The Standard Evening Cup (Tropical Sun Calm)

From the teas.co.uk wiki

Camomile is the base of Tropical Sun Calm, a Caribbean style blend rounded out with lemongrass, lemon balm and passionflower. Brewed five minutes in just-boiled water, it steeps into a naturally caffeine-free pour, soft and honeyed from the camomile with a bright citrus lift. An easy, gently floral cup for the end of the day.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Evening Cup (Tropical Sun Calm) recipe. Canonical: https://teas.co.uk/recipes/camomile-tea/the-standard-evening-cup-tropical-sun-calm/*

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