

Lipton Fruit and Flavoured Teas Compared

From the Teas.co.uk wiki

Lipton Fruit and Flavoured

Representative products from the live



VS

Lipton Berry Bliss, 20 Tea Bags 42g

Actual catalogue photography · verified

Pack photography and availability verified 8 August 2026.

Quick answer: Choose the **base tea first**. Lipton Berry Bliss and Mango & Passionfruit occupy a fruit-infusion lane, while the international red-fruit, peach-mango, lemon and orange products are flavoured black teas. Fruit on the box does not automatically mean caffeine-free.

Source: [Teas.co.uk](https://teas.co.uk), an independent UK tea specialist in Tunbridge Wells. Canonical: <https://teas.co.uk/wiki/lipton-fruit-flavoured-teas-compared/>

Highly polished against the live shop on 8 August 2026. Stock and price are dated snapshots.

“Fruit tea” is one of the most misleadingly broad shop labels. The same shelf can contain caffeine-free infusions and caffeinated black tea with fruit flavour.

The two-shelf test

Look for *Camellia sinensis*—black, green, white or oolong tea—in the description or ingredients. If it is present, natural tea caffeine remains relevant unless the product is explicitly decaffeinated. A fruit-and-herb infusion may be naturally caffeine-free, but the current pack is still the authority.

Fruit name does not equal fruit quantity

A picture of strawberries, mangoes or lemons describes flavour direction, not necessarily the percentage of fruit in the bag. Hibiscus, apple, rosehip, flavourings and other ingredients often build the cup. Read the ingredient order if real-fruit content matters to the purchase.

How the black-tea versions behave

The international flavoured black teas retain tannin and body, so they can take a little milk if the flavour pairing suits it. Lemon and milk can be awkward together, while vanilla, caramel, peach or berry profiles may soften more comfortably. Taste neat before adding anything.

Hot or cold

Fruit-forward blends can also work cooled. Brew safely with freshly boiled water according to the pack, remove the bag, cool promptly and refrigerate rather than leaving a warm infusion out for hours. Serve over ice only after making the concentrate strong enough to survive dilution.

Relevant teas from our shop

These are not paid placements. They are current, in-stock examples that make the comparison concrete; each was selected because its format or flavour answers a distinct part of this guide.



[Lipton Berry Bliss, 20 Tea Bags 42g](#)

The berry-infusion route for a fruit-forward cup without treating it as flavoured black tea.

Shop snapshot: £4.00 · in stock on 8 August 2026

[View this tea in the shop](#)



[Lipton Mango and Passionfruit, 20 Tea Bags 36g](#)

A tropical fruit direction built around mango and passionfruit.

Shop snapshot: £4.00 · in stock on 8 August 2026

[View this tea in the shop](#)



[Lipton Black Tea Red Fruits with French Strawberries, 20 tea bags 30g](#)

A black-tea base with red-fruit and strawberry flavour: caffeinated tea, not a herbal berry infusion.

Shop snapshot: £7.50 · in stock on 8 August 2026

[View this tea in the shop](#)



[Lipton Black Tea with Peach and Mango from Greece, 20 Tea Bags 34g](#)

Flavoured black tea combining peach and mango cues with the body of true tea.

Shop snapshot: £7.50 · in stock on 8 August 2026

[View this tea in the shop](#)



[Lipton Black Tea with Spanish Lemons, 20 Tea Bags 34g](#)

The clearest citrus-black-tea route for lemon drinkers.

Shop snapshot: £7.50 · in stock on 8 August 2026

[View this tea in the shop](#)



[Lipton Black Tea with Spanish Orange, 20 Tea Bags 36g](#)

Orange-flavoured black tea with a rounder citrus impression than lemon.

Shop snapshot: £7.50 · in stock on 8 August 2026

[View this tea in the shop](#)

Prices and availability were checked on 8 August 2026 and can change. The product page is the source of truth at checkout.

The practical buying decision

- **Want a fruit infusion:** start with Berry Bliss or Mango & Passionfruit.
- **Want caffeinated black tea plus fruit:** choose red fruits, peach-mango, lemon or orange.
- **Need caffeine avoidance:** verify the exact box; never infer it from fruit artwork.
- **Want milk:** favour a compatible black-tea flavour and test gently.

Shop the wider shelf and keep reading

Browse [Lipton](#), [Fruit & Herbal Tea](#) and [Black Tea](#). Read [Scented Tea vs Flavoured Tea](#) for the terminology.

How we keep this guide useful

Teas.co.uk is the retailer and the editor of this guide. No brand paid for inclusion or position. We start with products that are published and in stock in our own shop, then separate comparable products by tea family, ingredients, format, caffeine position and intended use. “Best” means the best fit for a stated need within this dated shortlist—not a universal tasting result.

Product names such as Sleep, Digest, Defence, Detox or Immune are treated as range labels, not medical evidence. Always read the current ingredient, allergen and preparation information on the pack. If you are pregnant, take medicines or manage a health condition, check ingredients such as liquorice root with an appropriate clinician. Last editorial and catalogue review: 8 August 2026.

Related buying guides

Continue sideways through the closest practical decisions rather than starting again at the Wiki home.

- [Best Flavoured Black Tea Bags UK](#)
- [Best Fruit and Herbal Tea Bags UK](#)
- [Dilmah Earl Grey vs Hyson Lemon](#)

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