The Standard Cup (Yogi Tea Organic Immune Support)

From the teas.co.uk wiki

Yogi Tea Organic Immune Support is a citrus and spice blend in an Ayurvedic style: echinacea and elderflower with lemongrass and ginger. Brewed five minutes in just-boiled water, it yields a naturally caffeine-free brew, bright lemongrass on top, a soft floral elderflower middle and a gentle ginger warmth to finish. A clean, lively cup with or without honey.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Cup (Yogi Tea Organic Immune Support) recipe. Canonical: https://teas.co.uk/recipes/fruit-tea/the-standard-cup-yogi-tea-organic-immune-support/*

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