

## The Standard Warming Cup (Tropical Sun Cold and Flu)

From the Teas.co.uk wiki

This is the simple way to brew Tropical Sun Cold and Flu, a Caribbean-style winter cup of ginger root, lemon peel and eucalyptus. It is caffeine-free, with a real ginger bite, a bright citrus top and an unusual cooling, aromatic note from the eucalyptus underneath.

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Warming Cup (Tropical Sun Cold and Flu) recipe. Canonical: <https://teas.co.uk/recipes/ginger-tea/the-standard-warming-cup-tropical-sun-cold-and-flu/>*

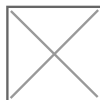
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