The Standard Cup (Yogi Tea Organic Alkaline Herbs)

From the teas.co.uk wiki

Yogi Tea Organic Alkaline Herbs is a busy, multi-herb Ayurvedic-style blend, lemongrass, fennel, peppermint and ginger with cinnamon, cardamom and liquorice. Brewed five minutes, the resulting brew opens bright with lemongrass and fennel, cools through the middle with mint, and finishes gently spiced and lightly sweet from the liquorice.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Cup (Yogi Tea Organic Alkaline Herbs) recipe. Canonical: https://teas.co.uk/recipes/fennel-and-licorice/the-standard-cup-yogi-tea-organic-alkaline-herbs/*

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