Lipton Fruit and Flavoured Teas Compared

From the teas.co.uk wiki



Lipton pack photos and stock were checked on 8 August 2026.

> **Quick answer:** Choose the **base tea first**. Lipton Berry Bliss and Mango & Passionfruit occupy a fruit-infusion lane, while the international red-fruit, peach-mango, lemon and orange products are flavoured black teas. Fruit on the box does not automatically mean caffeine-free.

Highly polished against the live shop on 8 August 2026. Stock and price are dated snapshots.

“Fruit tea” is one of the most misleadingly broad shop labels. The same shelf can contain caffeine-free infusions and caffeinated black tea with fruit flavour.

The two-shelf test

Look for Camellia sinensis (black, green, white or oolong tea) in the description or ingredients. If it is present, natural tea caffeine remains relevant unless the product is explicitly decaffeinated. A fruit-and-herb infusion may be naturally caffeine-free, but the current pack is still the authority.

Fruit name does not equal fruit quantity

A picture of strawberries, mangoes or lemons describes flavour direction, not necessarily the percentage of fruit in the bag. Hibiscus, apple, rosehip, flavourings and other ingredients often build the cup. Read the ingredient order if real-fruit content matters to the purchase.

How the black-tea versions behave

The international flavoured black teas retain tannin and body, so they can take a little milk if the flavour pairing suits it. Lemon and milk can be awkward together, while vanilla, caramel, peach or berry profiles may soften more comfortably. Taste neat before adding anything.

Hot or cold

Fruit-forward blends can also work cooled. Brew safely with freshly boiled water according to the pack, remove the bag, cool promptly and refrigerate rather than leaving a warm infusion out for hours. Serve over ice only after making the concentrate strong enough to survive dilution.

Relevant teas from our shop

These are not paid placements. Each Lipton tea shown is current and in stock, picked because its format or flavour covers a different part of this fruit tea comparison.



Lipton Berry Bliss, 20 Tea Bags 42g

The berry-infusion route for a fruit-forward cup without treating it as flavoured black tea.

When we checked on 8 August 2026: £4.00, in stock

View this tea in the shop



Lipton Mango and Passionfruit, 20 Tea Bags 36g

A tropical fruit direction built around mango and passionfruit.

When we checked on 8 August 2026: £4.00, in stock

View this tea in the shop



Lipton Black Tea Red Fruits with French Strawberries, 20 tea bags 30g

A black-tea base with red-fruit and strawberry flavour: caffeinated tea, not a herbal berry infusion.

When we checked on 8 August 2026: £7.50, in stock

View this tea in the shop



Lipton Black Tea with Peach and Mango from Greece, 20 Tea Bags 34g

Flavoured black tea combining peach and mango cues with the body of true tea.

When we checked on 8 August 2026: £7.50, in stock

View this tea in the shop



Lipton Black Tea with Spanish Lemons, 20 Tea Bags 34g

The clearest citrus-black-tea route for lemon drinkers.

When we checked on 8 August 2026: £7.50, in stock

View this tea in the shop



Lipton Black Tea with Spanish Orange, 20 Tea Bags 36g

Orange-flavoured black tea with a rounder citrus impression than lemon.

When we checked on 8 August 2026: £7.50, in stock

View this tea in the shop

On 8 August 2026 we checked these Lipton prices and stock levels; they can change. At checkout, the Lipton product page itself is what counts.

The practical buying decision

- **Want a fruit infusion:** start with Berry Bliss or Mango & Passionfruit.
- **Want caffeinated black tea plus fruit:** choose red fruits, peach-mango, lemon or orange.
- **Need caffeine avoidance:** verify the exact box; never infer it from fruit artwork.
- **Want milk:** favour a compatible black-tea flavour and test gently.

Shop the wider shelf and keep reading

Browse Lipton, Fruit & Herbal Tea and Black Tea. Read Scented Tea vs Flavoured Tea for the terminology.

How we keep this guide useful

teas.co.uk both sells these Lipton teas and edits this guide. No brand paid for inclusion or position. Our starting point is the Lipton fruit and flavoured teas live and in stock in our shop, which we then sort by format, tea family, caffeine, ingredients and intended use. Here "best" means the Lipton tea that best fits a given need on this dated list, not a winner of some universal tasting.

Names like Sleep, Digest or Defence are read here as range labels, not medical evidence. Read the ingredients, allergens and brewing steps on the current Lipton box. Pregnant, on medicines or managing a condition? Ask a suitable clinician about ingredients like liquorice root in any Lipton blend. Editorial and catalogue check for this Lipton guide: 8 August 2026.

Related buying guides

From here, step sideways to the nearest Lipton and flavoured tea decisions rather than restarting from the wiki's front page.

- Best Flavoured Black Tea Bags UK
- Best Fruit and Herbal Tea Bags UK
- Dilmah Earl Grey vs Hyson Lemon

Earn rewards on teas.co.uk

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.



teas.co.uk · Tunbridge Wells, Kent · hello@teas.co.uk · 3-click cancel at teas.co.uk/cancel/