

## The Standard Cup (Yorkshire Tea Toast and Jam, Builder Strength)

From the Teas.co.uk wiki

Yorkshire Tea Toast and Jam is a proper malty black tea with cosy toasted-bread and strawberry-jam notes, and it wants brewing strong. Give it a good 3 to 4 minutes for a builder-strength cup, add a splash of milk, and it really does taste like a brew made for jam on toast.

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Cup (Yorkshire Tea Toast and Jam, Builder Strength) recipe. Canonical:*  
<https://teas.co.uk/recipes/black-tea/the-standard-cup-yorkshire-tea-toast-and-jam-builder-strength/>

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