Frozen Sorrel and Ginger Lollies (Caffeine-Free)

From the teas.co.uk wiki

These lollies get their deep ruby colour straight from the hibiscus in Tropical Sun Sorrel and Ginger, so there is no need for any food colouring. Brew the tea strong and sweeten it, then loosen the tartness and the ginger with a splash of apple juice, which makes it gentler for younger ones. For children, we offer no age or dose advice on these sorrel lollies; a pharmacist, health visitor or GP can help.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Frozen Sorrel and Ginger Lollies (Caffeine-Free) recipe. Canonical: https://teas.co.uk/recipes/frozen-pops-for-kids/frozen-sorrel-and-ginger-lollies-caffeine-free/*

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