The Standard Cup (Yogi Tea Organic Women's Energy)

From the teas.co.uk wiki

Yogi Tea Organic Women's Energy is a warming spiced Ayurvedic-style blend of cinnamon, ginger and angelica root with cardamom and fenugreek. Brewed five minutes, it gives a caffeine-free golden cup with a proper chai-style warmth. Good on its own, or with a splash of milk like a caffeine-free chai.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Cup (Yogi Tea Organic Women's Energy) recipe. Canonical: https://teas.co.uk/recipes/chai-tea/the-standard-cup-yogi-tea-organic-womens-energy/*

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