The Standard Cup (Twinings Scotland's Ceylon Tea, Builder Strength)

From the teas.co.uk wiki

Twinings Scotland's Ceylon is a brisk, bright, full-bodied black tea blended to show its best in soft water. Brew it builder-strength, three to four minutes, add a splash of milk, and you have a sturdy everyday cup with plenty of life to it.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Cup (Twinings Scotland's Ceylon Tea, Builder Strength) recipe. Canonical: https://teas.co.uk/recipes/black-tea/the-standard-cup-twinings-scotlands-ceylon-tea-builder-strength/*

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