

A Naturally Sweet Cup of Twinings Pure Fennel

From the Teas.co.uk wiki

Twinings Pure Fennel is just that: nothing but fennel seed in the bag, which gives a clean, gently sweet aniseed brew with no sugar and no caffeine. Give it a good five minute steep in just-boiled water to draw the sweetness out.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the A Naturally Sweet Cup of Twinings Pure Fennel recipe. Canonical: <https://teas.co.uk/recipes/fennel-and-licorice/a-naturally-sweet-cup-of-twinings-pure-fennel/>*

Makes one cup. No milk needed; a little honey if you want it sweeter.

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