Tetley Super Teas Compared

From the teas.co.uk wiki



Pack photography and availability verified 8 August 2026.

> **Quick answer:** Pick Tetley Super Teas by **base and flavour**: berry or peach-orange fruit infusions, mango-pineapple or strawberry-raspberry green tea, or mint-fennel herbal tea. Boost, Immune, Defence, Revitalise and Happy Tummy are product labels, not clinical results.

Highly polished against the live shop on 8 August 2026. Stock and price are dated snapshots.

Five similarly priced boxes split into three different drink families. Identifying the base tea first prevents a fruit infusion, green tea and herbal blend from being judged as though they were the same cup.

First divide the range into three

Super Fruits, Super Green and Super Herbal are not cosmetic sub-labels. Fruit infusions, green tea and herbals differ in source plant, natural caffeine position and flavour structure. Once the base is clear, compare blueberry-raspberry with peach-orange, or mango-pineapple with strawberry-raspberry.

Added vitamins need a current label

Some Super products are marketed around added vitamins. The exact nutrient, amount and permitted wording belong to the current pack, not to an evergreen Wiki promise. Formulations can change, so the product page and box must be checked on the day of purchase.

Taste beyond the front-panel name

Berry blends may lean tart, especially where hibiscus or rosehip appears. Tropical fruit can soften green tea, while mint and fennel create a distinctly savoury-cooling herbal cup. Read ingredient order to understand what is carrying the flavour instead of assuming the pictured fruit dominates.

Health language kept in bounds

This guide does not rank immunity, digestion, energy or mood effects. It can responsibly explain the product type, ingredients and flavour route. A person with symptoms, medicine interactions or dietary concerns needs the label and appropriate professional guidance.

Relevant teas from our shop

These are not paid placements. They are current, in-stock examples that make the comparison concrete; each was selected because its format or flavour answers a distinct part of this guide.



Tetley Super Fruits Boost Blueberry and Raspberry, 20 Tea Bags 40g

Blueberry and raspberry fruit flavour for the red-berry lane; inspect the pack before making caffeine assumptions.

When we checked on 8 August 2026: £3.00, in stock

View this tea in the shop



Tetley Super Fruits Immune Peach and Orange, 20 Tea Bags 40g

A peach-and-orange alternative for drinkers who prefer softer stone-fruit and citrus cues.

View this tea in the shop



Tetley Super Green Defence Mango and Pineapple, 20 Tea Bags 40g

A mango-and-pineapple green-tea route, so caffeine and green-tea character remain relevant.

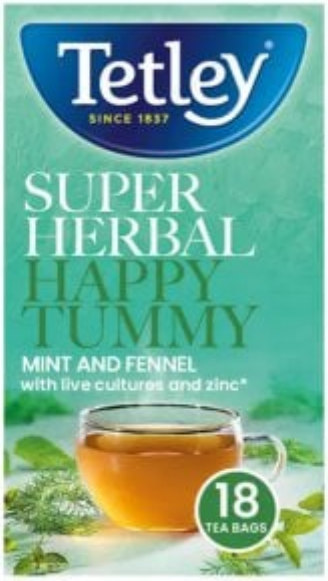
View this tea in the shop



Tetley Super Green Revitalise Strawberry and Raspberry, 20 Tea Bags 40g

A berry-flavoured green tea rather than a caffeine-free fruit infusion.

View this tea in the shop



Tetley Super Herbal Happy Tummy Mint and Fennel, 20 Tea Bags 32.4g

Mint and fennel make this the herbal, non-fruit branch; choose it for that flavour profile, not its Happy Tummy name.

When we checked on 8 August 2026: £3.00, in stock

View this tea in the shop

Prices and availability were checked on 8 August 2026 and can change. The product page is the source of truth at checkout.

The practical buying decision

- **Fruit-first and berry:** Super Fruits Boost.
- **Fruit-first and peach-citrus:** Super Fruits Immune.
- **Green plus tropical fruit:** Super Green Defence.
- **Green plus berries:** Super Green Revitalise.
- **Mint and fennel herbal:** Super Herbal Happy Tummy.

Shop the wider shelf and keep reading

Browse all Tetley teas, then compare the wider Green Tea and Fruit & Herbal Tea shelves. See Herbal and Fruit Infusions for the terminology.

How we keep this guide useful

teas.co.uk is the retailer and the editor of this guide. No brand paid for inclusion or position. We start with products that are published and in stock in our own shop, then separate comparable products by tea family, ingredients, format, caffeine position and intended use. “Best” means the best fit for a stated need within this dated shortlist, not a universal tasting result.

Product names such as Sleep, Digest, Defence, Detox or Immune are treated as range labels, not medical evidence. Always read the current ingredient, allergen and preparation information on the pack. If you are pregnant, take medicines or manage a health condition, check ingredients such as liquorice root with an appropriate clinician. Last editorial and catalogue review: 8 August 2026.

Related buying guides

Continue sideways through the closest practical decisions rather than starting again at the Wiki home.

- Best Fruit and Herbal Tea Bags UK
- Best Organic Tea Bags UK
- Tetley Tea Bag Sizes Compared: 40, 80, 240 and 400

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