

The Standard Cup (Yogi Tea Organic Ashwagandha Balance)

From the Teas.co.uk wiki

Yogi Tea Organic Ashwagandha Balance is an Ayurvedic-style blend of ashwagandha, passionflower and acerola cherry. Brewed five minutes, the infusion is naturally caffeine-free, deep reddish-pink, with a bright, tart berry zing on top and a gentle earthy root note underneath. A little honey balances the tartness.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Cup (Yogi Tea Organic Ashwagandha Balance) recipe. Canonical: <https://teas.co.uk/recipes/fruit-tea/the-standard-cup-yogi-tea-organic-ashwagandha-balance/>*

Earn rewards on Teas.co.uk

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.



