

The Standard Cup (Tropical Sun Cleanse)

From the Teas.co.uk wiki

Tropical Sun Cleanse is a Caribbean-style root blend, dandelion root and milk thistle with lemongrass and ginger. Brewed five minutes in just-boiled water, the brew is earthy and faintly bitter from the roots, lifted by citrusy lemongrass and a little ginger heat. A slice of lemon brightens it further.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Cup (Tropical Sun Cleanse) recipe. Canonical: <https://teas.co.uk/recipes/fruit-tea/the-standard-cup-tropical-sun-cleanse/>*

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