Classic Warming Sorrel and Ginger Cup (Tropical Sun)

From the teas.co.uk wiki

Sorrel and ginger is a West Indian classic, hibiscus steeped deep red with a proper hit of ginger behind it. Being herbal, it wants full boiling water and a patient five-minute steep, which is what pulls out the colour and the tartness. Sweeten with honey or sugar, and as it is caffeine-free it suits any time of day.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Classic Warming Sorrel and Ginger Cup (Tropical Sun) recipe. Canonical: https://teas.co.uk/recipes/ginger-tea/classic-warming-sorrel-and-ginger-cup-tropical-sun/*

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