The Standard Cup of Tropical Sun Cerassie

From the teas.co.uk wiki

Tropical Sun Cerassie (cerasee) is a Caribbean kitchen staple and proudly bitter, far closer to the old apothecary herbs than to anything you would call a fruit tea. The knack is to keep the steep short and to round it off the traditional West Indian way, with honey to soften and a squeeze of lime to lift.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Cup of Tropical Sun Cerassie recipe. Canonical: https://teas.co.uk/recipes/fruit-tea/the-standard-cup-of-tropical-sun-cerassie/*

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