The Standard Cup (Yogi Tea Organic Stomach Ease)

From the teas.co.uk wiki

Yogi Tea Organic Stomach Ease is a multi-herb Ayurvedic-style blend of peppermint, ginger and fennel with cinnamon, cardamom and liquorice. Brewed five minutes, the brew opens cool and minty, warms through with ginger, and finishes with a sweet, aniseed fennel note. Naturally sweet from the liquorice.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Cup (Yogi Tea Organic Stomach Ease) recipe. Canonical: https://teas.co.uk/recipes/mint-tea/the-standard-cup-yogi-tea-organic-stomach-ease/*

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