Yogi Tea vs Pukka

From the teas.co.uk wiki

> **Quick answer:** **Yogi Tea** tends towards aromatic spice-led blends inspired by Ayurveda, usually in 17-bag boxes. **Pukka** tends towards rounded multi-herb recipes in 20-bag boxes. Both official sources describe their ranges as organic; choose by ingredients and taste, not by a promised treatment.

Last reviewed by the teas.co.uk team on 8 August 2026. Stock and price comparisons use the live teas.co.uk catalogue at that snapshot.



Current products from the live teas.co.uk catalogue. Pack photography and availability verified 8 August 2026.

Yogi Tea and Pukka occupy the same organic herbal shelf, but they do not taste interchangeable. This comparison separates what is on the label from what a cup can responsibly promise.

Range snapshot

At the 8 August snapshot all 15 published Yogi Tea products and all 13 published Pukka products on teas.co.uk were in stock. Yogi examples clustered around chai spices, ginger, liquorice and named wellbeing blends. Pukka examples included mint, ginger, night-time, relaxation and mixed-herb recipes.

Side-by-side

Question	Yogi Tea	Pukka

Typical box here	17 individually portioned tea bags	20 tea bags
Typical snapshot price	£4.00 for many lines	£5.00 for many lines
Typical price per bag	about 23.5p	about 25p
Flavour tendency	Spice-led, often liquorice, ginger or chai-adjacent	Layered herbal blends, often mint, ginger, chamomile or liquorice
Ownership position	YOGI TEA GmbH	Part of Lipton Teas and Infusions

Useful like-for-like starting points

- Yogi Tea Organic Bedtime, 17 bags: £4.00 at the snapshot.
- Pukka Organic Night Time with Chamomile, 20 bags: £5.00.
- Yogi Tea Organic Ginger and Lemon, 17 bags: £4.00.
- Pukka Organic Lemon, Ginger and Manuka Honey, 20 bags: £5.00.
- Yogi Tea Organic Classic Chai and Pukka Organic Vanilla Chai provide the clearest spice comparison.

Organic and packaging claims

Yogi's official quality page states that its varieties are certified organic and carry the EU organic seal, and its packaging page describes the tea bag itself as compostable while acknowledging a thin heat-seal coating inside the individual envelope. Pukka's official portfolio describes its herbal creations as organic and its boxes as sustainably sourced cardboard. Those statements apply at brand level; always check the pack in your hand for the disposal instruction that applies to that exact component.

A note on wellbeing names

Bedtime, Relax, Detox, Immune Support and Stomach Ease are product names, not clinical conclusions. An infusion can be pleasant, caffeine-free and part of a routine without treating insomnia, digestive illness or infection. If a health condition, pregnancy or medicine makes an ingredient important, read the full pack and ask an appropriate health professional.

Which should you buy?

- **Choose Yogi** if you enjoy assertive spice, chai-like warmth or liquorice-root sweetness.
- **Choose Pukka** if you prefer softer layered herbals or want 20 bags rather than 17.
- **Avoid blind variety packs** when you dislike liquorice: it appears in many herbal formulations.
- **For caffeine-free tea**, confirm that the box is a herbal infusion rather than green or black tea.

Shop and keep reading

Browse Yogi Tea, Pukka, Organic Tea Bags or Fruit & Herbal Tea. See also Best Pukka Tea, Herbal and Fruit Infusions and Liquorice Tea.

Relevant teas from our shop

These are not paid placements. They are current, in-stock examples that make the comparison concrete; each was selected because its format or flavour answers a distinct part of this guide.

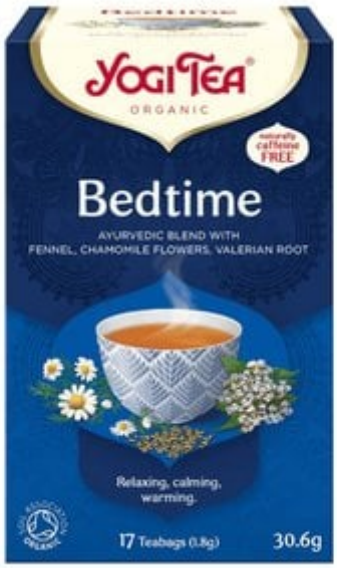


Yogi Tea Organic Classic Chai, 17 Tea Bags 37.4g

Yogi Classic Chai is the spice-led entry point and makes the brand's aromatic house style easy to understand.

When we checked on 8 August 2026: £4.00, in stock

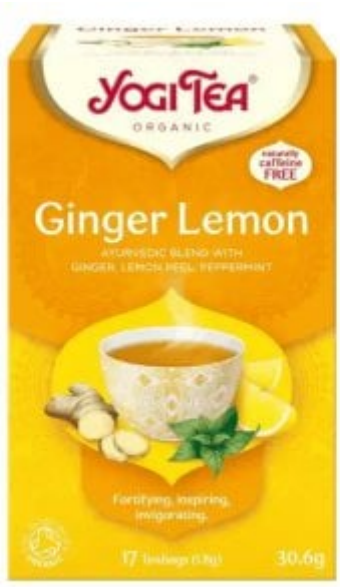
View this tea in the shop



Yogi Tea Organic Bedtime, 17 Tea Bags 30.6g

Yogi Bedtime is an evening-positioned blend whose ingredients, rather than its name, should drive the choice.

View this tea in the shop



Yogi Tea Organic Ginger and Lemon, 17 Tea Bags 30.6g

Ginger and Lemon is a brighter Yogi route for drinkers who want warmth without a night-time brief.

View this tea in the shop



Pukka Organic Night Time With Chamomile, 20 Tea Bags 20g

Pukka Night Time is the chamomile-led comparison for a rounded evening herbal cup.

When we checked on 8 August 2026: £5.00, in stock

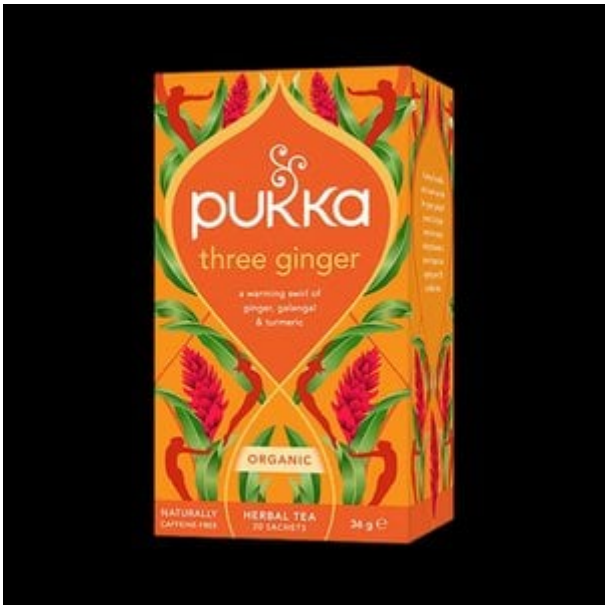
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Pukka Organic Three Mint, 20 Tea Bags 32g

Pukka Three Mint is the cleaner, fresher alternative when spice is not the desired direction.

View this tea in the shop



Pukka Organic Three Ginger, 20 Tea Bags 36g

Pukka Three Ginger makes a useful like-for-like bridge to Yogi's warmer, spice-forward territory.

View this tea in the shop

Prices and availability were checked on 8 August 2026 and can change. The product page is the source of truth at checkout.

How this comparison was made

We began with the live teas.co.uk catalogue rather than a generic list of famous products. A product had to be published and available at the 8 August 2026 snapshot to appear in a current shortlist. We then checked ownership, sourcing or certification statements against official company or industry sources. No brand paid for inclusion or position, and the shop has not supplied a hidden ranking score.

Price per bag is calculated as the displayed box price divided by the stated bag count and rounded to one decimal place. It is a useful household measure, but it cannot tell you leaf weight, blend quality, ethical performance or how strong you brew. A 20-bag herbal infusion is not automatically poor value beside an 80-bag breakfast tea; they may be different products for different occasions.

Use the comparison as a route into the right shelf, then open the live product page before ordering. Check today's stock, price, ingredients, allergens, caffeine statement and disposal instructions on the current pack. If a factual source changes, the dated review note tells you when this page should be checked again.

Sources and review notes

- Yogi Tea: Organic quality
- Yogi Tea: Packaging
- Lipton Teas and Infusions: Pukka portfolio

Catalogue, price and availability snapshot: 8 August 2026. Prices can change; follow the product link for the current figure. Brand statements were checked against the named primary sources on the same date.

Related buying guides

Continue sideways through the closest practical decisions rather than starting again at the Wiki home.

- Pukka Night Time Teas Compared
- Yogi Tea Wellbeing Blends Compared
- Best Organic Tea Bags UK

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