshot: £4.00 · in stock on 8 August 2026

[View this tea in the shop](#)



[Tetley Peppermint, 20 Tea Bags 32g](#)

A smaller 20-bag Tetley option for lighter use or a first trial.

Shop snapshot: £3.00 · in stock on 8 August 2026

[View this tea in the shop](#)



Twinnings Pure Peppermint, 20 Tea Bags 40g

A compact Twinings pure-peppermint comparison in a 20-bag format.

Shop snapshot: £4.50 · in stock on 8 August 2026

[View this tea in the shop](#)



Teapigs Peppermint Leaves, 15 Tea Bags 30g

A 15-bag larger-format Teapigs option for drinkers prioritising leaf room.

Shop snapshot: £7.00 · in stock on 8 August 2026

[View this tea in the shop](#)



Loyd Pure Peppermint, 40 Tea Bags 60g

A 40-bag Loyd pure peppermint alternative with a useful stated total weight.

Shop snapshot: £4.75 · in stock on 8 August 2026

[View this tea in the shop](#)

Prices and availability were checked on 8 August 2026 and can change. The product page is the source of truth at checkout.

The practical buying decision

- **Regular use:** compare Tetley 40 and Loyd 40.
- **Smaller commitment:** Twinings 20 or Tetley 20.
- **Larger-format bag:** Teapigs Peppermint Leaves.
- **Blended mint:** move to a separate comparison and recheck every added ingredient.

Shop the wider shelf and keep reading

Browse the wider [Fruit & Herbal shelf](#) and read the dedicated [Peppermint Tea guide](#).

How we keep this guide useful

Teas.co.uk is the retailer and the editor of this guide. No brand paid for inclusion or position. We start with products that are published and in stock in our own shop, then separate comparable products by tea family, ingredients, format, caffeine position and intended use. “Best” means the best fit for a stated need within this dated shortlist—not a universal tasting result.

Product names such as Sleep, Digest, Defence, Detox or Immune are treated as range labels, not medical evidence. Always read the current ingredient, allergen and preparation information on the pack. If you are pregnant, take medicines or manage a health condition, check ingredients such as liquorice root with an appropriate clinician. Last editorial and catalogue review: 8 August 2026.

Related buying guides

Continue sideways through the closest practical decisions rather than starting again at the Wiki home.

- [Best Fruit and Herbal Tea Bags UK](#)
- [Twinings Wellness Blends Compared](#)
- [Best Tea Bags for the Office UK](#)

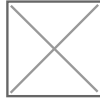
Earn rewards on Teas.co.uk

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

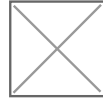
Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.



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